



Sri Jagadguru Renukacharya Education Society (Regd) (Estd-1945)
S.J.R COLLEGE FOR WOMEN
Accredited with 'A' grade by NAAC
Affiliated To Bengaluru City University

ಮನೋನೃಷಿ

2019-2020

1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru-560 010

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S.J.R COLLEGE FOR WOMEN

RAJAJINAGAR, BENGALURU -560010



ನ್ಯಾಕ್ ಮೌಲ್ಯಾಂಕಿತ 'ಎ' ಶ್ರೇಣಿ

ಎಸ್.ಜೆ.ಆರ್ ಮಹಿಳಾ ಕಾಲೇಜು

ರಾಜಾಜಿನಗರ, ಬೆಂಗಳೂರು - 560 010

ಸಂಪಾದಕ ಮಂಡಳಿ :

ಪ್ರಧಾನ ಸಂಪಾದಕರು	:	ಡಾ. ಪ್ರೇಮ ಸಿದ್ಧರಾಜು ಪ್ರಾಚಾರ್ಯರು
ಸಂಪಾದಕರು	:	ನಾಗರತ್ನ ವಿ ಆರ್
ಸದಸ್ಯರು	:	ಡಾ. ಜ್ಯೋತಿ ಇ ಉಷಾ ಕೆ ರಶ್ಮಿ ಎ ರೂಪ ಎಸ್ ಸಾನಿಯಾ ಸಬಾಹತ್ ಪುನೀತ್ ಕುಮಾರ್ ಎನ್ ಚಂದ್ರಕಲಾ ಟಿ ಆರ್

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ಶ್ರೀ ಕೊಲ್ಲಿಪಾಕಿ ಸೋಮನಾಥ ಜ್ಯೋತಿರ್ಲಿಂಗಾವಿಭೂತ
ಆದಿ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರು



Vision **Vision**

"In Pursuit of Excellence"

Mission **Mission**

To equip Women Students to become self-reliant,
intellectually vibrant, socially committed,
spiritually orient and emotionally
mature person with critical conscience.

- S.J.R COLLEGE FOR WOMEN

ವಿದ್ಯಾಸಂಸ್ಥೆಯ ಮಹಾಪೋಷಕರು

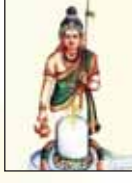


ಶ್ರೀಮದ್ರಂಭಾಪುಲೀ ವೀರಸಿಂಹಾನಾಥೀಶ್ವರ ಶ್ರೀ ಶ್ರೀ ಶ್ರೀ ೧೦೦೮ ಜಗದ್ಗುರು
ಪ್ರಸನ್ನ ರೇಣುಕ ವೀರಸೋಮೇಶ್ವರ ರಾಜದೇಶಿಕೇಂದ್ರ ಶಿವಾಚಾರ್ಯ ಭಗವತ್ಪಾದರು
ಬಾಳೆಹೊನ್ನೂರು



॥ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ: ಪ್ರಸೀದತು ॥

ಮಾನವ ಧರ್ಮಕ್ಕೆ ಜಯವಾಗಲಿ |
ಧರ್ಮದಿಂದಲೇ ವಿಶ್ವಕ್ಕೆ ಶಾಂತಿ ॥



ಸಾಹಿತ್ಯ-ಸಂಸ್ಕೃತಿ ಸಂವರ್ಧಿಸಲಿ |
ಶಾಂತಿ-ಸಮೃದ್ಧಿ ಸರ್ವರಿಗಾಗಲಿ ॥

**ಶ್ರೀಮದ್ರಂಭಾಪುರಿ ವೀರಸಿಂಹಾಸನಾಧೀಶ್ವರ ಶ್ರೀಶ್ರೀಶ್ರೀ 1008 ಜಗದ್ಗುರು
ಪ್ರಸನ್ನ ರೇಣುಕ ಡಾ. ವೀರಸೋಮೇಶ್ವರ ರಾಜದೇಶಿಕೇಂದ್ರ ಶಿವಾಚಾರ್ಯ ಭಗವತ್ಪಾದರು
ಶ್ರೀ ಜಗದ್ಗುರು ರಂಭಾಪುರಿ ವೀರಸಿಂಹಾಸನ ಮಹಾಸಂಸ್ಥಾನ ಪೀಠ
ಬಾಳೆಹೊನ್ನೂರು 577112 ಚಿಕ್ಕಮಗಳೂರು ಜಿಲ್ಲೆ ಕರ್ನಾಟಕ ರಾಜ್ಯ**

ದಿನಾಂಕ : 02-12-2020

ವಾಸ್ತವ್ಯ : ಮಲಯಾಚಲ ತಪೋಭೂಮಿ

ಶುಭಾಶೀರ್ವಾದ ಸಂದೇಶ

ಭಾರತೀಯ ಸಂಸ್ಕೃತಿಯಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಗೌರವ ಸ್ಥಾನವಿದೆ. ಭಾರತೀಯ ಉತ್ಕೃಷ್ಟ ಸಂಸ್ಕೃತಿ ಮಹಿಳೆಯರಿಂದಲೇ ಉಳಿದು ಬೆಳೆದುಕೊಂಡು ಬಂದಿದೆ. ಸುಸಂಸ್ಕೃತ ಮಹಿಳೆಯಿಂದ ಕುಟುಂಬ ಬೆಳಗಬಲ್ಲದು. ಜಗತ್ತು ಬೆಳಗಲು ಸೂರ್ಯಬೇಕು. ಬದುಕು ಉಜ್ವಲಗೊಳ್ಳಲು ಶಿಕ್ಷಣ ಬೇಕು. ವ್ಯಕ್ತಿತ್ವ ವಿಕಸನವೇ ಶಿಕ್ಷಣದ ಮೂಲ ಗುರಿ. ಶೀಲ, ಶೌರ್ಯ, ಚಟುವಟಿಕೆ, ಪಾಂಡಿತ್ಯ ಮತ್ತು ಮಿತ್ರ ಸಂಪರ್ಕ ಈ ಐದೂ ಕಳ್ಳರು ಕದಿಯಲಾರದ ಅಕ್ಷಯ ನಿಧಿಗಳಿದ್ದಂತೆ. ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಶಿಸ್ತು, ಶ್ರದ್ಧೆ, ಭಲ, ಕರ್ತವ್ಯಶೀಲತೆ, ಪ್ರಾಮಾಣಿಕತೆ ಮತ್ತು ದೇಶಾಭಿಮಾನ ಬೆಳೆದು ಬಂದರೆ ಜೀವನ ಉಜ್ವಲಗೊಳ್ಳುವುದರಲ್ಲಿ ಯಾವುದೇ ಸಂದೇಹವಿಲ್ಲ.

ವ್ಯಕ್ತಿ ಜೀವನದಲ್ಲಿ ಸುವರ್ಣ ಸಂಪಾದಿಸದಿದ್ದರೂ ಚಿಂತೆಯಿಲ್ಲ. ಆದರೆ ಸದ್ಗುಣಗಳನ್ನು ಸಂಪಾದಿಸಬೇಕು. ಮನುಷ್ಯನಲ್ಲಿ ಅರಿವು-ಮರೆವು ಎರಡೂ ಇವೆ. ಅರಿವನ್ನು ಜಾಗೃತಗೊಳಿಸುವುದೇ ಶಿಕ್ಷಣದ ಗುರಿಯಾಗಿದೆ. ಹೆಣ್ಣೊಂದು ಕಲಿತರೆ ಶಾಲೆಯೊಂದನ್ನು ತೆರೆದಂತೆ ಅನ್ನುವ ನಾಣ್ಣುಡಿಯಂತೆ ಇಡೀ ಮನೆತನ ಸಂಸ್ಕೃತಿ ಸಂಸ್ಕಾರದಿಂದ ಬಾಳಿ ಬದುಕಲು ಸಾಧ್ಯವಾಗುತ್ತದೆ. ಇವತ್ತಿನ ಆಧುನಿಕ ಕಾಲದಲ್ಲಿ ಮಹಿಳೆ ಎಲ್ಲ ರಂಗಗಳಲ್ಲಿ ಮೊದಲ ಸ್ಥಾನದಲ್ಲಿರುವುದು ಹೆಮ್ಮೆಯ ಸಂಗತಿ.

ಬೆಂಗಳೂರು ರಾಜಾಜಿನಗರದ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ಮಹಿಳಾ ಕಾಲೇಜು ಅತ್ಯುತ್ತಮ ಹೆಸರನ್ನು ಪಡೆದದ್ದು ಸರ್ವರಿಗೂ ಗೊತ್ತಿರುವ ಸಂಗತಿ. 2019-20ನೇ ಸಾಲಿನಲ್ಲಿ “ಮನೋನ್ಮೇಷ” ನಾಮಾಂಕಿತದಲ್ಲಿ ಕಾಲೇಜಿನ ವಾರ್ಷಿಕ ಸಂಚಿಕೆ ಹೊರತರಲಿರುವುದು ಸಂತೋಷದ ಸಂಗತಿ. ವಿದ್ಯಾರ್ಥಿನಿಯರ ಬಾಳ ಬದುಕಿನ ಉತ್ಕರ್ಷತೆಗೆ ಈ ಸಂಚಿಕೆ ಸೋಪಾನವಾಗಲಿ. ವರ್ಷದ ಎಲ್ಲ ಚಟುವಟಿಕೆಗಳಿಂದ ಸಂಚಿಕೆ ಸಮೃದ್ಧಗೊಳ್ಳಲಿ. ಇದಕ್ಕಾಗಿ ಶ್ರಮಿಸಿದ ಎಸ್.ಜೆ.ಆರ್. ಮಹಿಳಾ ಕಾಲೇಜಿನ ಪ್ರಾಚಾರ್ಯರಾದ ಡಾ. ಪ್ರೇಮಾ ಸಿದ್ಧರಾಜು ಹಾಗೂ ಸಂಪಾದಕ ಮಂಡಳಿಯ ಎಲ್ಲ ಸದಸ್ಯರಿಗೆ ಶುಭ ಹಾರೈಕೆಗಳು.

ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರು ಹಾಗೂ ಕ್ಷೇತ್ರನಾಥ ಶ್ರೀ ವೀರಭದ್ರಸ್ವಾಮಿ ಸರ್ವರಿಗೂ ಮಂಗಲ ಪರಂಪರೆಯನ್ನು ಅನುಗ್ರಹಿಸಲಿ.

ಶುಭಾಶೀರ್ವಾದಗಳೊಂದಿಗೆ
ಶ್ರೀ ರಂಭಾಪುರಿ ಜಗದ್ಗುರುಗಳು
ಬಾಳೆಹೊನ್ನೂರು

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ಡಾ. ವೇದಮೂರ್ತಿ ಕೆ.ಬಿ., ಎಂ.ಎ., ಪಿಹೆಚ್.ಡಿ.
ಅಧ್ಯಕ್ಷರು, ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ವಿದ್ಯಾ ಸಂಸ್ಥೆ



ಅಧ್ಯಕ್ಷರ ನುಡಿ

1945ರಲ್ಲಿ ಸ್ಥಾಪನೆಯಾದ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ವಿದ್ಯಾಸಂಸ್ಥೆಯ ಅಂಗ ಸಂಸ್ಥೆಯಾದ ಎಸ್.ಜೆ.ಆರ್. ಮಹಿಳಾ ಕಾಲೇಜು 1990ರಲ್ಲಿ ಪ್ರಾರಂಭಿಸಿದ್ದು ತನ್ನದೇ ಆದ ಕಾರ್ಯಚಟುವಟಿಕೆಗಳಿಂದ ಕೂಡಿದ ವೈಶಿಷ್ಟ್ಯತೆಗಳಿಂದ ಜ್ಞಾನದಾಸೋಹವನ್ನು ಕೈಗೊಂಡು ಮುಂದುವರೆಯುತ್ತಿದೆ. ದೇಶದ ಅಭಿವೃದ್ಧಿಯಲ್ಲಿ ಮಹಿಳೆಯರ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಅರಿತುಕೊಂಡಿರುವ ಸಂಸ್ಥೆ ಇಂದಿನ ವ್ಯಾಪಾರೀಕರಣದ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯಲ್ಲಿ ಎಷ್ಟೋ ಹಿಂದುಳಿದ, ಮಧ್ಯಮವರ್ಗ, ತಳಸಮುದಾಯಗಳ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ಕಡಿಮೆ ಶುಲ್ಕದಲ್ಲಿ ವಿದ್ಯಾರ್ಜನೆಗೆ ಅವಕಾಶ ಮಾಡಿಕೊಟ್ಟಿರುವ ಹೆಗ್ಗಳಿಕೆ ನಮ್ಮ ಸಂಸ್ಥೆಯದಾಗಿರುತ್ತದೆ. ಹೀಗೆ ಎಸ್.ಜೆ.ಆರ್ ಮಹಿಳಾ ಕಾಲೇಜಿನಲ್ಲಿ ವಿದ್ಯಾಭ್ಯಾಸ ಮಾಡಿದ ಹೆಣ್ಣುಮಕ್ಕಳು ಪ್ರಪಂಚದಾದ್ಯಂತ ಹತ್ತು ಹಲವು ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ತಮ್ಮನ್ನು ತೊಡಗಿಸಿಕೊಂಡಿರುವುದು ಹರ್ಷವನ್ನುಂಟು ಮಾಡುತ್ತದೆ. 'ಮನೋನೃಷ'ದಲ್ಲಿ ಪ್ರಕಟವಾಗಿರುವ ವಿದ್ಯಾರ್ಥಿನಿಯರ ಬರಹಗಳನ್ನು ಗಮನಿಸಿದಾಗ ಎಷ್ಟೋ ಸುಪ್ರಪ್ರತಿಭೆಗಳಿಗೆ ಇದು ವೇದಿಕೆ ಕಲ್ಪಿಸಿದೆ. ಹಾಗೆಯೇ ಕಾಲೇಜಿನ ಕಾರ್ಯಚಟುವಟಿಕೆಗಳು, ವಿದ್ಯಾರ್ಥಿನಿಯರ ಸಾಧನೆಗಳನ್ನು ಪ್ರತಿಬಿಂಬಿಸುವ ಮನೋನೃಷ ಶ್ಲಾಘನೀಯ ಸೇವೆ ಸಲ್ಲಿಸುತ್ತಿದೆ.

2020-21 ನೇ ಸಾಲಿನ ದೇಶದ ಅತ್ಯುತ್ತಮ 200 ಕಾಲೇಜುಗಳ ಪೈಕಿ ಎಸ್.ಜೆ.ಆರ್. ಮಹಿಳಾ ಕಾಲೇಜು ಕೂಡ ಒಂದು ಎಂದು ಹೇಳುವುದಕ್ಕೆ ನನಗೆ ಅತೀವ ಹರ್ಷವನ್ನುಂಟುಮಾಡಿದೆ. ನಗರದಲ್ಲಿ ಅತ್ಯುತ್ತಮ ಕಾಲೇಜು ಎಂದು ಹೆಸರು ಮಾಡಿರುವ ನ್ಯಾಕ್‌ನಿಂದ 'ಎ' ಮೌಲ್ಯಾಂಕನಗೊಂಡಿರುವ ಮಹಿಳಾ ಕಾಲೇಜಿನಲ್ಲಿ ಇದುವರೆಗೆ ಬೆಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾಲಯದಿಂದ ನಾಲ್ಕು ವಿದ್ಯಾರ್ಥಿನಿಯರು ರ‍್ಯಾಂಕ್ ಪಡೆದಿದ್ದು, ಆರು ವಿದ್ಯಾರ್ಥಿನಿಯರು ಚಿನ್ನದ ಪದಕ ಗಳಿಸಿರುವುದು ಉತ್ತಮ ವಿದ್ಯಾಭ್ಯಾಸದ ವಿದ್ಯಾಲಯವೆಂಬುದಕ್ಕೆ ಕನ್ನಡಿಯಾಗಿದೆ. ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಕಾಲೇಜು ಇನ್ನಷ್ಟು ಉನ್ನತ ಸ್ಥಾನಕ್ಕೇರಿ ಮಾದರಿ ಸಂಸ್ಥೆಯಾಗಲಿ ಎಂದು ಆಶಿಸುವೆ.

ಅಧ್ಯಕ್ಷರು

S.J.R COLLEGE FOR WOMEN

BENGALURU

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Sri. S.R. Veerabadraiah	Member
Dr. Parvathi .R	BCU Nominee
Sri. Gurudath .M.N	Teacher Representative
Dr. Jyothi .E	Teacher Representative
Dr. Prema Siddaraju	Convener





ಡಾ. ಪ್ರೇಮಾ ಸಿದ್ಧರಾಜು, ಎಂ.ಎ., ಪಿಹೆಚ್.ಡಿ.
ಪ್ರಾಂಶುಪಾಲರು

ಸಂದೇಶ

ಪರಮಪೂಜ್ಯ ರಂಭಾಪುರಿ ಶ್ರೀಗಳ ಶುಭಾಶೀರ್ವಾದಗಳೊಂದಿಗೆ ನಡೆಯುತ್ತಿರುವ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ವಿದ್ಯಾಸಂಸ್ಥೆಯ ಅಂಗಸಂಸ್ಥೆ ಎಸ್.ಜೆ.ಆರ್. ಮಹಿಳಾ ಕಾಲೇಜು ಹೆಣ್ಣುಮಕ್ಕಳ ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೆಂದೇ 1988ರಲ್ಲಿ ಪ್ರಾರಂಭಗೊಂಡು ಅಂದಿನಿಂದ ಇಂದಿನವರೆಗೆ ಸಹಸ್ರಾರು ಹೆಣ್ಣುಮಕ್ಕಳು ಬದುಕನ್ನು ಕಟ್ಟಿಕೊಂಡು ಆರ್ಥಿಕವಾಗಿ ಸದೃಢಗೊಳ್ಳಲು ಕಾರಣವಾಗಿದೆ. ಅಲ್ಲದೇ ವಿವಿಧ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಹಲವು ದೇಶಗಳಲ್ಲಿ ಇಲ್ಲಿ ಪದವಿ ಪಡೆದ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಹೆಸರು ಮಾಡುತ್ತಿರುವುದು ಸಂಸ್ಥೆಗೆ ಗೌರವ ತರಿಸುವ ವಿಚಾರವಾಗಿದೆ. ಸುಸಂಸ್ಕೃತ ನಡೆ, ನುಡಿ ಹೊಂದಿರುವ ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಸಾಂಸ್ಕೃತಿಕ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ, ಆಟೋಟಗಳಲ್ಲಿ ರಾಜ್ಯ, ರಾಷ್ಟ್ರ ಮತ್ತು ಅಂತರರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದಲ್ಲಿ ಬಹುಮಾನಗಳನ್ನು ಪಡೆದಿದ್ದಾರೆ. ಅಲ್ಲದೆ ಓದಿನಲ್ಲಿ ಸದಾ ಮುಂದೆ ಇರುವ ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಇದುವರೆಗೆ ಬೆಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾಲಯದಿಂದ ನಾಲ್ಕು ರ‍್ಯಾಂಕ್‌ಗಳನ್ನು ಪಡೆದಿದ್ದಾರೆ. ಪ್ರಸ್ತುತ ಸಾಲಿನಲ್ಲಿ ಇಬ್ಬರು ಬಿ.ಕಾಂ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಚಿನ್ನದ ಪದಕಗಳನ್ನು ಪಡೆದಿದ್ದಾರೆ. ದೇಶದ ಅಭ್ಯುದಯದಲ್ಲಿ ಹೆಣ್ಣಿನ ಪಾತ್ರ ಪ್ರಮುಖವಾಗುತ್ತಿರುವ ಈ ಸಂದರ್ಭದಲ್ಲಿ ದೇಶಕ್ಕೆ ವಿದ್ಯಾವಂತ ಸ್ತ್ರೀ ಸಮುದಾಯವನ್ನು ಕೊಡುಗೆಯಾಗಿ ನೀಡುತ್ತಿರುವುದು ನಮ್ಮ ಸಂಸ್ಥೆಯ ಹೆಗ್ಗಳಿಕೆಯಾಗಿದೆ. ಪ್ರತಿಭಾವಂತ ಹಿರಿಯ ಪ್ರಾಧ್ಯಾಪಕ ಸಮುದಾಯ ನುರಿತ ಇತರೆ ಸಿಬ್ಬಂದಿ ಸದಾ ಕಾಲೇಜಿನ ಸರ್ವತೋಮುಖ ಬೆಳವಣಿಗೆಗೆ ಕಾರಣರಾಗಿದ್ದು ನ್ಯಾಕ್‌ನಲ್ಲಿ 'ಎ' ಶ್ರೇಣಿ ಪಡೆಯಲು ಇವರೆಲ್ಲರ ಪ್ರಾಮಾಣಿಕ ಪರಿಶ್ರಮ ಕಾರಣವಾಗಿದೆ. ಪ್ರತಿ ವರ್ಷದಂತೆ ಈ ವರ್ಷವೂ “ಮನೋನೈಷ” ಸಂಚಿಕೆ ಓದುಗರ ಕೈಸೇರುತ್ತಿರುವುದು ಹರ್ಷದ ವಿಷಯ. ವಿದ್ಯಾರ್ಥಿನಿಯರ ಮತ್ತು ಉಪನ್ಯಾಸಕರ ವರ್ಷಪೂರ್ತಿ ಚಟುವಟಿಕೆಗೆ ಈ ಸಂಚಿಕೆ ಕನ್ನಡಿಯಾಗಿದೆ.

ಪ್ರಸ್ತುತ ಸಂಚಿಕೆ ಹೊರಬರಲು ಸರ್ವರಿತಿಯಲ್ಲೂ ಸಹಕಾರ ನೀಡಿದ ಸಂಸ್ಥೆಯ ಅಧ್ಯಕ್ಷರಾದಿಯಾಗಿ ಎಲ್ಲರಿಗೂ ಹೃದಯಪೂರ್ವಕ ಧನ್ಯವಾದಗಳು. ಸಂಪಾದಕ ಮಂಡಳಿಯ ಮೇಡಂ ನಾಗರತ್ನ ವಿ.ಆರ್ ಹಾಗೂ ಎಲ್ಲಾ ಸದಸ್ಯರಿಗೂ ಅಭಿನಂದನೆಗಳು. ಸಂಚಿಕೆ ಅಚ್ಚುಕಟ್ಟಾಗಿ ಮೂಡಿಬರಲು ಇವರೆಲ್ಲರ ನಿರಂತರ ಪರಿಶ್ರಮ ಕಾರಣ. ಜೊತೆಗೆ ಆನ್‌ಲೈನ್‌ನಲ್ಲಿ ಇ-ಮ್ಯಾಗಜೀನ್ ಬಿಡುಗಡೆಗೆ ಇವರೆಲ್ಲರ ಪರಿಶ್ರಮ ಅಪಾರ. ಮುಖಪುಟ ವಿನ್ಯಾಸ ಮಾಡಿದ ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿನಿಯರಾದ ಕು. ವಿನಯ-ಬಿಸಿಎ ಮತ್ತು ಕು. ಮಮತಾ ಜಿ.-ಬಿ.ಎಸ್ಸಿ| ರವರಿಗೆ ಅಭಿನಂದನೆಗಳು. ಕೋವಿಡ್-19ರ ಸಮಸ್ಯೆ ದೂರವಾಗಿ ನಮ್ಮೆಲ್ಲಾ ಶೈಕ್ಷಣಿಕ ಚಟುವಟಿಕೆಗಳು ಸುಸೂತ್ರವಾಗಿ ನಡೆಯಲಿ, ಮುಂದಿನ ದಿನಗಳು ಎಲ್ಲರಿಗೂ ಶುಭಕರವಾಗಿರಲೆಂದು ಹಾರೈಸುತ್ತೇನೆ.



EDITORIAL MESSAGE

“Dream is not what you see in sleep,
Dream is something which doesn't let you sleep”

Dr. APJ Abdul Kalam

S J R College for Women has been working to empower young women aspirants by providing quality education for their all round development since its inception. The dedicated and experienced staff is playing a vital role in fulfilling the vision and mission of the institution. The editorial team is glad to present the annual issue of the college magazine '**Manonmesha**'.

The contribution and dedication of faculty members, students and non-teaching staff in bringing this magazine is appreciable.

Sameeksha is a record of various programmes organized by different departments/forums in academic, co-curricular, extra-curricular, cultural, sports etc., and it showcases the potentials, talents and achievements of our students in various inter-collegiate competitions. Department newsletter gives the opportunity to the students to cultivate the habit of writing and nurture their skills on topics of their interests and this would be a source of inspiration to other aspirants to give an expression to their thoughts. We congratulate the outstanding scorers and centum scorers in BU / BCU examinations.

Editorial team expresses its gratitude to the members of S J R Education Society and our Principal Dr. Prema Siddaraju for their valuable guidance. Our heartfelt thanks to all the faculty members.

Last but not the least, thanks to Geetanjali Graphics for printing and giving on time.

Pride of S.J.R.C.W



Swathi Pai
BA (OESPSy)-8.3 GPA



Supriya H S
BA(ESPsy)-8.83 GPA



Brundha S
BA(HEP)8.18 GPA



Priyanka S
B.Sc(PCM) 9.3 GPA



Rakshitha G C
B.Sc(PMCs)7.88 GPA



Rekha U
B.Sc(CBBt)-9.4 GPA



Pooja K Velani
B.Com-9.43 GPA



Mary Thomas
BBA -8.35 GPA



Divya S
BCA -9.48 GPA



Yashaswini S
M.Com-7.83 GPA



Teaching Staff

CONGRATULATIONS



Kum. CHAITHRA N R
III B.Com VI Semester

100/100 Marks in Banking Law
in May/June 2019 Examination
of Bangalore University

She Has Been Awarded **Gold Medal** by
1. The State Bank Of Mysore
2. The Syndicate Bank
3. The Canara Bank – Diamond Jubilee Prize



Kum. POOJA K VELANI
III B.com VI Semester

200/200 Marks in Cost Accounting
in May/June 2019 Examination
of Bangalore University

She Has Been Awarded Prize by
1. Institute of Cost and Work Accountants
of India (ICWAI)
under Scheme – Bangalore Chapter Silver Jubilee
Commemoration Prize



III B.A.

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6. ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರ
7. ಎನ್.ಎಸ್.ಎಸ್. ಶಿಬಿರ - ನನ್ನ ಅನುಭವ
8. ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ - ವರದಿ
9. ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ಜಯಂತಿ
10. Plant Extinction and Conservation
11. A Winner's Attitude"

Department News Letters

12. Convoke - Management
13. ನುಡಿದೀಪ - ಕನ್ನಡ
14. Sambandh - Humanities
15. ಸ್ಪಂದನ - ಹಿಂದಿ
16. Spectrum - Science
17. Sublime - English
18. Techtonics - Computer Science
19. Voice - Commerce
20. Utthana - PG - M.Com

SAMEEKSHA

POST GRADUATE STUDIES IN COMMERCE

I. ACTIVITIES CONDUCTED DURING THE ACADEMIC YEAR 2019-20

POST GRADUATE STUDIES IN COMMERCE

SL NO	DATE	EVENT
1	19.9.2019	Orientation Programme
2	26.9.2019	Freshers day
3	19.10.2019	Skill development and training programme by Sri.Shamsuddin Amir-SIX THINKING HATS
4	25.11.2019 to 30.11.2019	Forum activities: i) Tech charades –Computer Science ii) Ad-attainment(Marketing) Tag/LogoAd-Mad iii) Best Manager iv) Stress Buster(HR Event) v) Model Building(Finance Event) vi) Fun attaining
5	12.12.2019	Freedom of expression-Resource person-Mrs. Sara Rohini, Facilitator-CAMPUS YUVA

II . SEMINAR/ WORKSHOP/ CONFERENCE/ COMPETITIONS ATTENDED BY STUDENTS

SL NO	DATE	STUDENT NAME	EVENT	VENUE
1	5.4.2019	Swathi V Naveena N Vaibhavi Hiremath Harshitha A II M.Com	Workshop on “An overview of Advanced E-Commerce and Mobile Commerce”	Sri Aurobindo College
2	26.10.2019	Swathi V Naveena N Vaibhavi Hiremath Harshitha A II M.Com	State level faculty development program on Research Methodology on “Identification of problems & Review of Literature”	Seshadripuram Evening Degree College, Nagappa street, Sheshadripuram
3	10.12.2019 & 11.12.2019	Madhuri S Poornima V Syeda Fathima Jameel Rashmishree V K II M.Com	Two Day National Conference on “Innovative Teaching and Sustainability of Business Education In India”	PG Department of Commerce & Management Seshadripuram First Grade College

III. RESEARCH ARTICLES PUBLISHED BY STUDENTS

Sl. No.	Name	Title of the Paper Published	Name of the Journal
1	Naveena N II M.Com	A Study on Emerging Trends, Methods & Criteria for effective E-recruitment in organization	International Journal of Trend in Scientific Research & development Volume-3, Issue-5 ISSN-2456-6470
2	Swathi V II M.Com	Impact of GST on FMCG sector and Consumer- A study	International Journal of Trend in Scientific Research & development Volume-3, Issue-6 IJTSRD-29297, E-ISSN-2456-6470
3	Divya L II M.Com	Impact of M-Commerce Technologies on Developing Countries	International Journal of Trend in Scientific Research & development Volume-4, Issue-1, E-ISSN-2456-6470
4	Sandhya G N II M.Com	A study on Google is an artificial Encyclopedia affecting human Intelligence -An Empirical Study	International Journal of Trend in Scientific Research & development Volume-3, Issue-5, E-ISSN-2456-6470, IJTSRD27923

IV. INDUSTRIAL VISITS

21.12.2019	M.Com Students visited Featherlite Office System (P) Ltd., Bidadi Hejjala
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V. TOPPERS OF THE BANGALORE UNIVERSITY EXAMINATION JUNE 2019

SEMESTER	NAME	AGGREGATE
IV SEM	Yashaswini S	7.83 SGPA
II SEM	Poornima K	7.64 SGPA

* * *



UNDER GRADUATE STUDIES

I. ACTIVITIES CONDUCTED BY VARIOUS FORA / DEPARTMENTS

Sl. NO	DEPARTMENT/FORUM	DATE	EVENT
1	Chaucer's Club-English Club	16.8.2019	Sitcom activity – to develop student's Listening, Speaking, Reading & Writing Skills
		23.8.2019	Movie Review
		20.9.2019	Charlie Chaplin visual activity – to develop student's writing skills
		27.9.2019	Short movie 'Juice'- to develop student's communication skills
		4.10.2019	Book Review
		18.10.2019	Essay Writing- Eco-Friendly Celebration of Diwali
		31.1.2019	Fun with Idioms
		7.2.2020	Debate on Pros and Cons of Social media
		14.2.2020	Toast Master Activity-to develop student's speaking skills
		28.2.2020	Poster Making on topics: Social media, Women in Science, Eminent Women around the world, Women harassment, Indian writers in English, Famous personalities of English Literature
2	Uttunga - Kannada Sangha	16.8.2019 ಮತ್ತು 11.10.2019	ಕಂಪ್ಯೂಟರ್‌ನಲ್ಲಿ ಕನ್ನಡ ಬೆರಳಚ್ಚು ಕಲಿಕಾ ತರಬೇತಿ
		4.10.2019	ಆಶುಭಾಷಣ ಸ್ಪರ್ಧೆ
		17.1.2020	ಪ್ರಬಂಧ ಸ್ಪರ್ಧೆ : “ಯುವಜನತೆ ಕುರಿತಂತೆ ಸ್ವಾಮಿ ವಿವೇಕಾನಂದರ ವಿಚಾರಗಳು” ಚರ್ಚಾ ಸ್ಪರ್ಧೆ : ‘ಪೌರತ್ವ ಕಾಯಿದೆಯು ದೇಶಕ್ಕೆ ಪೂರಕವೇ?’ ವಾರ್ತಾ ವಾಚನ ಸ್ಪರ್ಧೆ
		9.3.2020	ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ಜಯಂತಿ ಆಚರಣೆ ಮುಖ್ಯ ಅತಿಥಿಗಳು: ಡಾ. ಚಿಕ್ಕಹೆಚ್ಚಾಜಿ ಮಹದೇವ ನಟ, ಉಪನ್ಯಾಸಕರು, ಅರವಿಂದೋ ಕಾಲೇಜು
		10.3.2020	ಪ್ರಬಂಧ ಸ್ಪರ್ಧೆ : “ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರ ಬದುಕು ಮತ್ತು ಪವಾಡ”
3	Surabhi-Hindi Club	24.1.2020	Rasaprashnavali (Iikitha) Padabanda (Cross word)

SI. NO	DEPARTMENT/FORUM	DATE	EVENT
4	Anveshana-Social Science Forum	16.9.2019	A PPT on India since 1857 on "Socio Economic and Political Aspects"
		29.9.2019	Written Quiz on Fundamentals of Social Sciences
		18.10.2019	Rangoli Competition Theme: Social issues
		20.10.2019	Pick and Speak Competition on Political and Social issues
		31.1.2020	Comprehension and Report writing to improve writing skills
		7.2.2020	An awareness on General Abbreviations
		14.2.2020	Bringing change through youth power - an activity on Karnataka Traffic Rules and Traffic Signs
5	Fortune-Commerce Forum	24.9.2019	Salesmanship
		26.9.2019	Turncoat
		17.10.2019	Commerce Fair
		31.1.2020	Group Discussions
		11.2.2020	Aptitude Test
		14.2.2020	Resume Building
6	Enable-Management Forum	16.8.2019	Head Banging- A Management Business Game
		23.8.2019	Business Quiz
		13.9.2019	Group Discussion
		20.9.2019& 4.10.2019	IPL Auction
		11.10.2019	Mock Interview
		18.10.2019	Management Games
		31.1.2020	Resume Building
		7.2.2020	Group discussion & Ice-breakers
		14.2.2020	Team building games
		28.2.2020	Aptitude Test

Sl. NO	DEPARTMENT/FORUM	DATE	EVENT
7	Techno Vision-Computer Club	23.7.2019	Mad Ads (IT related)
		26.9.2019	IT Quiz
		3.10.2019	Best Article
		20th of Every Month	Programmer of the Month
		30.1.2020	Best out of waste
		8.2.2020	Debugging
8	Scientia-Science Forum	16.9.2019	On account of World Ozone Day inter-class Poster Making Competition - Theme of the Poster : Save Ozone, Save Earth
		11.10.2019	Science Dumb Charades
		18.10.2019	Know your Scientist: Science Elocution & Quiz
		31.1.2020	Write up/ Poster on "Women Achievers in Science"
		20.2.2020	Essay Competition on "Women in Science"
9	Disha- Placement Cell	10.5.2019	Campus selection by Orchid's international school, 29 students were selected
		11.5.2019	Campus selection by Amazon
		13.5.2019	Campus selection by Accenture
		4.9.2019	Campus drive by United Health Group at J P Nagar
		14.1.2020	Campus drive from Q-spiders campus, 46 students participated, 8 students were selected
		21.1.2020	Campus drive by Infosys at Maharani Lakshmi Ammani College, 6 students were selected: 4 students from BCA & 2 students from B.Sc
		27.1.2019	Capgemini Campus Drive at Q-spiders Campus, Basavangudi, 3 students were selected
		28.1.2020	Concentrix Campus Drive
		14.2.2020	Infosys Campus Drive at SJR Arts, Science and Commerce College, Anand Rao Circle, 7 students were selected

Sl. NO	DEPARTMENT/FORUM	DATE	EVENT
		2.3.2020	Campus selection by Amazon
10	Compete- Sports Club	16.8.2019	Kho Kho Practice Match
		20.9.2019	Throw ball Inter Group Competition
		23.9.2019	Kho Kho Inter Group Competition
		27.9.2019	Volleyball Inter Group Competition
		4.10.2019	Tug of war Inter Group Competition
		11.10.2019	Aiming the wicket Inter Group Competition
		18.10.2019	Kabaddi Inter Group Competition
		13.3.2020	Yoga
			Inter class indoor & outdoor sports Competition
11	Unnati- ED Cell	16.8.2019	Introduction to Entrepreneurs qualities, benefits and risks
		23.8.2019	Case Study on Successful Entrepreneurs
		20.9.2019	Developing Business Plan
		27.9.2019	Presentation of Business Plan with imaginary products
		4.10.2019	Interviewing real Entrepreneurs
		11.10.2019	Visit to malls, provision stores and retail outlets
		18.10.2019	One dollar activity
		31.1.2020	Introduction about one dollar activity with respect to how to make investment and to sell products
		11.2.2020	One dollar activity
		14.2.2020	Seminar by the students on their learning experience
		28.2.2020	Organized Quilling ear rings making
		13.3.2020	Continuation of Quilling ear rings making
12	Pruthvi- Nature Club	16.8.2019	Significance of Soil Science
		23.8. 2019	Rose water preparation
		20.9. 2019	Nature Cross-word Puzzle Competition
		27.9. 2019	Wild-life Drawing Competition

Sl. NO	DEPARTMENT/FORUM	DATE	EVENT
		4.10. 2019	Healthy diet- “Maneyalli adagide maddu”, Significance of blood donation
		11.10. 2019	Hardness of water-analysis
		18.10. 2019	Plogging-Plastic free zone, Swachata hi sewa
		31.1.2020	Household use of Medicinal Plants
		7.2.2020	Herbal formulations for good health
		14.2.2020	Women environmentalists: Drawing and Slogan writing
		28.2.2020	Nature Songs recital, Women in Science, Science for all
		13.3..2020	Awareness drive: Covid-19
13	Physics	16.8.2019	Screening of Documentary “Moon & its Phases” & “Chandrayan 2” followed by Quiz
		14.2.2020	Peer Teaching in Astrophysics – Eclipses, Comets, HR diagram, Black hole, Use of stellarium software
14	Chemistry	24.9.2019	Periodic table writing Competition Periodic table song-singing Competition
		29.9.2019	The International Year of Periodic table: Cross word puzzle Competition
15	Mathematics	4.10.2019	Mathematics Quiz
		14.1.2020	International Chinthana Mathematics exam in association with Chinthana Prakashana, Chitradurga
		15.2.2020	Lecture Competition
		13.3.2020	Peer teaching –Pi day celebration: finding the value of Pi by Montecarlo Method and A/V on Pi
16	Botany	27.9.2019	Demonstration & Making of Seed balls
		6.3.2020	Mushroom cultivation
17	Bio-Technology	23.8.2019	Blood Grouping
		7.2.2020	Group discussion on Novel Corona Virus
18	Anubandha-Alumni Association	5.9.2019	Alumni meet - 9 cash scholarships to merit cum means students from Alumni Fund

Sl. NO	DEPARTMENT/FORUM	DATE	EVENT
19	Student Research Club	26.1.2020	B.Com students are conducting survey in two groups on (1) A Study on students perception towards online shopping (2) A study on customer satisfaction towards internet banking
20	Dhwani-Women Empowerment Cell	9.3.2020	International Women's Day celebration Chief Guest: Mrs. Madhura AshokKumar Speaker, Indian Youth Red Cross, Bengaluru

II. N.S.S ACTIVITIES

DATE	EVENT
20.8.2019	To create awareness and to fight against women and child atrocities in the society –volunteers participated in a rally in association with AIMSS from city Railway station to Gandhi statue
23.8.2019	Orientation programme Chief Guest: Poornima Jogi, State NSS implementation officer, Government of Karnataka
27.8.2019	Election conducted for student secretary of NSS, Harini from final B.Com was elected, NSS welcome and disperse claps and NSS song was practiced
30.8.2019	Students were briefed about what is NSS and their objectives, discussed various memos from NSS cell of University
30.8.2019	All the NSS volunteers participated in standathon Rally for rivers "CAUVERY CALLING" initiated by Isha Foundation near our College at Rajajinagar entrance circle
1.10.2019	Blood donation awareness rally from Rajajinagar grounds to our College in association with Lions club
4.10.2019	Plastic ban awareness rally and created awareness among neighboring shops by using posters and distributing around 1000 paper covers to them
8.10.2019	All the NSS volunteers participated in cleanness drive, plogging and collected plastic waste in a gunny bag in and around the college premises
11.10.2019	Cancer awareness video was shown in association with YENEPOYA deemed to be University, The video covers various cancer types and Govt. funded schemes for treatment.
18.10.2019	Participated in cleanliness drive, Plogging and collected plastic and waste in a bag from in and around our College premises

DATE	EVENT
31. 1. 2020	A debate on "Youth for Science and Scientific attitude in our College, discussed about NSS special camp
7. 2. 2020	Debate on "Varadakshine ondu saamajika pidugu" and "Use and abuse of Mobile phone ", took the oath to "Not to give dowry when they get married"
14. 2. 2020	Shramadaana at College campus
24.2.2020 to 1.3.2020	Seven days special camp at " Sri Vanakallu Malleshwara MahaSukshetra Mata" Nelamangala, Bengaluru
13.3.2020	A Debate and awareness on "Novel Corona Virus Covid-19"

III. YOUTH RED CROSS WING

DATE	EVENT
23.8.2019	Orientation Programme Chief Guest: Poornima Jogi, State NSS Implementation Officer, Government of Karnataka
20.9.2019	Power Point Presentation on Brief History of Red Cross
30.9.2019	Poster making on "Awareness on Blood Donation"
1.10.2019	Awareness Rally on Blood Donation from Rama Mandira Grounds to SJR College for Women, Rajajinagar, Bengaluru.
1.10.2019	Inauguration of Blood Donation Camp by Suresh Kumar, Education Minister, Government of Karnataka in association with Lions Club International, Bengaluru
1.10.2019	Blood Donation Camp
18.10.2019	Poster making Competition on "World Food Day"
18.10.2019	Food Distribution to underprivileged children at Maanav Charity, Rajajinagar, Bangalore on the occasion of World Food Day – October 16
7.2.2020	Essay Competition on "Women Safety"
10.2.2020	Free Health Checkup in association with MEDWEL Diagnostic & Health Care to all staff members
22.2.2020	3 YRC Volunteers attended "One day Workshop Cum Training" conducted at Central College, Bengaluru Central University
28.2.2020	Collage Competition on "Road Safety"

IV. GANDHI STUDY CENTRE

DATE	EVENT
3.8.2019	‘ಗಾಂಧಿ 150’ ರಸಪ್ರಶ್ನೆ ಕಾರ್ಯಕ್ರಮ, ಪ್ರೀಡಂಪಾರ್ಕ್, 18 ವಿದ್ಯಾರ್ಥಿನಿಯರು ಬಹುಮಾನವನ್ನು ಪಡೆದಿರುತ್ತಾರೆ.
27.8.2019	ದೇಶಭಕ್ತಿ ಗೀತೆ ಸ್ಪರ್ಧೆ
7.11.2019	ಎನ್.ಎಸ್.ಯು.ಐ.ನ ಸಹಯೋಗದೊಂದಿಗೆ ಸಾಕ್ಷಚಿತ್ರ ಪ್ರದರ್ಶನ, ರಸಪ್ರಶ್ನೆ ಹಾಗೂ ಬಹುಮಾನ ವಿತರಣಾ ಕಾರ್ಯಕ್ರಮ, ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿ - ಸುರಭಿ ದ್ವಿವೇದಿ, ರಾಷ್ಟ್ರೀಯ ಕಾರ್ಯದರ್ಶಿ ಎನ್.ಎಸ್.ಯು.ಐ
30.1.2020	ಸರ್ವೋದಯ ದಿನಾಚರಣೆ

V. ACTIVITIES OF THE CULTURAL FORUM

DATE	EVENT
8.7.2019	Orientation to I Year Degree students: Chief Guest: Sri.T R Nagaprasad, President of SJRES, Sri. Shivaprakash, Vice President, SJRES. Sri. Prabhudev Kalmath, Secretary, SJRES, Dr. K B Vedamurthy, Academic Chairman, SJRES and presided by Dr. Harshini C S Principal, SJRCW
26.7.2019	A talk on ‘Kargil War’ commemorating Kargil Vijay Diwas
13.8.2019	Inauguration of Forum Activities: Chief Guests: Dr. Manjunatha Swamy B S Special Deputy Commissioner, Bhoomi Monitoring Cell, Bengaluru, Dr. K B Vedamurthy, Academic Chairman, SJRES
15.8.2019	Independence Day Celebration
4.9.2019	Ganesha Pooja
5.9.2019	Teachers Day Celebration
12.9.2019and 13.9.2019	‘Srushti’- Inter Class Competitions- Judges: Chaithra B, Alumni, Kushal Gowda, Art battle model event organizer
24.1.2020	Swami Vivekananda Jayanthi Chief guests : Meera Raghavendra, Advocate, Social Activist, Founder of Meera NGO
26.1.2020	Republic Day Celebration-: Chief guests: Sri. Pradeep Nataraj, Organizing Secretary, Disha Foundation and Dr. K B Vedamurthy, Academic Chairman, SJRES
3.2.2020 to 8.2.2020	Ethnic Week Events: 1.Rangoli 2.Hair Style & Make Up 3.Vegetable Carving 4.Jewellery Making 5.Mehandi and No Vehicle Day

VI. SEMINAR/ WORKSHOP/ SDP CONDUCTED

DEPARTMENT	DATE	EVENT
IQAC	10.10.2019	An Awareness Programme for Staff on Indian post savings scheme by John Vij PRO by India post, Rajajinagar Head Post Office
ಕನ್ನಡ	20.8.2019, 23.9.2019 ಮತ್ತು 28.9.2019	ಮೂರು ದಿನಗಳ ಕಾರ್ಯಾಗಾರ, ಅಭಿನಯ, ಭಾಷಣ ಮತ್ತು ನಿರೂಪಣಾ ಕಲೆಗಳ ಕಲಿಕಾ ತರಬೇತಿ ಶಿಬಿರ
IQAC	18.1.2020	Faculty Development Programme for Staff on "Current Challenges and Modern Methodologies in Teaching" Resource person: Sri.N K Sundaram, HR consultant / Soft skills trainer/MR Trainer(India & Overseas)
Commerce & Management	13.1.2019	An Awareness Programme on "Chartered Accountancy Course" by Prof. Alok Chakrabarti, Operational head J K Shah Classes
Mathematics	28.1.2020	Workshop on "Construction of Convex Polyhedra Models" Resource person Dr. R Sumithra, PG Co-ordinator and Research Head, Department of UG, PG studies and research in Mathematics, Govt. Science College(Autonomous) with PG students as trainers
Social Science	29.1..2020	Student Development Programme on "Orientation on Civil Service Exam" in association with Hosabelaku, IAS Tapassu Team, Resource person: Dr. Hemachandra P N, Professor, Personality Development Expert, PG Department, Maharani College, Mysuru
Computer Science	15.2.2020	Student Development Programme on "Artificial Intelligence & IOT by Venumadhava G, Technical Lead, EMC2 & Dr. Bharathi S, Alumni, Dr. Ambedkar Institute of Technology
Bio-Technology	17.2.2020	Student Development Programme on "Commercial Microgreens & Its Nutritional Values" in association with Kaushik Educational Trust, Bio-Innoventure Accelerator, inaugurated by Dr. Harshini C S, Chief guests: Nandish N R, Hon. Secretary, SJRES and Dr. K B Vedamurthy, Academic Chairman, SJRES, Resource persons: Prema Kaushik, CEO, Bio Innoventure Accelerator, Professor K Godamani, Governing Council Member, Bengaluru Central University

VII. SEMINAR/ WORKSHOP/ FDP ATTENDED BY THE STAFF

DEPARTMENT	NAME	DATE	EVENT
Commerce	Dr. Harshini C S	21.12.2019	Faculty Development Programme on "Publish and Flourish: Moving Ahead in your Academic Career" at CMS Business School, Jain (Deemed-to-be) University
Physics Botany	Siddalingamma S C Chandrakala S	26.7.2019	Seminar on "Consultation on National Education Policy 2019" at BCU, Jnana Jyothi Auditorium
Botany	Chandrakala S Gayathri M P	12.9.2019	Centenary celebration of Botany department at Bengaluru Central University Launching of Life Sciences at BCU
Chemistry	Harish K M	28.8.2019	State Level Training Programme on "Enhancing knowledge and skills of NSS Programme officers to educate community on prevention and control of common cancers" at Senate Hall Bengaluru Central University
Management	Gurudath M N Manjula H K Usha K	30.8.2019	BBA Syllabus Orientation for I Sem at MLA Academy of Higher Learning
	Gurudath M N Manjula H K Usha K	27.2.2020	Syllabus Orientation of II Sem BBA of Bengaluru Central University at BMS College for Women
	Manjula H K	2.6.2019 to 12.6.2019	10 Days - Faculty Development Programme on Advanced Excel for Research- An UGC sponsored Programme at SJR College & KEONICS Training Centre, Bengaluru
		15.6.2019	National Workshop on Application of Statistical Tolls In Research at Department of Studies & Research In Business Administration, Tumkur University
		14.11.2019	National level Workshop on Art of framing questionnaire in social science Research at Acharya Institute of Graduate studies, Bengaluru
		21.12.2019	National level Workshop on Application of Advanced Statistical Tolls In Research at Department Of Studies & Research In Business Administration, Tumkur University

DEPARTMENT	NAME	DATE	EVENT
Commerce	Kavitha B V Suvana Raj B	2.8.2019	Orientation Workshop of I Sem B.Com syllabus of Bengaluru Central University at Vivekananda Degree College
	Hemavathi R	30.8.2019 31.8.2019	Orientation Workshop for YRC programme officers conducted at Central College
	Rajeshwari M	3.10.2019	Faculty Development Programme on "Use of Google class room" at Surana College
Commerce, Political Science Physics	Dr.Harshini C S Mahalakshimi K Siddlingamma S C	17.1.2020	NAAC Silver Jubilee Celebrations at Raj Bhavan
Commerce Management English	Dr.Harshini C S Usha K Dr. Vanisree Y	25.1.2020	National Level Faculty Development programme on 'Trending Teaching Techniques for participations performance and Innovative teaching pedagogy in education for Genz and Gen Alpha in the Era of Information explosion" at CMS, Jain (Deemed-to-be University)
Bio-Technology	Dr.Jyothi E	17.10.2019	Samagatha, Poster presentation on "A review of Antimicrobial activity of some Transition Metal Complexes" at MLA College For Women
		25.1.2020	Refresher course for College Faculty in "Newer trends in Immunology" organized by St.Joseph's College
	Megha S Upadhye	17.10.2019	Samagatha, Poster presentation on "Application of Transition Metals in Biological Sciences" at MLA College For Women
		25.1.2020	Refresher course on "Newer trends in Immunology" at St. Joseph College (Autonomous) in collaboration with DPN lab, IISc, Bengaluru sponsored by India on Immunology society(115)
		19.2.2020	Faculty Development Programme on "Research methodology" organized by department of management studies at Nitte Meenakshi Institute of Technology
Physics	Manjula S N	8.11.2019 to 10.11.2019	85th Annual Meet of Indian Academy of Sciences – Symposium, Public lecture & Seminar by the Fellows, Associates of IAS at University of Hyderabad, Hyderabad

DEPARTMENT	NAME	DATE	EVENT
Mathematics	Nagarathna V R	6.9.2019	International Conference on “Recent Advances in Inter disciplinary Mathematical Science” at department of UG, PG studies and Research in mathematics, Government Science College (Autonomous)
	Sheelavathi R	17.10.2019 & 18.10.2019	International Conference on “Recent advances in applied Sciences” at the School of applied sciences REVA University, Yelahanka
All the Faculty members of SJRCW		3.8.2019 and 4.8.2019	Multidisciplinary International Conference on “Trends in Global Research in Information Technology and their impacts on Environment” in association with TOUCAN RESEARCH AND DEVELOPMENT, Jharkhand at Sri Jagadguru Renukacharya College of Science, Arts and Commerce
All the Faculty members of SJRCW		22.12.2019	Faculty development Programme on “Touching the Iceberg Teaching skill empowerment for man making nation building” by Dr. Benni Basavaraj organized by SJRES

VIII. PAPER PRESENTATION / PUBLICATION BY THE STAFF

DEPARTMENT	NAME	DATE	PRESENTATION/PUBLICATION
ಕನ್ನಡ	ಡಾ. ಪ್ರೇಮಾ ಸಿದ್ದರಾಜು	24.2.2020 ಮತ್ತು 25.2.2020	ಅಂತರರಾಷ್ಟ್ರೀಯ ವಿಚಾರ ಸಂಕಿರಣದಲ್ಲಿ “ಪ್ರಸ್ತುತ ಕಾಲಘಟ್ಟದಲ್ಲಿ ವಚನ ಮೀಮಾಂಸೆಯ ಪ್ರಭಾವ” ಎಂಬ ವಿಷಯ ಕುರಿತ ಪ್ರಬಂಧ ಮಂಡನೆ ಬಸವನಬಾಗೇವಾಡಿ, ವಿಜಯಪುರ ಐ.ಎಸ್.ಬಿ.ಎನ್. ನಂ. 978-93-83813-52-0
	ರೂಪ ಎಸ್	25.7.2019	‘ಸಮಕಾಲೀನ ಕನ್ನಡ ಸಾಹಿತ್ಯದ ಸಮಸ್ಯೆ, ಸವಾಲು ಮತ್ತು ಸಾಧ್ಯತೆಗಳು’ ಎಂಬ ವಿಷಯವನ್ನು ಕುರಿತಂತೆ ವಿಚಾರ ಸಂಕಿರಣದಲ್ಲಿ ‘ಸಾಹಿತ್ಯದಲ್ಲಿ ಸಮಕಾಲೀನ ಬದುಕಿನ ಚಿತ್ರಣ’ ಎಂಬ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಪತ್ರಿಕೆ ಮಂಡನೆ, ಬಿ.ಐ.ಎಂ.ಎಸ್. ಕಾಲೇಜು, ಕೆಂಗೆರಿ. ಐ.ಎಸ್.ಬಿ.ಎನ್. ನಂ. 2455 4839

DEPARTMENT	NAME	DATE	PRESENTATION/PUBLICATION
	ಅಶೋಕ ಎನ್‌ಎಸ್		<p>ಡಾ ಕೃಷ್ಣೇಜಿರಾವ್‌ರವರ ಸಂಪಾದನೆಯ ಕಿರಂಸಿಂಚನ ಎಂಬ ಸಂಶೋಧನಾ ಲೇಖನಗಳ ಸಂಗ್ರಹ ಕೃತಿಯಲ್ಲಿ” ಡಾ. ಸಿದ್ದಲಿಂಗಯ್ಯನವರ ಕಾವ್ಯದಲ್ಲಿ ಸಾಮಾಜಿಕ ಚಿತ್ರಣ” ಎಂಬ ಸಂಶೋಧನಾ ಲೇಖನ ಪ್ರಕಟವಾಗಿರುತ್ತದೆ.</p> <p>ಡಾ. ನಾಗೇಶ ಬೆಟ್ಟಕೋಟೆಯವರ ಸಂಪಾದನೆಯ ‘ಪ್ರದರ್ಶಕ ಕಲೆಗಳ ಮುಂದಿರುವ ಸವಾಲುಗಳು’ ಎಂಬ ರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದ ವಿಚಾರ ಸಂಕರಣದ ಲೇಖನಗಳ ಸಂಕಲನವಾದ ಈ ಕೃತಿಯಲ್ಲಿ ‘ಡಾ. ಸಿದ್ದಲಿಂಗಯ್ಯನವರ ನಾಟಕಗಳಲ್ಲಿ ಸಾಮಾಜಿಕ ಚಿತ್ರಣ’</p>
Management	Usha K	3.5.2019	National level Conference on “A study on contemporary Issues and Challenges in Market Micro Structure and stock exchange governance” at MLA Academy of Higher Learning
	Gurudath M N Manjula H K		“Best Practices at Higher Education Institutions: A Case Study of SJR College for Women, Bengaluru”, Journal of Advances and Scholarly Researches in Allied Education, An UGC recognized Journal, Volume16 Issue-IX ISSN 2230-7540 with the Impact Factor 3.46. Page No 34584-34587
	Manjula H K		“Workforce 4.0-Is Healthcare Transforming with Information & Communication Technology!!?????!!” published in an International Journal - UGC Approved (Journal No: 63975), Journal of Emerging Technologies and Innovative Research, Volume VI Issue VI, ISSN 2349-5162 with the Impact Factor 5.87. Pages No 96-103"Investment and Saving Strategies of Unorganized Vendors- an Empirical Analysis at K R Market, Bengaluru", International Journal of Recent Scientific Research, An UGC recognized Journal Volume-10, Issue-IX, 34587 ISSN: 0976-3031 with the Impact Factor 3.65. Page No 34584-34587" Talent Acquisition, A Strategic

DEPARTMENT	NAME	DATE	PRESENTATION/PUBLICATION
			<p>Tool for Retention- A Review” Journal of Xi’an University of Architecture & Technology , A Scopus journal , 2951 Impact Factor : 3.7 UGC-CARE Group - II Journal (SCOPUS Indexed Journal), Volume XII, Issue V, 2020 ISSN No : 1006-7930 page No - 2941-</p> <p>“Psychological Impact of the COVID-19 Pandemic on Health Professionals” “A Literature Review on Talent Retention Management” , Compliance Engineering Journal, Impact Factor : 6.1 UGC-CARE Group - II Journal , (SCOPUS Indexed Journal) Volume 11, Issue 7, 2020 ISSN NO: 0898-3577, page no- 113-118 National level Conference on Innovations and emerging trends for sustainable global-economy at Ramaiah Institute of Management Studies/ Sciences, Bengaluru</p>
Computer Science	Nivedita G Y JinaPriya	3.8.2019	International Conference on Trends in Global Research in “Information Technology and their impacts on environment” entitled “AI and Human Learning Process” organized by SJR college of Arts Science and Commerce in association with Toucan Research and Development
Biotechnology	Dr.Jyothi E	3.8.2019 and 4.8.2019	International conference on Trends in global research in information technology and their impacts on environment “A review on Green synthesis of Nano particle” ISBN No.978-81-942952-8-0
Commerce	Rajeshwari M	12.7.2019& 13.7.2019	International Conference on “A study on opportunities, Challenges & Issues in digitalization & Innovation towards goods & services” at Vivekananda Institute of Information & Management Studies, SPJMR journal, Volume 9, Issue 6, June 2019 SPJMR 1112
		27.8.2019	International Conference on “A study on Problems faced by consumers in online marketing” at Morappurkongu College of Arts & Science ISSN No:2278.2331

DEPARTMENT	NAME	DATE	PRESENTATION/PUBLICATION
	Shobha Rani R	5.5.2019	International Conference on "A Study on stress level management among women employees in IT sector" at Geneva Business School, Barcelona Spain International journal of management technology and social sciences, Vol. 1 Issue 2 ISSN 2637.1278
Mathematics	Sheelavathi R	6.9.2019	International conference on "Recent advances in Inter disciplinary Mathematical Sciences" paper entitled "Berwald Connection of a finsler space with special (α, β) - metric, organized by the department of UG, PG Studies & Research in Mathematics at Govt. Science College (Autonomous)
		19.12.2019 to 23.12.2019	International conference on "Innovations and challenges in Science and Technology" paper entitled "Berwald connection of a finsler space with cubic metric"organised by the department of Science & Humanities, Don Bosco Institute of Technology

IX. GUEST LECTURES ORGANISED UNDER VARIOUS FORA/ DEPARTMENTS

DEPARTMENT	DATE	SPEAKER	TOPIC
ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರ	3.10.2019	ಡಾ. ನಟರಾಜ್ ತಲಫಟ್ಟಪುರ, ಸಹ ಪ್ರಾಧ್ಯಾಪಕರು, ಬಿ.ಎನ್.ಎಂ. ಪದವಿ ಕಾಲೇಜು, ಬೆಂಗಳೂರು.	"ಗಾಂಧಿ ಚಿಂತನೆಗಳು"
Physical Education Department	4.2.2020	Sri. Rakesh Yadav D C, Karnataka State MU AY Thai Coach	Awareness Programme on "Self Defence"
Human Right and Anti Ragging Cell	5.2.2020	Shivarathna S, Alumni, Police Inspector, Special Investigation Team	"Women's Rights & Responsibilities"
English	25.2.2020	Smt.Roopa G S, Co Anchor, RR Campus, PES University	"21st Century Soft Skills"
Scientia-Science Forum	28.2.2020	Panel discussion on the occasion of National Science Day Celebration and Prize distribution, Panelists:1. Dr. Sarbari Bhattacharya, Asst. Professor, Dept. of Physics, BU 2. Dr. Jyotsana Dixit, Scientific Writer and Post Doctoral Researcher, IISc. 3. Rajani K S, Alumni & State Secretary, Breakthrough Science Society	"Women in Science"

X. STAFF INVITED AS JUDGE/ RESOURCE PERSON/ GUEST LECTURE / SPEAKER

NAME	DATE	EVENT
Dr. Harshini C S	11.2.2020 & 12.2.2020	Speaker for Technical Session 3 on the topic- "Corporate Governance and Corporate Social Responsibility" for the International Seminar on "Corporate And Cyber Laws & Governance Regime" at Amal College of Advanced Studies, Nilambur in association with KSHEC (Kerala State Higher Educational Council, Trivandrum)
ಡಾ. ಪ್ರೇಮ ಸಿದ್ದರಾಜು	ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಯಾಗಿ :	
	3.6.2019	ಶ್ರೀ ವೀರಶೈವ ಸಂಗಮ, ಶರಣ ಸಂಜೆ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ "ಯುವ ಜನಾಂಗ ಮತ್ತು ನೈತಿಕತೆ" ವಿಷಯ ಕುರಿತು ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮ
	22.7.2019	ಬಸವ ಸ್ಮೃತಿಯಲ್ಲಿ "ಫ.ಗು. ಹಳಕಟ್ಟಿ ಜೀವನ ಮತ್ತು ಸಾಧನೆ"
	1.8.2019	ವಚನ ಜ್ಯೋತಿ ಬಳಗದವರ ವಚನ ಶ್ರವಣ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಉಪನ್ಯಾಸ.
	26.9.2019	ಸರ್ಕಾರಿ ಪ್ರಥಮ ಕಾಲೇಜು, ರಾಮನಗರ "ಪ್ರಥಮ ಕವಿಯಿತ್ರಿ ಮಹಾದೇವಿಯಿಕ್ತೆ" ಕುರಿತು ಉಪನ್ಯಾಸ
	15.9.2019	ಸರ್. ಎಂ. ವಿಶ್ವೇಶ್ವರಯ್ಯ ಜಯಂತಿ ಹಾಗೂ ಇಂಜಿನಿಯರ್ಸ್ ಡೇ ಪ್ರಯುಕ್ತ "ಡಾ. ವಿಶ್ವೇಶ್ವರಯ್ಯನವರ ಜೀವನ ಮತ್ತು ವ್ಯಕ್ತಿತ್ವ" ಕುರಿತು ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮ, ವಿ.ಐ.ಎಸ್.ಎಲ್. ಉದ್ಯೋಗಿಗಳ ವೇದಿಕೆ, ರಾಜರಾಜೇಶ್ವರಿನಗರ
	16.9.2019	"Personality Development" ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮ, ಸಿದ್ಧಗಂಗಾ ಪದವಿ ಕಾಲೇಜು, ನೆಲಮಂಗಲ
	13.10.2019	"ನಿಯಮ ಪರಿಪಾಲನೆ ಮತ್ತು ನೈತಿಕತೆ" ವಿಷಯ ಕುರಿತು ಐ.ಎ.ಎಸ್. ತರಬೇತಿ ಕೇಂದ್ರ, (ಹೊಸಬೆಳಕು) ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮ
	2.11.2019	ಮುಖ್ಯ ಅತಿಥಿ : ಶೇಷಾದ್ರಿಪುರಂ ಕಾಲೇಜಿನಲ್ಲಿ ಆಯೋಜಿಸಿದ್ದ "ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ" ಕಾರ್ಯಕ್ರಮ
	ಜೂನ್-ಆಗಸ್ಟ್	ಬಸವ ಟಿ.ವಿ.ಯಲ್ಲಿ ಶರಣರ ಕುರಿತಾದ ಸರಣಿ ಉಪನ್ಯಾಸ ಮಾಲೆ
	18.11.2019	ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಕುರಿತು ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮ, ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲಾ ಶರಣ ಸಾಹಿತ್ಯ ಪರಿಷತ್ತು, ಜಿ.ಎಸ್.ಎಸ್. ಸಭಾಂಗಣ
	23.11.2019	ರಾಜರಾಜೇಶ್ವರಿನಗರ ವಚನ ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನದಲ್ಲಿ "ಅಕ್ಕಮಹಾದೇವಿ ಮತ್ತು ಆಧ್ಯಾತ್ಮಿಕತೆ" ಕುರಿತು ವಿಷಯ ಮಂಡನೆ
	3.1.2020	ಶರಣ ಸಂಗಮ ಆಯೋಜಿಸಿದ್ದ ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ "ಸಂಪ್ರದಾಯಗಳ ಆಚರಣೆ ಮತ್ತು ಒಗ್ಗಟ್ಟು ವಿಚಾರ"ವನ್ನು ಕುರಿತು ಉಪನ್ಯಾಸ
	7.1.2020	ಕುವೆಂಪು ಜನ್ಮ ಶತಮಾನೋತ್ಸವ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ "ಕುವೆಂಪು ಮತ್ತು ವೈಚಾರಿಕತೆ" ಕುರಿತು ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮ, ಶ್ರೀ ಬಾಲಾಜಿ ಪದವಿ ಕಾಲೇಜು
	8.2.2020	ಪೋಷಕ ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳ ಸಭೆಯಲ್ಲಿ ಪರೀಕ್ಷೆ ಮತ್ತು ಜವಾಬ್ದಾರಿ ವಿಷಯ ಕುರಿತು ಉಪನ್ಯಾಸ, ಜಿ.ಎಸ್.ಎಸ್. ಪ್ರೌಢಶಾಲೆ, ಜಯನಗರ
	9.2.2020	ತೀರ್ಪುಗಾರರು : ರಾಜ್ಯಮಟ್ಟದ ಅಂತರ ವಸತಿ ನಿಲಯ ಸ್ಪರ್ಧೆ, ಬೆಂಗಳೂರಿನ ನಗರ ವಸತಿ ನಿಲಯ
Dr.Vijayashree B Gudi	26.9.2019 & 27.9.2019	As a Judge for Inter class Competitions at SJR Rajajinagar Independent PU College
Nagarathna V R	3.7.2019	Subject expert to recruit faculty at HKES Sree Veerendra Patil PU College

XI. SEMINAR / WORKSHOP / COMPETITIONS ATTENDED BY THE STUDENTS

DATE	NO.OF STUDENTS ATTENDED	CLASS & EVENT	VENUE
20.9.2019	10	III B.Com, III B.Sc, II B.Com, I B.Com, II BCA, I BA students participated in Tug of War	Sindhi College
25.9.2019	1	I BA student participated in Bengaluru Central University Kabaddi Selection	Central College Ground
17.10.2019	4	II B.Sc2 students participated in Samagatha, Poster Competition on Application of Transition Metals In Biological Sciences	MLA College For Women
19.10.2019	2	III B.Sc2 and II B.Sc2 students participated in Lecture Competition	Department of Botany, Bangalore University
19.10.2019	3	III B.Sc2 and II B.Sc2 students participated in Essay Competition	Department of Botany, Bangalore University
19.10.2019	3	II B.Sc2 students participated in Rangoli Competition	Department of Botany, Bangalore University
19.10.2019	3	II B.Sc2 students participated in Quiz Competition	Department of Botany, Bangalore University
19.10.2019	4	III B.Sc2 students participated in Quiz Competition	Department of Botany, Bangalore University
11.2.2020	2	III B.Sc1 students participated in Division Level Science Essay Competition	Karnataka Science and Technology Academy, GKVK Campus, Bengaluru
11.2.2020	2	II B.Sc1 students participated in Division Level Mathematics Modelling Competition	Karnataka Science and Technology Academy, GKVK Campus, Bengaluru
11.2.2020	4	III B.Sc1 students participated in Division Level Mathematics Quiz Competition	Karnataka Science and Technology Academy, GKVK Campus, Bengaluru
12.2.2020	9	III B.Sc1 students participated in Division Level Science Drama Competition	Karnataka Science and Technology Academy, GKVK Campus, Bengaluru

DATE	NO.OF STUDENTS ATTENDED	CLASS & EVENT	VENUE
12.2.2020	2	III B.Sc1 students participated in Division Level Science Drawing/ Painting Competition	Karnataka Science and Technology Academy, GKVK Campus, Bengaluru
15.2.2020	10	Bangalore University Tug-of-war Inter- collegiate Tournament	Government RC College
27.2.2020	6	III B.Sc1 students participated in Science Quiz Competition	Vijaya College, Basavanagudi
7.3.2020	2	III B.Sc1 students participated in State Level Mathematics Quiz Competition	Karnataka Science and Technology Academy, GKVK Campus
9.3.2020	1	III B.Sc1 student participated in 54th Annual Inter-collegiate contest in speaking on Mathematics Topic: Solutions to Algebraic & Transcendental equations	The Bangalore Science Forum
9.3.2020	1	III B.Sc1 student participated in 54th Annual Inter-collegiate contest in speaking on Physics Topic: Atmospheric optics	The Bangalore Science Forum
9.3.2020	1	III B.Sc2 student participated in 54th Annual Inter-collegiate contest in speaking on Chemistry Topic: Chemistry of caffeine in coffee	The Bangalore Science Forum

XII PAPER / POSTER PRESENTATION/ PUBLICATION BY STUDENTS

CLASS	NAME	DATE	PRESENTATION/PUBLICATION
III BCA	Shanmughakani S Pooja G	30.1.2020	"EC-CC Management System" at Seshadripuram College
II BCA	Noor Fathima Poojitha G	20.2.2020	" Smart Farming through IOT" at KLE Society's Degree College
I BCA	Jeevitha K Srushti S P Sujitha R	20.2.2020	"Interactive AI" at KLE Society's Degree College
I BCA	Nasrath Fathima A Pooja M Sumreen Banu H	20.2.2020	"Cloud computing with IOT" at KLE Society's Degree College
I BCA	Meena S	20.2.2020	"Cloud Armor" at KLE Society's Degree College

XIII. ACADEMIC WORK

NAME	ACADEMIC WORK
ಡಾ.ಪ್ರೇಮ ಸಿದ್ಧರಾಜು Department of Kannada	ಸೆಂಟ್ ಜೋಸೆಫ್ ವಾಣಿಜ್ಯ ಮತ್ತು ನಿರ್ವಹಣಾ ಕಾಲೇಜಿನ ಪಠ್ಯಪುಸ್ತಕ ಸಮಿತಿಯ ಸದಸ್ಯರು (ಬಿ.ಓ.ಎಸ್)
	ಬೆಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾಲಯದ ಪಠ್ಯಪುಸ್ತಕ ಸಮಿತಿ ಸದಸ್ಯರು (2016-2020)
	ರೇವಾ ವಿಶ್ವವಿದ್ಯಾಲಯ ಬಿ.ಓ.ಇ
	ವಿ.ಹೆಚ್.ಡಿ. ಹೋಂ ಸೈನ್ಸ್ ಕಾಲೇಜು ಬಿ.ಓ.ಇ.
	ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಒಕ್ಕೂಟದ ಖಜಾಂಚಿ, ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾಲಯ ಬಿ.ಓ.ಎಸ್ ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾಲಯ ಬಿ.ಓ.ಎಸ್ ಬೆಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾಲಯ
Mahalakshmi K Department of Political Science	Member of Board of Examiner, BCU
	Member of Board of Studies, BCU Paper setter for I BA II Sem BCU Paper setter for Indian Constitution and Human Rights for I Sem BCom, BBA, BCU
Sheena V A Department of Psychology	BCU Syllabus review meeting at MES Degree College of Arts, Commerce and Science Bengaluru.3 on 7.9.2019
	Member of Board of Studies, BU
	Question paper setter for III BA V Semester Indian Academy Degree College, Bengaluru (Autonomous)
Gurudath M N Department of Management	Paper setter for II BBA -III Semester, Service Management for Jain College Paper setter for II BBA (Aviation) Course, III Semester, Marketing Management for Bengaluru Central University
Dr.Jyothi E Department of Bio-Technology	Member of Board of Examiner, Government Science College, Autonomous
	Member of Board of Examiner, MLA College For Women
	Member of Board of Examiner, Indian Academy Degree College
	Member of Board of Studies, Maharani Cluster University
	Member of Board of Examiner, Mount Carmel College
	Paper setter for V Sem Bio-Technology, Government Science College (Autonomous)
	Paper setter for I Sem Medical Laboratory Technology MLA College For Women

NAME	ACADEMIC WORK
	Paper setter for III Sem Bio-Technology, MLA College For Women
	Paper setter for IV Sem, M.Sc. Life Science Mount Carmel College for PG
Rajeshwari M Department of Commerce	Paper setter for III Sem, NMKRV College
Kavitha B V Department of Commerce	Member of Board of Examiner, BU 2019-20
	Paper setter for IV SEM B.Com (IAF) Mount Carmel College
	Paper setter for SSLC Board
Manjula H K Department of Management	Paper setter for Bengaluru City University - BBA(Aviation) course, III Semester, Retail Management 2019-2020, Member of Board of Examiner, Indian Academy Degree College
	Member of BOS for I Sem MBA in Business Analytics and Framed the syllabus for Human Resource analytics - Tumkur University
	External Examiner for IV Sem MBA Internship report- viva voce and evaluation of report at PES University (Deemed University) Bengaluru
Nagarathna V R Department of Mathematics	Paper setter for III B.Sc V Sem paper V Mathematics, Indian Academy degree College (Autonomous)
	Paper setter for III B.Sc VI Sem paper VII Mathematics, Indian Academy degree College (Autonomous)
	External Examiner for III B.Sc V Sem paper VI Mathematics Practical Exam at Indian Academy Degree College (Autonomous)
Sheelavathi R Department of Mathematics	External Examiner for III B.Sc paper V & VI Mathematics Practical Examination at Government Science College (Autonomous)
Harish K M Department of Chemistry	Paper setter for III B.Sc V Sem paper V Chemistry for Indian Academy Degree College (Autonomous)
Kavitha V Department of Sociology	Member of Board of Examiner, BCU
	Paper setter for I BA BCU
Chandrakala S Department of Botany	Member of Board of Examiner, BU
	Paper setter for III B.Sc V Sem paper V Botany

NAME	ACADEMIC WORK
Gayathri M P Department of Botany	Member of Board of Examiner, Government Science College
	Paper setter for II B.Sc III Sem Botany
Manjula S N Department of Physics	Member of Board of Examiner, MLA College For Women (Autonomous)
	External Examiner for III B.Sc Physics- paper V Practical Examination at National Degree College, Basavanagudi, Bengaluru (Autonomous)

XIV. INDUSTRIAL / INSTITUTIONAL VISITS

Department of Management	BBA Students visited UNIBIC Foods India Pvt Ltd & ISKON Akshaya Patra on 17.10.2019
Department of Botany	B.Sc2 Students visited Lalbagh Botanical Garden to study flora on 14.8.2019
	Two days visit to University of Trans-disciplinary Health Science & Technology(TDU) on 21.1.2020 and 22.1.2020 as part of Botany Add-on Course study
Department of Science	III B.Sc1, III B.Sc2 , I B.Sc2 and II B.Sc2 students visited Indian Institute of Science open day on 29.2.2020
Department of Psychology	BA students visited NIMHANS on 12.2.2020
	BA students visited KSDL on 9.3.2020

XV. STUDENTS ACHIEVEMENTS

NAME	CLASS	EVENT	HOSTING COLLEGE	OUTCOME
Misba Hai Noor	II B.Com2	Mehandi Competition on 20.9.2019	Sindhi College of Commerce, Kempapura, Hebbal	III Prize
Manasa M Kanwa	I BA	Essay Competition on 28.10.2019	Election Commission of India BCU : National Voters Day Competition	I Prize
Vinod Priya	I BA	Essay Competition on 28.10.2019	Election Commission of India BCU : National Voters Day Competition	II Prize

NAME	CLASS	EVENT	HOSTING COLLEGE	OUTCOME
Noor Ayesha Manasi Nayak B	III BA III B.Com	Essay Competition on 28.10.2019	Election Commission of India BCU: National Voters Day Competition	III Prize
Salma Banu	II B.Sc1	Essay Competition on 28.10.2019	Election Commission of India BCU: National Voters Day Competition	I Prize
Latha R	I BA	Essay Competition on 28.10.2019	Election Commission of India BCU: National Voters Day Competition	II Prize
Indu R	II BCA	Essay Competition on 28.10.2019	Election Commission of India BCU: National Voters Day Competition	III Prize
ಶೈಲಜಾ ಎಂ	ದ್ವಿತೀಯ ಬಿ.ಕಾಂ.	'ಸೃಜನಾತ್ಮಕ ಬರವಣಿಗೆ' 20.9.2019	ಸಿಂಧಿ ಕಾಲೇಜು, ಕೆಂಪಾಪುರ, ಹೆಬ್ಬಾಳ	ಪ್ರಥಮ ಬಹುಮಾನ
ಹರಿಣಿ ಆರ್ ಚಂದನ ಎ	ತೃತೀಯ ಬಿ.ಕಾಂ	'ಪಿಪಿಟಿ ಪ್ರದರ್ಶನ' 24.9.2019	ಜೈನ್ ಕಾಲೇಜು, ರಾಜರಾಜೇಶ್ವರಿನಗರ	ಪ್ರಥಮ ಬಹುಮಾನ
ಅನುಪಮಾ ಆರ್ ಪವಿತ್ರಾ ಎಲ್	ದ್ವಿತೀಯ ಬಿ.ಕಾಂ	'ರಸಪ್ರಶ್ನೆ' ಸ್ಪರ್ಧೆ 28.2.2020	ಶೇಷಾದ್ರಿಪುರಂ ಇನ್ಸ್ಟಿಟ್ಯೂಟ್ ಆಫ್ ಕಾಮರ್ಸ್ ಅಂಡ್ ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ಶೇಷಾದ್ರಿಪುರಂ	ಪ್ರಥಮ ಬಹುಮಾನ
ರಕ್ಷಾ ನಟರಾಜ್ ರಶ್ಮಿ ನಟರಾಜ್ ಪೂಜಾ ಶಾಲಿನಿ ಎಚ್ ಎಸ್ ಚಂದನ ಎ ಶಿಲ್ಪ ಎಂ	ದ್ವಿತೀಯ ಮತ್ತು ತೃತೀಯ ಬಿ.ಕಾಂ	ಕಾರ್ಯಕ್ರಮ ನಿರ್ವಹಣೆ ಸ್ಪರ್ಧೆ 28.2.2020	ಶೇಷಾದ್ರಿಪುರಂ ಇನ್ಸ್ಟಿಟ್ಯೂಟ್ ಆಫ್ ಕಾಮರ್ಸ್ ಅಂಡ್ ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ಶೇಷಾದ್ರಿಪುರಂ	ಪ್ರಥಮ ಬಹುಮಾನ
Sahana C Kavya G S Yogitha P R Chandana H R Sri Lakshmi Ranjitha M K Surabhi G Priyanka J Poornima R	III B.Com III B.Com III B.Sc II B.Com II B.Com II B.Com I B.Com I BA I BA	Selection for South Zone Tennis Ball Cricket Championship on 5.9.2019	Kanteerava Stadium	All students selected

NAME	CLASS	EVENT	HOSTING COLLEGE	OUTCOME
Manasa H	II BSc2	54th Bangalore science forum speaking contest for under graduate students conducted on 9.3.2020	Bangalore Science forum, National science college.	A Grade
Sahana C Kavya G S Yogitha P R Chandana H R Sri Lakshmi Rangitha M K Surabhi G Priyanka J Poornima R	III B.Com III B.Com III B.Sc ₁ II B.Com II B.Com II B.Com I B.Com I BA I BA	South Zone Tennis Ball Cricket Championship on 14.9.2019 & 15.9.2019	Ongole (Andra Pradesh)	III Place
Poornima R Shalini L Rashmi S Surabhi G Anupama R	I BA I B.Sc ₁ I B.Sc ₁ I B.Com II B.Com	Bengaluru Central University Kho Kho Selection on 24.9.2019	Central College Ground	1 Student Selected South Zone Inter University Kho Kho Championship (Andra Pradesh)
Sahana C Kavya G S Yogitha P R	III B.Com III B.Com III B.Sc ₁	Bangalore University Tug of War Selection on 24.9.2019 & 25.9.2019	Bangalore University Stadium	1 Student Selected South Zone Inter University Tug of War Championship (Odisha)
Tejaswini N Shwetha S Sahana M Chandana K Likitha P Shalini Harshitha	I B.Com I B.Com I B.Com I B.Com I B.Sc ₁ I B.Sc ₁ I B.Sc ₁	Bengaluru Central University, Inter College Volleyball Tournament And Inter University Selection on 30.9.2019 and 1.10.2019	Govt VHD Home Science College	Semi Final
Pooja S L	III B.Com	Bangalore University Chess Selection from 24.10.2019 to 26.10.2019	St.Joseph's College of Commerce	Selected South Zone Inter University Chess Championship (Andra Pradesh)

NAME	CLASS	EVENT	HOSTING COLLEGE	OUTCOME
Sahana C Kavya G S Yogitha P R Chandana H R Sri Lakshmi	III B.Com III B.Com III B.Sc ₁ II B.Com II B.Com	Inter- state- International Indo-Nepal Tennis Ball Cricket Championship	Pokhara, Nepal	III Place
Yogitha P R	III B.Sc1	Divisional Level Science Drama Competition (Best Script writing and Best Direction) on 12.2.2020	Karnataka Science and Technology Academy, Government of Karnataka GKV Campus	III Prize Cash award Rs.1500/- and III Prize Cash award Rs.1500/-
Navyasri J Kavya G Rashmi.S	III B.Sc ₁ II B.Sc ₁ I B.Sc ₁	International Chinthana Mathematics Examination In association with Chinthana Prakashana, Chitradurga	SJR College for Women	I Prize II Prize III Prize
Navyasri J	III B.Sc1	Division Level Mathematics Quiz Competition on 12.2.2019	Karnataka Science and Technology Academy Govt of Karnataka GKV Campus	III Prize Cash award Rs.1500/-
Shreya JayanthiJ Hemalatha R Roopa	I BBA I BBA I BBA I B.Com	Inter- college Fest Treasure -Hunt	Government R.C College	I Prize Cash award Rs.3000/- (Group event)
Mansi Nayak B	III B.Com	Presented paper on "Merging of Bank is bane to economy" on 27.9.2019	Vasavi Gnanapeeta First Grade College, Vijayanagar	I Prize
18 students	Degree students	Quiz Competition on 13.8.2019	Gandhi Adhyayana Kendra, Freedom Park	Cycles, Tab, Earphone & T- shirts
Sahana C Kavya G S Yogitha P R Chandana H R Sreelakshmi R Surabhi G	III B.Com III B.Com III B.Sc ₁ II B.Com II B.Com I B.Com	Ekarashtra Bharath Shreshta Bharath Integrational National Tug of War Championship from 3.3.2020 to 6.3.2020	Lucknow (U.P), Karnataka Amateur Tug-of war association	III Position

XVI. STAFF ACHIEVEMENTS/ RECOGNITIONS/AWARDS

NAME	DATE	DEPARTMENT	NAME OF THE AWARD	AWARDED BY
Dr. Paramma B Kuravatti	23.9.2019	Physical Education & Sports	Bangalore University Women's kabaddi selection committee member	Bangalore University
	14.10.2019 To 16.10.2019		BCU South Zone Inter University Hockey Media Committee member Championship	
Dr. Jyothi E	14.3.2019	Biotechnology	Life Time Member	Teaching And Educational Research Association (Tera), Eurasia Research
	14.3.2019		Life Time Member	Indian Society of Soil Biology And Ecology, Department of Entamology, UAS ,
	4.5.2019		Educational Research Membership	Indian Academicians And Research Association
	17.10.2019		Best poster	"A review of Antimicrobial activity of some transition metal complexes" at mLAC, Bengaluru.
Sheelavathi R	14.10.2019	Mathematics	Best paper	"Conformally Berwald Finsler space with generalized m - Kropina metric" and published the same in UGC index Journal. IJRAR with ISSN no.2349.5138, Eno2348.1269 National conference on "Computer Science, Electronics, Mathematics" organized by First Grade Degree College Seshadripuram, Yelahanka
Shobha Rani R	12.5.2019	Commerce	Dr. Rajkumar Sadbhavana Prashsathi	Athmashree Kannada Samskruthika Pratistana
	13.10.2019		Kannada Seva Rathna	Sangeetha Sangama Academy

XVII. TOPPERS OF THE BENGALURU CENTRAL UNIVERSITY EXAMINATION MAY/ JUNE 2019

COURSE	SEMESTER	NAME	SGPA
B.Com	II	Ranjitha M Kulkarni	9.53
BBA	II	Raksha Kumari B	8.57
BCA	II	Persiyal Selva Rani A	9.41
B.Sc(PCM)	II	Mahalakshmi S	9.19
B.Sc(PMCs)	II	Harshitha M	8.72
B.Sc(CBBt)	II	Manasa H	8.88
BA(HEP)	II	Yashaswini C S	8.47
BA(ESPsy)	II	Nisha Kumari Joshi	6.28
BA(OESPsy)	II	Bharthy S Nahar	8.41

XVIII. TOPPERS OF THE BANGALORE UNIVERSITY EXAMINATION MAY / JUNE 2019

COURSE	SEMESTER	NAME	SGPA
B.Com	IV	Geetha G	8.94
BBA	IV	Harshitha T R	9
BCA	IV	Radhika H N	9.13
B.Sc(PCM)	IV	Deepika B M	8.75
B.Sc(PMCs)	IV	Noor Afshan Anjum	9.38
B.Sc(CBBt)	IV	Divya M R	9.53
BA(HEP)	IV	Kavitha Kumari K	7.59
BA(ESPsy)	IV	Noor Ayesha T	8.59

XIX. TOPPERS OF THE BENGALURU CENTRAL UNIVERSITY EXAMINATION NOVEMBER / DECEMBER 2019

COURSE	SEMESTER	NAME	SGPA
B.Com	I	Kiran S	9.24
	III	Usha G P	9.24
BBA	I	Veena M	7.91
	III	Shalini P	8.21

COURSE	SEMESTER	NAME	SGPA
BCA	I	Sujitha R	8.75
	III	Persiyal Selva Rani A	8.91
B.Sc (PCM)	I	Likitha P	8.81
	III	Mahalakshmi S	9.31
B.Sc (PMCs)	I	Shalini L	7.78
	III	Harshitha M	9.09
B.Sc (CBBt)	I	Ranjitha H	8.53
	III	Manasa H	9
BA(HEP)	I	Manasa M Kanwa	8.84
	III	Yashaswini C S	8.28
BA (ESPsy)	III	Nisha Kumari Joshi	6.28
BA (OESPsy)	I	Reshma M	6.56
	III	Bharthy S Nahar	8.22

XX. TOPPERS OF THE BANGALORE UNIVERSITY EXAMINATION NOVEMBER / DECEMBER 2019

COURSE	SEMESTER	NAME	SGPA
B.Com	V	Sangeetha P	9.58
BBA	V	Harshitha T R	9
BCA	V	Shanmughakani S	9.13
B.Sc (PCM)	V	Deepika B M	8.8
B.Sc(PMCs)	V	Sneha G P	8.85
B.Sc(CBBt)	V	Vaishnavi A	9.6
BA(HEP)	V	Yashodha L	7.83
BA(OESPsy)	V	Noor Ayesha T	7.83

**XXI. CENTUM SCORERS IN BANGALORE UNIVERISTY / BENGALURU
CENTRAL UNIVERSITY EXAMINATION MAY / JUNE 2019**

NAME OF THE STUDENT	CLASS	SUBJECT	SEMESTER
Nandini K Sahana V	I B.Com	Advance Financial Accounting	II
Bhavyasoni D Chaithra C Gayathri S Mamatha K Nandini K Noor Ain fiza Usha G P Varsha Jain Chithra B Deepa S	I B.Com	Quantitative Analysis for BusinessDecision	II
Chethana N Pooja S L	II B.Com	Corporate Accounting	IV
Pramodini M Ranjitha S Sindhu R Chaithra N R	III B.Com	Management Accounting	VI
Chaithra N R Pooja k Velani	III B.Com	Business Taxation	VI
Shubha N S Shruthik M Shilpa S Navyashree B U Neha M D Pooja K Pooja K Velani Pooja S Gowda Poojashree K R Roopashree Shabreentaj Sheetal Shwetha Vaishali Sharma	III B.Com	Costing Methods	VI
Mahalakshmi S	I B.Sc1	Mathematics	II
Noor Afshan Anjum	II B.Sc1	Mathematics	IV
Noor Afshan Anjum	III B.Sc1	Mathematics	V - Paper-V
Likitha P	I B.Sc1	Mathematics	I
Ranjitha M Kulkarni	II B.Com	Kannada	III

XXII. CASH AWARDS GIVEN BY STAFF FOR MERITORIOUS STUDENTS

NAME OF THE STAFF	NAME OF THE STUDENT	SUBJECT	SEMESTER/YEAR
Nagarathna V R Sheelavathi R	Mahalakshmi S Noor Afshan Anjum Likitha P	Mathematics	II Sem-B.Sc1 IV & VI Sem- B.Sc1 I Sem-B.Sc1
Dr. Prema Siddaraju	Ranjitha M Kulkarni	Kannada	II B.Com1
Chandrakala Shivakumar Gayathri M P	Vaishnavi A	Botany	III B.Sc2
Shobha S	Divya M R	Chemistry	IV & V Sem - III B.Sc2
Dr.Vijayashree B Gudi	Noor Afshan Anjum	Hindi	IV Sem- II B.Sc1

XXIII. Add-on-Course

Course	Add-on –Course Name	Resource Person
III B.Sc (PMCs & PCM) Physics	Astronomy and Astrophysics	Dr. Sujatha S, Senior Scientist, M.P.Birla Institute of Fundamental Research, Bengaluru
B.Sc (CBBt) Botony	Medicinal Botany & Conservation	Dr.S Noorunnisa Begum and Dr.K Ravikumar, Centre of Conversation of National Resourse, University of Trans disciplinary Health Science & Technology
BCA	Python	IGSS
B.Com & BBA	TALLY ERP 9 Using GST	IGSS

XXIV. Scholarships and Financial Support

Name / Title of the Scheme	Number of Students	Amount in Rupees
1. SJRES Endowment and Kallenahalli Veeranna Trust	64	1,25,900
2. Shiksha Deep Foundation	10	50000
3. Zenith Foundation	1	14000
4. Sneha Foundation	1	30,000
5. Karepass-Scholarship Vidysiri	136	6,04,710
6. SC/ST Scholarship social welfare department	5	44,020
7. Abhaya (Fee Concession) Scholarship, SJRES	30	2,00,000
8. Taluk social Welfare Office	3	59340
9. Renuka Datti-Student Welfare Fund, SJRCW	13	12520
10. Alumni Association-Anubandha Fund	9	37000
11. Pragna Trust	1	6500
12. Lions Service foundation scholarship	14	70000
13. Arivu Scholarship	2	40,000
14. Daksha Shah Charitable trust	1	3000

FACULTY DEVELOPMENT PROGRAMME

CURRENT CHALLENGES OF MODERN METHODOLOGIES IN TEACHING

Sri. N K Sundaram

HR Consultant/Soft Skill Trainer

Content Developer-India and Overseas

Organized by IQAC-18.1.2020

One day Faculty Development programme on **"Current Challenges of Modern Methodologies in Teaching"** In association with Disciples India Management Consulting and Research Bengaluru was held at Prof. C.N Sharadamma Seminar Hall, SJRCW, on 18th of January 2020. The FDP aims to provide opportunities to faculty members to enrich their teaching skills, updating themselves with the new technology, challenges in teaching learning environment and to get an insight in the scholastic approach to enhance quality teaching. The programme also intends to develop the knowledge of participants in inculcating learning values in students, guiding and monitoring their progress.

The FDP was attended by 41 participants from faculty members of all the departments of SJRCW including the Principal.

INAUGURAL SESSION:

The esteemed personalities present on the inauguration of the programme:

- Sri.N.K.Sundaram (HR Consultant/Soft Skill Trainer/Content Developer-India and overseas)
- Sri. Shivprasad (Executive Director Disciples India).
- Sri N.R Nandish Hon. Secretary. SJRES
- Dr.Harshini C.S (Incharge-Principal SJRCW Rajajinagar).

Prof. Mahalakshmi, HOD of Humanities Department was the anchor for the day,



Assistant Prof. Jinapriya from Computer Science Department welcomed all the respected dignitaries and participants. Dr.Jyothi.E, HOD of Biotechnology Department introduced the Resource person N.K Sundaram. Sri. N.R Nandish, Hon. Secretary, SJRES highlighted regarding the effectiveness of FDP and appreciated for organizing the programme. Dr.Harshini C.S, Incharge-Principal emphasized the benefits of such kind of resourceful activity.

MORNING SESSION:

The session started with an interaction of Sundaram sir with the faculty members (The participants individual introduction and their expectation from the programme), followed by two activities where in the faculty members participated enthusiastically.

- Activity 1 -Know your colleagues.
- Activity 2- Group activity (on challenges faced by teachers in the classroom).

The following topics were covered in the morning session.

- Current challenges in teaching.
- Mock interviews.
- Five important P's for effective teaching (prior preparation prevents poor performance).

AFTERNOON SESSION:

In this session the participants were acquainted with the significance of 'ROLE MODEL' to aspire and influence the students for knowledge, attitude and skills for a fruitful life. The following points were discussed in the session:

- Teacher as a role model
- Modern methodology in teaching
- What are Life Skills and Why they are important for students
- Identifying, nurturing and developing talented students

VALEDICTORY SESSION:

The honorable personalities present for the occasion were Sri.N.K.Sundaram (HR Consultant/Soft Skill Trainer/Content Developer-India and overseas), Sri. Shivprasad (Executive Director Disciples India) and Dr.Harshini C.S (Incharge-Principal SJRCW Rajajinagar). The resource person Sri.N.K.Sundaram was felicitated by Dr.Harshini C.S (Incharge-Principal SJRCW Rajajinagar). The programme ended with a vote of thanks by Assistant Prof. Shobha Rani .R, HOD of Commerce Department.

CONCLUSION:

All the sessions were very much informative. This discussed area was of great benefit for the participants as the topics match with the current working domain. Participants were enlightened with the most widely and advanced teaching technologies. This in turn will help the participants for their overall development in the career i.e., performed growth.



GUEST LECTURE ABSTRACTS

ಅಭಿನಯ, ಭಾಷಣ ಮತ್ತು ನಿರೂಪಣಾ ಕಲೆ

ಜಿತುರೇಶ್

ಸಾಹಿತಿಗಳು, ನಾಟಕಕಾರರು, ರಂಗಭೂಮಿ ಕಲಾವಿದರು

ನಿರ್ದೇಶಕರು ಮತ್ತು ಉಪನ್ಯಾಸಕರು

ಕನ್ನಡ ವಿಭಾಗ- 20.8.2019, 23.9.2019 ಮತ್ತು 28.9.2019

ಮೊದಲನೆಯ ದಿನವಾದ ದಿನಾಂಕ: 20.8.2019 ರಂದು ಅಭಿನಯ ಕುರಿತು ಮಾಹಿತಿ ನೀಡಿದರು. ನಾಟಕದ ವಿಧಗಳಾದ ಪೌರಾಣಿಕ, ಐತಿಹಾಸಿಕ, ಸಾಮಾಜಿಕ ಮತ್ತು ಏಕವ್ಯಕ್ತಿ ನಾಟಕಗಳ ಕುರಿತು ಪರಿಚಯಿಸಿ, ಅಭಿನಯಿಸುವಾಗ ಸಂದರ್ಭಕ್ಕೆ ತಕ್ಕಂತೆ ಮುಖಭಾವವನ್ನು ಬದಲಿಸಿಕೊಳ್ಳುವುದು, ವೇದಿಕೆ(ರಂಗ)ಯನ್ನು ಹೇಗೆ ಬಳಸಿಕೊಳ್ಳಬೇಕು ರಂಗಭೂಮಿಯು ಹೇಗೆ 9 ವಿಧಗಳಾಗಿ ವಿಭಾಗಿಸಲ್ಪಡುವುದು ಎಂಬುದನ್ನೆಲ್ಲ, ಅಭಿನಯ ಸಮೇತ ತಿಳಿಸಿದ್ದಲ್ಲದೆ, ವಿದ್ಯಾರ್ಥಿನಿಯರಿಂದಲೂ ಸಹ ಆ ಕ್ಷಣದಲ್ಲಿಯೇ ಒಂದೊಂದು ಗುಂಪು ಮಾಡಿ ವಿಷಯಕೊಟ್ಟು ಅಭಿನಯಿಸಲು ಅವಕಾಶ ನೀಡಿದರು.

ಮನೋನೃಪ



ಎರಡನೇ ದಿನವಾದ ದಿನಾಂಕ:- 23.9.2019ರಂದು ನಿರೂಪಣೆ ಕುರಿತ ಕಾರ್ಯಾಗಾರ ನಡೆಯಿತು. ನಿರೂಪಣೆ ಎಂದರೇನು? ಏಕವ್ಯಕ್ತಿ ನಿರೂಪಣೆ ಮತ್ತು ದ್ವಿವ್ಯಕ್ತಿ ನಿರೂಪಣೆ ಬಗ್ಗೆ ಹೇಳುತ್ತಾ, ನಿರೂಪಣೆ ಮಾಡುವಾಗ ವ್ಯಕ್ತಿಯ ಭಾಷೆ ಪ್ರಮುಖವಾಗಿದ್ದು, ನಂತರ ಭಯವಿಲ್ಲದೆ ನಿರ್ಭಯವಾಗಿ ಸಂದರ್ಭಕ್ಕೆ ತಕ್ಕಂತೆ ಭಾಷೆಯನ್ನು ಬಳಸಿಕೊಳ್ಳಬೇಕಾದ ಅವಶ್ಯಕತೆಯನ್ನು ಆತ್ಮವಿಶ್ವಾಸದಿಂದ ನಡೆಸಬೇಕಾದ ಅಗತ್ಯತೆ ಕುರಿತು ಉದಾಹರಣೆ ಸಹಿತ ವಿವರಿಸಿದರು.

ಮೂರನೇ ದಿನದಲ್ಲಿ ಭಾಷಣ ಕಲೆ ಬಗ್ಗೆ ಶಿಬಿರ ನಡೆಯಿತು. ಭಾಷಣ ಮಾಡುವ ವ್ಯಕ್ತಿ ಹೇಗೆ ತನ್ನನ್ನು ತಾನು ವೇದಿಕೆಯಲ್ಲಿ ಪ್ರಸ್ತುತಪಡಿಸಿಕೊಳ್ಳಬೇಕು, ಯಾವ ವಿಚಾರ, ಹೇಗೆ ವ್ಯಕ್ತಪಡಿಸಿದರೆ ಅದು ಜನರ, ಕೇಳುಗರ ಮನ ಮುಟ್ಟುತ್ತದೆ ಎಂಬುದನ್ನು ವಿವರಿಸಿದರು. ಸಮಾರೋಪ ಸಮಾರಂಭದಲ್ಲಿ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ.ಹರ್ಷಿಣಿ ಸಿ.ಎಸ್. ಉಪಸ್ಥಿತರಿದ್ದರು. ಈ ಮೂರು ದಿನಗಳ ಕಾರ್ಯಾಗಾರದಿಂದ 30 ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಹೆಚ್ಚಿನ ಅನುಕೂಲಗಳಾದವು ಎಂಬುದರಲ್ಲಿ ಸಂಶಯವಿಲ್ಲ.



ಗಾಂಧಿ ಚಿಂತನೆಗಳು

ಡಾ. ನಟರಾಜ್ ತಲಘಟ್ಟಪುರ

ಸಹ ಪ್ರಾಧ್ಯಾಪಕರು

ಬಿ.ಎನ್.ಎಂ ಪದವಿ ಕಾಲೇಜು

ಗಾಂಧೀ ಅಧ್ಯಯನ ಕೇಂದ್ರ- 3.10.2019

ಗಾಂಧಿಜಿಯವರ ಬದುಕು ಮತ್ತು ಹೋರಾಟಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಹಲವು ಮಹತ್ವದ ವಿಚಾರಗಳನ್ನು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ತಿಳಿಸಿಕೊಟ್ಟರು. ಮುಂದುವರೆದಂತೆ ಮಹಾತ್ಮ ಗಾಂಧಿಜಿಯವರ ವಿಚಾರಗಳು, ಚಿಂತನೆಗಳು, ಆದರ್ಶಗಳನ್ನು ಇಂದಿನ ಯುವ ತಲೆಮಾರು ಪಾಲಿಸಬೇಕು ಎಂದು ಕರೆಕೊಟ್ಟರು. ಸ್ವಾತಂತ್ರ್ಯ, ಸಮಾನತೆ, ಗ್ರಾಮ ಸ್ವರಾಜ್ಯ, ಅಹಿಂಸೆ ಹಾಗೂ ವಿಕೇಂದ್ರೀಕರಣ ಪರಿಕಲ್ಪನೆಗಳನ್ನು ವಿವರಿಸುತ್ತಾ, ಇವು ಮಹಾತ್ಮ ಗಾಂಧಿಜಿಯವರ ಕನಸುಗಳಾಗಿದ್ದವು. ಆದರೆ ಇಂದು ಅವರ ಈ ಕನಸುಗಳು ನನಸಾಗದೆ ನಮ್ಮ ಪ್ರಜಾಪ್ರಭುತ್ವ ವ್ಯವಸ್ಥೆ ಹದಗೆಟ್ಟು ಹೋಗಿದೆ ಎಂದು ಹೇಳಿದರು. ಅದ್ಧೂರಿತನ, ಆಡಂಬರದ ಜೀವನಕ್ಕೆ ಬೆನ್ನು ಮಾಡಿದ ಮಹಾತ್ಮರು ಸರಳತೆಯಿಂದ ಬದುಕಿ ಇಡೀ ಜಗತ್ತಿಗೇ ಮಾದರಿಯಾದರು. ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದ ಸಂದರ್ಭದಲ್ಲಿ ಅವರು ನಡೆಸಿದ ಚಳುವಳಿಗಳು ಅತ್ಯಂತ ಮಹತ್ತರವಾದ ಚಿಂತನೆಗಳಿಂದ ಕೂಡಿದ್ದ, ದೇಶದ ಅಭಿವೃದ್ಧಿ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಅತ್ಯಂತ ದೂರದೃಷ್ಟಿ ಹೊಂದಿದ್ದವಾಗಿದ್ದವು. ಅವುಗಳಲ್ಲಿ ಅಸಹಕಾರ ಚಳುವಳಿ, ಭಾರತ ಬಿಟ್ಟು ತೊಲಗಿ ಚಳುವಳಿ ಹಾಗೂ ದಂಡಿ ಉಪ್ಪಿನ ಸತ್ಯಾಗ್ರಹ ಇಡೀ ಜಗತ್ತಿನಲ್ಲೇ ಹೋರಾಟದ ಮೈಲಿಗಲ್ಲುಗಳಾಗಿವೆ. ದುರಂತವೆಂದರೆ ಗಾಂಧಿಜಿಯವರು ಬಯಸಿದ್ದ ಸ್ವಾತಂತ್ರ್ಯ ನಮಗೆ ಇಂದಿಗೂ ಸಿಗಲೇ ಇಲ್ಲ ಇಂದಿನ ಯುವ ತಲೆಮಾರು ಗಾಂಧಿಜಿಯವರ ಚಿಂತನೆಗಳನ್ನು ಸ್ವೀಕರಿಸಬೇಕಾದ ಅವಶ್ಯಕತೆ ಇದೆ ಎಂದು ಹಲವು ಕಿವಿಮಾತುಗಳನ್ನಾಡಿದರು.



ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಹರ್ಷಿಣಿ ಸಿ.ಎಸ್.ರವರು ವೇದಿಕೆ ಮೇಲೆ ಉಪಸ್ಥಿತರಿದ್ದರು. ವಿದ್ಯಾರ್ಥಿನಿಯರು, ಬೋಧಕ ಹಾಗೂ ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಿ ಉಪನ್ಯಾಸದ ಸದುಪಯೋಗ ಪಡೆದುಕೊಂಡರು.



AWARENESS PROGRAM ON CHARTERED ACCOUNTANCY COURSE

Mr Alok Chakrabarti,
Operational Head JK SHAH Classes
Organized by The Department of Commerce - 13.1.2020

The Resource person emphasised on importance of Chartered Accountants requirement in the country. He informed about career opportunities available for CA's . He said a qualified CA has a option of joining an attractive job in the public sector, private sector or the government department. A CA can also join financial institution or even have there own consultancy and practice. Whether it's a salaried job or private job or private/ consultancy, CAs are handsomely paid for their services.

He further said regarding the role of Chartered Accountancy in various fields like Accountancy, Auditing, Taxation, Finance, Consultancy etc



All in all he concluded by saying , how CA degree combines theoretical and practical guidance needed to make few of the best and remunerating careers.



CONSTRUCTION OF CONVEX POLYHEDRA MODELS

Dr. R Sumithra
PG Coordinator & Research Head
Department of UG, PG Studies & Research in Mathematics
Govt. Science College Autonomous
Organized by The Department of Mathematics-28.1.2020

Polyhedra or Polyhedrons is a solid in 3 dimensions with flat polygonal faces (a minimum of 4 faces), straight edges and sharp corners or vertices. Vertices are zero dimensional, Edges are one-dimensional and faces are two-dimensional.

They can be classified as Convex and Non convex polyhedrons. A convex polyhedral are the ones whose surface does not intersect itself or the line segment joining any two points of the polyhedron is contained in the



interior or on the surface. The Polyhedrons, which are not convex, are called Non-Convex polyhedra. Also they can be classified as Regular or Non Regular Polyhedra. Regular polyhedra are Isohedral (same faces), Isogonal (equal corners) and Isotoxal (equal sides) and non-regular polyhedra are those which are not regular.

Leonhard Euler in the year 1750, discovered polyhedron formula

$$V + F = E + X,$$

Where V is the number of vertices, F the number of faces, E is the number of edges and X is called the Euler's Characteristic. For convex polyhedra, X is 2 and for Non convex

polyhedra, X may be 0, 1 or -1. For polyhedra with holes, $X = 2 - 2A$, where A is the number of holes.

The study of polyhedrons have applications in Animation, Computer Graphics, Networking, Designing of Automobiles, Tile industry, Topological spaces (Manifolds), Architecture and also in Chemistry (Lattices), etc., Polyhedrons are in nature, to name a few, silicon is the form of tetrahedrons and aluminium, copper, iron occurs in the form of dodecahedrons, fullerene (carbon 60) is truncated icosahedron, HIV virus is icosahedron and so on.



ORIENTATION ON CIVIL SERVICE EXAM

Dr. Hemachandra P N

Professor, PG Department- Geography
Maharani College Mysore

SDP Organized by Social Science Forum-29.1.2020

The program was organised on 29-1-2020 in our College Auditorium in association with Hosabelaku IAS COACHING CENTRE. The program was presided by Dr. K.B.Vedamurthy-Academic Director, C.Nataraj treasurer SJRES and Dr.Harshini C.S incharge principal.

Personality Development Expert Dr. Hemachandra P N was the speaker of the day. He spoke on the significance of IAS Exams with motivational quotes and inspirational stories of various IAS Officers coming from different backgrounds.

At the post lunch session Mr. Shiv Kumar RC KAS Officer, Treasury Government department and founder of Hosabelaku stressed on sincerity dedication and discipline among the aspirants. He discussed in detail about the syllabus (General studies) and various optional subjects can be opted.

200 Students participated in the



program. About 60 students from different Colleges like Aurobindo., Mount Carmel, St Francis, GFGC, SJR Main College, CIMS College, KTSV, Smt Nalini Shivshankar College, St Francis De Sales Engineering College and Students from our own College participated.

At the valedictory our Secretary N.R.Nandish spoke a few motivational words.



WOMEN'S RIGHTS AND RESPONSIBILITIES

Mrs. Shivarathna S

Police Inspector

Special Investigation Team

Karnataka Lokayukta

**Organized by Human Rights,
Anti-ragging and Sexual-Harassment Forum-5.2.2020**

Women's rights and responsibilities include both legislative part and the current issues around the world. Being aware and creating awareness about women's rights makes the women confident. Some of the common problems which women face in their daily life are gender inequality, sexual harassment, violence, adverse working conditions and dowry harassment.

Women should have some basic knowledge about their rights so that they would not only be able to protect themselves but also they can spread awareness among others:

- ✓ In the case of any sexual harassment case, the identity of that woman should not be revealed to the media,
- ✓ Women cannot be arrested after sunset and before sunrise according to penal procedure code,
- ✓ Women can also send in their complaints through e-mail, Tweeter, WhatsApp, etc.
- ✓ Women can also file Zero-FIR complaint in any police station (legal right),
- ✓ In Armed Forces also similar women rights exist.
- ✓ In the workplace, both in public and private sector, there should be an internal committee where the majority



members should be women to inquire sexual harassment cases. The committee shall complete its findings within a time-limit of 90 days.

In India, the contribution of women in our country's development is very high and Government is also providing 33% reservations in certain electoral bodies like Panchayats.

Today the social media is also creating awareness about the Suraksha-App wherein the police will reach in 3-5 minutes to the women who are in danger.

The participation of women should be stronger so that they can fight for their rights. As nearly half of India population is women, there is also a responsibility on the women to bring about social change, to greatly eliminate cases of discrimination. Mrs. Shivarathna S. is an alumna of SJRCW 2002 Batch. Recently she also passed her KAS exam.

ARTIFICIAL INTELLIGENCE

Venumadhava G

Technical Lead

EMC²

SDP Organized by The Computer Science

Department - 15.2.2020

AI is a booming technology which enables machines to mimic human behaviour. The overall lecture consists of Data driven AI, Machine Learning, Deep Learning, and Reinforcement Learning.

- Machine Learning: It combines data with statistical tools to predict an output in other words machines do the action like predicting by statistical pattern present in data.
- Deep Learning: It is a part of the AI where prediction processes over many hidden layers to make right prediction.
- Reinforcement Learning: It shows a linear relationship between a dependent(y) and one or more independent(x) variables.



- Other AI trends: consists of Data science, IOT, Graphics hardware, Big data, videogames etc
- State of AI: It includes games, visual recognition, communication hospitals etc.

The last part of guest lecture includes AI real time example and clustering, anomaly detection etc.



INTERNET OF THINGS

Dr.Bharathi

Professor

Dr.Ambedkar Institute of Technology

SDP Organized by The Computer Science Department- 15.2.2020

We are entering in a new era of computing technology i.e. Internet of Things (IoT). IoT is a sort of "Universal Global Neural Network" in the cloud, which connects various things. The IoT is intelligently connected devices and systems, which comprised of smart machines interacting and communicating with other machines, environments, objects and infrastructures and the Radio Frequency Identification (RFID) and sensor network technologies, will rise to meet this new



challenge. As a result, enormous amount of data is being generated, stored, and that data is being processed into useful actions that can “command and control” the things to make our lives much easier and safer—and to reduce impact on the environment. Every organization and civil institutions needs up-to-date information about people. In this regard, most establishments either use websites, emails or notice boards. However, in most of countries internet access is available to people on systems and their mobile devices, so that the transferring of the information can be much easier and less costly.

Internet of Things (IoT) term represents a general concept for the ability of network devices to sense and collect data from around the world, and then share that data across the Internet where it can be processed and utilized for various interesting purposes. The IoT is comprised of smart machines interacting and communicating with other machines, objects, environments and infrastructures. Now a day’s everyone is connected with each other using lots of communication way that is internet. The essential idea of the Internet of Things (IoT) has been around for nearly two decades and has attracted many researchers and industries because of its great estimated impact in improving our daily lives and society. When things like household

appliances are connected to a network, they can work together in cooperation to provide the ideal service as a whole, not as a collection of independently working devices. This is useful for many of the real-world applications and services, and one would for example apply it to build a smart residence; windows can be closed automatically when the air conditioner is turned on, or can be opened for oxygen when the gas oven is turned on. The idea of IoT is especially valuable for persons with disabilities, as it can support human activities at larger scale and also the devices can mutually cooperate to act as a total system. Communication capability and remote manual control lead to the next step ... how do I automate things and, based on my settings and with sophisticated cloud-based processing, make things happen without human intervention? That’s the ultimate goal of IoT applications and, for those applications to connect with and leverage the Internet to achieve this goal, they must first become “smart” (incorporate an MCU/ embedded processor with an associated unique ID), then connected and finally controlled. Those capabilities can enable a new class of services that makes life easier.



COMMERCIAL MICROGREENS AND ITS NUTRITIONAL VALUES

Mrs. Prema Kaushik MSc, EMBA
Founder & CEO

BioInnoventure Accelerator

SDP Organized by The Department of BioTechnology-17.2.2020

The one day SDP started with the Registration of participants followed by welcome of distinguished guests, resource person, Hon. Secretary, academic chairman, faculty members and participants from other colleges. Around 55 students had participated

from the neighboring colleges. The SDP was inaugurated by our beloved principal Dr.Harshini.C.S. Guest introduction was done by Dr.Jyothi.E, HOD Biotechnology. Presidential address was delivered by our Hon. Secretary. N.R Nandish, SJRES,

Dr.Vedamurthy.K.B, Academic chairman, SJRES, addressed the gathering.

Prof.K.N.Godamani, Academic council member, Bengaluru Central University one of the Resource person for the day gave the insights of micro greens and its importance. The official function was concluded by vote of thanks followed by short tea break.

Technical session I

The session started by a power point presentation

Highlights

- STEM to Enterprise Education Program.
- Student Empowerment
- Accelerating Entrepreneurship Everywhere!
- Urban micro farming of commercial micro greens

Micro greens are tender tiny robust plants full of flavor and nutrition. Micro Leaves are delicious and ideal for salads, main dishes, soups, as well as for garnishing. The intense flavor and vivid color add dynamism to any dish. In addition to their high nutritional values, they are considered “functional foods” which are known to have disease-preventing properties and health improving properties as well.

1. our production methods are organic, environment friendly, connecting with your community, enjoying quality time, getting healthier, and building a business you can be proud of, this is an untapped market with tons of potential for consistent, recurring revenue.
2. You can grow micro greens year-round indoors like clockwork, without having to manage the weather or many other variables
3. Micro greens return a higher profit per area compared to all other locally grown produce and vegetables



4. By growing them, you will eat them too! It's inevitable and your health will thank you!
5. You will expand your circle of friends and help support a community.
6. The startup costs are fairly minimal. You can utilize your customer base to launch a full-scale produce farm at any time, total time investment of about 20-30 minutes per tray, its fun work! Plus, it's easy to scale up the business

Followed by activity based learning

Learning/thinking/writing/creativity.



1. Look at the words and phrases in the word cloud.

2. Try to write some sentences using the words and phrases.

3. Are there any words/phrases you don't know the meaning of?

4. Possible sentences:

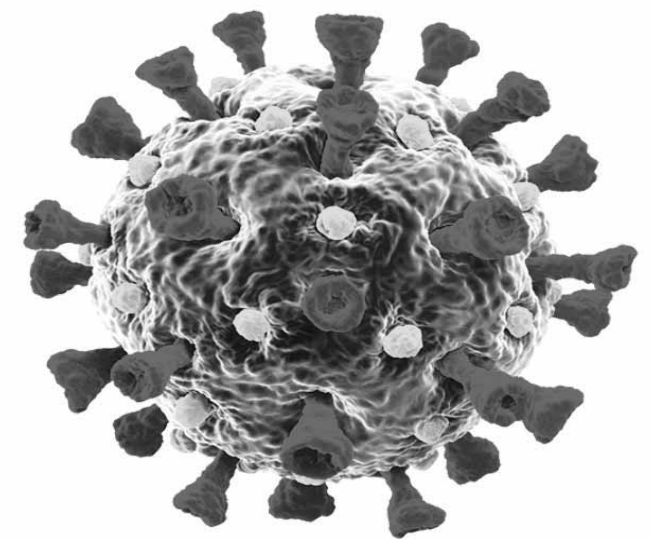
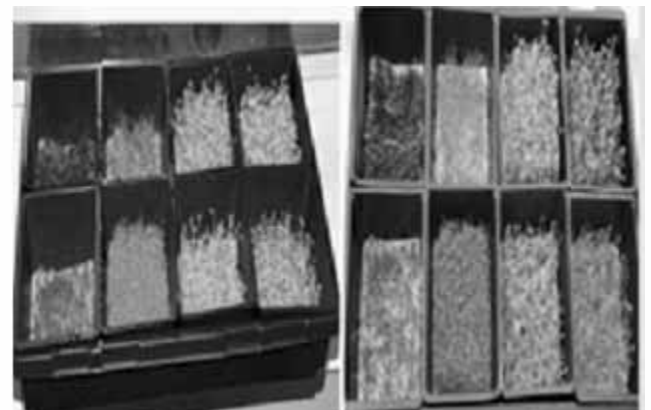
1.	
2.	
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6.	
7.	
8.	
9.	
10.	

5. Words/phrases I don't know

1.	
2.	
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10.	

Practical session—hands-on training by Mrs. Prema Kaushik, Prof K N Godamani, Prof.Somashekar and Prof. Indrani

What are Microgreens? Young, tender greens used to enhance color, texture or flavor of salads or to garnish main dishes. Harvested at cotyledon or 1st true leaf stage; used with stem and leaves attached.



Grow Your Own Micro greens workshop

Our endeavor is to connect urbanites of all ages to nature and organics.

What are Micro greens? "Micro greens are a young vegetable green with basic parts a central stem, cotyledon leaf or leaves, typically the first pair of very young true leaves." They

have harvested anywhere from a week to two weeks after germination.

Commonly Grown Micro greens: pea, sunflower, corn, arugula, radish, mustards, Broccoli, cilantro, basil, mint, red cabbage, broccoli, spinach, beet (red), amaranth, celery, carrot, lettuce, Flax, chia.

Why are micro greens in demand? Micro greens are best eaten fresh and used as a garnish. They add a fresh crunch of flavor. These mighty greens can strengthen your health while also benefiting the world around us.

Better for You: grow delicious gourmet style micro greens in a variety of flavors and colors in urban settings, in small balconies, terraces, even without having open spaces True beauty of these super foods are quick harvesting time, high nutrient density, easy management, Nutrient density, Less transit time, No pesticides, Light on the budget

Better for the Planet: Less waste, Less pesticides, totally organic

As Packed Nutrients: Phyto nutrients, Antioxidants, Vitamins, Minerals, Enzymes, Fibers and Essential Fatty Acids. micro greens are "considered a functional food, Super food that promotes health or prevents disease."

As Food: Micro greens can be used in smoothies, salads, sandwiches, soups and also as jewelry on your favorite dishes

Health and wellness: Provides healthy diet meals every day. Densely packed with an array of vitamins and minerals, our micro greens can serve as veg salads for diet, healthy foods to lose weight, glowing skin, help protect vision, fight against cancer, diabetes, revitalize tissue, calm inflammation, activate enzymes and detoxify the body.

Environmental impact of growing microgreens?

The world's population is growing, while Earth's resources are diminishing. Growing micro greens as a source of essential vitamins and minerals is good for the environment.

For example, growing broccoli micro greens is about 90% faster than growing broccoli to maturity and in the process, much less water is required. [In addition, growing] micro greens does not require the use of fertilizers and pesticides, and the area of their cultivation is limited.

Micro greens Business scenario

Growing micro greens can be a lucrative business model, if planned and executed properly. It's not a secret anymore that popularity of micro greens is growing exponentially. As the demand is growing for micro greens, the supply is still not that well versed with the demand. That's the main cause of pretty high rates of micro greens, at this point of time.

Is growing micro greens a viable business model? The overall success of business depends on many factors like location, your gardening skills, selling skills, But if we just look at the basic economics of the business, then is it viable from that view point?

For deciding the viability of the business, there are two main factors we need to look at – Profitability and Sustainable over a long period of time

What are the total costs of growing microgreens

Starting a microgreens business requires very minimal investment and time

Fixed Costs; Tray –20, lighting, racks

Variable Costs; Seeds, Growing mats, packaging

Significant factors to keep in mind that can make or break your microgreens business

The Anatomy of Micro greens Business

There are two main parts of this business, and to be successful you need to be an ace in both these parts.

Growing

Selling

Growing Micro greens – Does it require special skills? Growing micro greens is not that difficult, and you don't require any special skills to start growing. It's actually very simple. You just need to invest a small amount of time to ensure that you are growing the right micro greens at the right place.

Activity based learning II



Activity: In this activity, you will write down in detail what your business will do. Make sure you include who the clientele will be in addition to any services you will provide. Also, list any business goals you have for your company.

Company Description	
What your business will do?	
Who will be your clientele?	
What kind of services you will provide?	
List your business goals	

After the technical session II, oral feed back as well as feed back on forms was taken from the participants. The programme ended by valedictory. We from Department of Biotechnology whole heartedly thank the Principal and the management for their support.



21st CENTURY SOFT SKILLS

Roopa G S

Co-Anchor

R R Campus, PES University

Organized by The Department of English- 25.2. 2020

"It is not the strongest or more intelligent who will survive but those who can best manage change" - Charles Darwin, Scientist

As we are in 21st Century the most basic of all human needs is the need to understand and be understood. We truly believe that Soft Skills are at the core of any successful career and we're more passionate than ever about the power that Soft Skills hold. Soft Skills are personality traits and behaviours. Unlike

ಮನೋವೈಜ್ಞಾನ



technical or hard skills, Soft Skills are not about the knowledge you possess but rather the behaviours you display in different situations. The present Guest Lecture on **21st CENTURY SOFT SKILLS** focuses on Effective Communication Skills, Time Management, Team work, Adaptability,

Critical Thinking, Conflict Resolution, Social skills, Flexibility, Leadership, Problem Solving, Creativity, Research, Integrity, Work ethics, etc., To conclude Soft Skills enhances individual's performance during and after the course.



NATIONAL SCIENCE DAY-2020

Panel Discussion on "WOMEN IN SCIENCE"



Dr. Sarbari Bhattacharya

Assistant Professor

Department of Physics BU

Dr. Jyotsana Dixit

Post-Doctoral Researcher

Centre for Ecological Sciences, IISc

Ms. Rajani K S

Alumni, SJRCW & State Secretary,

Breakthrough Science Society

Organized by Scientia- 28.2.2020

Initiating the discussion, Dr. Sarbari Bhattacharya commented that pursuit of science is an activity that should appeal to any rational mind. The Intelligence, rationality & logical thinking are not gender based. She highlighted the need for special importance for Women in science, because even today women are underrepresented in science & bright women are not continuing in science, which is a great loss for the Nation.

She remembered Raja ram Mohan Roy who fought against Sathi, Eshwar Chandra Vidyasagar who fought for widow remarriage, Jyothi Rao Pule who set up the first girls school in India during 1848. **Criticism is the backbone of the scientific method**, in this regard she gave the case study of two Women scientists namely, the Indian Molecular Biologist-Maharani Chakravarthi & Theoretical Physicist-Smruthi Rao & the challenges they faced in their scientific carrier and also the restricting

& suffocating mind set of the society. She pointed out that on campus accommodation, flexible working hours, paternity leave apart from maternity leave are few support structures which help women to be immersed & ambitious in their carrier.

Dr. Jyotsana Dixit talked about the importance of scientific outlook in any observation & insisted the students to develop scientific temperament. She explained the contributions of Madam Marie Curie in the field of science. She highlighted that, today science & technology is progressing at a fast pace. The developments are affecting the lives of people so it is required to understand & harness the scientific knowledge.

Taking the discussion further, Ms. Rajani KS, the Alumna of SJRCW was happy to state that her journey to the field of science started from SJRCW & recalled the exhibition on

“Life & Scientific contributions of Madam Curie” that was held during her college days. She spoke on the Pioneers of Science namely, Acharya Sir Prafulla Chandra Ray who is the father of chemical science in India & established Indian first Pharmaceutical company apart from being actively involved in Freedom movement & JC Bose, an Indian scientist who made significant contributions to many areas of science and well known for work on the wireless transmission of information using microwaves. She suggested the students to read “Biography of Marie Curie

by Eve Curie” & “Lilavati’s Daughters” a collection of biographical essays on women scientists of India.

During the interaction with the students panelists urged that optimal growth of science & technology of any country requires equal participation from both men & women. There is a need to promote awareness & formulate policy to encourage participation of women in upgrading their knowledge, skills & also to empower them to pursue their career.



ADD-ON COURSES

I. ASTRONOMY AND ASTROPHYSICS

Dr. S. Sujatha

Senior Scientist

M P Birla Institute of Fundamental Research

Conducted by The Department of Physics

The course commenced with an objective to inculcate Scientific awareness on the subject Astronomy and Astrophysics among the students. The lecture and Practical Sessions were conducted both at the College campus and MPBIFR premises from 13.01.2020 to 28.01.2020. For the better understanding of the concepts Photometric and Spectroscopic analysis of Astronomical data was done through VIREO (VIRtual Educational Observatory) activities & Stellarium software. Most of the lecture sessions were delivered through Audio visuals. Skygazing session was arranged using both reflecting & refracting telescopes on 24.01.2020 at M.P. Birla Institute of Fundamental Research. Projection view of sun to look for the Sun spots was made through Newtonian telescope. During night skywatch students were able to identify the some of



the Constellations, stars, planet venus & also few satellites which are also one of the brightest objects in the night sky. Quiz, Crossword Puzzle, MCQ test and Seminars were conducted as a part of Student evaluation.

Date	Time & Duration	Topics Covered
13.1.2020	1:00 to 3:00 p.m. 2hrs	Introduction to Astronomy, types of Objects in Solar system, stars, nebulae and galaxies
14.1.2020	1:00 to 3:00 p.m. 2hrs	Sun and Solar system, components of Solar system-planets, Minor planets, meteors, comets, salient features of each planet of Solar system
16.1.2020	1:00 to 3:00 p.m. 2hrs	Properties of Stars, distance scales, apparent and absolute magnitudes, Spectral classification of stars, luminosity classification
17.1.2020	1:00 to 3:00 p.m. 2hrs	Special lecture on comets by Prof. Margarita Safonova, Indian Institute of Astrophysics: observation and analysis of comets data. HR diagram description and plotting
18.1.2020	1:00 to 7:00 p.m. 6hrs Lecture & Practical sessions held at MPBIFR	Telescopes-types of telescopes reflectors and refractors, types of reflectors-Newtonian and Cassegrain. Mounts of telescopes, adaptive optics . Retrograde motion of Mars description and activity. Viewing of terrestrial objects through telescope. Constellations-circumpolar, Seasonal Zodiac constellations, co-ordinate systems. Introduction to Stellarium Software
20.1.2020	1:00 to 3:00 p.m. 2hrs	Star clusters, open clusters-properties globular clusters, clusters as tracers of galactic structure. Structure of Milky way. Crossword puzzle on General Astronomy and sun and Solar System
21.1.2020	1:00 to 3:00 p.m. 2hrs	Distance estimation to pleiades cluster explanation and estimation of distance by graphical method
22.1.2020	1:00 to 3:00 p.m. 2hrs	Explanation of VIREO software for HR-diagram of star cluster, estimation of distance and age using VIREO
23.1.2020	1:00 to 3:00 p.m. 2hrs	Stellar evolution of low mass stars, high mass stars, neutron stars and black holes
24.1.2020	1:00 to 7:00 p.m. 6hrs Lecture & Practical sessions held at MPBIFR	Projection view of sun through Newtonian telescope. Cosmic Distance Scales-cephied variables and Hubble constant. Space Astronomy Distance to M100 using Cepheid variables. Exposure to Night Sky
28.1.2020	1:00 to 3:00 p.m. 2hrs	Quiz and Student presentation

II. MEDICINAL BOTANY AND CONSERVATION



Dr. S Noorunnisa Begum

Associate Professor

Centre for Conservation of Natural Resources

The University of TransDisciplinary

Health Sciences and Technology(TDU)

Conducted by The Department of Botany

Sl. No.	Date	Resource Person	Abstract of Lecture
1.	14.1. 2020	Dr. S. Noorunnisa Begum, Associate Professor, Centre for Conservation of Natural Resources, TDU	Introduction to the Course, with focus on Medicinal Plants and Conservation
2.	16.1.2020	Dr. S Noorunnisa Begum, Associate Professor, Centre for Conservation of Natural Resources, TDU	Lecture on Medicinal plants diversity in the country. Formation of Groups and allotment of assignment topic
3.	17.1.2020	a) Dr. S Noorunnisa Begum, Associate Professor, Centre for Conservation of Natural Resources, TDU b) Dr. Abdul Kareem, Head, Centre for Conservation of Natural Resources, TDU	Overview of traded Medicinal plants and the threats faced by traded Medicinal plants Community participation in conservation, “People’s Biodiversity Registers”(PBR), National Biodiversity Authority(NBA)
4.	20.1.2020	a) Dr. Jagannath Rao, Scientist, TDU b) Dr. S Noorunnisa Begum,TDU c) Mr. Mutthaiah, Savandurga. Resource person for medicinal plants.	Medicinal Plants in Primary Health Care Traditional Ecological Knowledge about some plants from Savandurga
5.	21.1.2020	Institutional and Field Visit to TDU 49 B.Sc.2 Students and 2 Staff Members	Introductory Session about TDU

		1. Chandrakala Shiva Kumar 2. Gayathri M P Day 1: Dr. S Noorunnisa Begum, TDU	
		Session I: Dr. K Hima Bindu, Principal Scientist, ICAR-IIHR, Floriculture and Medicinal Crops	Cultivation of Medicinal Crops: Conservation, Harvesting, Global demand for Medicinal Plants, Good agricultural Practices
		Session II: Sri. Hari Ram Murthy, FRLHT Consultant, TDU	Community participation in Community Health and Conservation: Local plants and their uses, field visit to Rashi vana, Good practices
		Session III: Mr. Arun, Research Scholar, TDU	Identification and description of Medicinal Plants Field visit in the campus, to study medicinal plants
6.	22.1.2020	Day II 46 Students and 2 Staff Members Session IV: Ms. Deepa, TDU	Sustainable Harvesting and adaptive management of wild medicinal plant resources
		Session V: Dr. G Ravikanth, Associate Professor, ATree, Bengaluru	Molecular Taxonomy and Bar code of Life
		Session VI: Dr. K Sauravi, IIHR and TDU	IPR and Patents in Biotechnology
		Session VII: Dr. Shringesh, Curator, GKVK, Bengaluru	Vegetation of Karnataka and Conservation of endangered and endemic species
		Session VIII: Dr. Lavanya and Dr. Pavithra Narendran Centre for Functional Genomics and Bioinformatics, TDU	Lab Session: DNA isolation and Next Generation Sequencing Technologies

		Session IX: Dr. S Noorunnisa Begum, TDU	Lab Session: Identification and description of Medicinal Plants Herbarium Techniques and Repository visit
7.	7.2.2020	Dr. S Noorunnisa Begum, TDU	Herbal Preparations, General methods of phyto-chemical and biological screening-extraction, Maceration, decoction
8.	18.2.2020	Dr. S Noorunnisa Begum, TDU	Student assignment, ppt presentation - evaluation

III. PYTHON PROGRAMMING

Krishna D K

IGSS Academy sister concern of
Indian Global Software Solutions

Organized by the Department of Computer Science

Association is framed in order to build the skills of the students by providing hands on training to meet the requirement of the industry as well for their higher education.

35 Final year **BCA** students were trained to get experience on the industry demanding language **Python, MySQL, Workbench, Web Framework Flask** and many other associated tools for the duration of 40 hours.

The training was conducted from **27.12.19 to 7.1.2020**. To enhance their confidence and skills in learning and execution of the programs, in addition to this the workbooks, lab facilities were provided and the discussion classes were conducted.

Each student was assigned a project to gain knowledge on **Planning, Analysis, Design, Implementation and Maintenance** concepts over their project. In order to get the experience of the industry requirements, the training was provided from the IT industry



experts which helps the students to get jobs in their fields and helps the students in their higher education.

I thank the Management, Head of Department, Department of Computer Science Staff & Students for making this program successful by taking up active participation throughout the program.

IV. TALLY

Krishna D K

IGSS Academy sister concern of
Indian Global Software Solutions

Organized by the Department of Commerce

The association is framed to conduct / build the skills of the students in order to get a suitable job in companies, as accounts, tax consultant or as an entrepreneur to provide services in the field of accounts and taxation. Keeping this as an objective, the syllabus is framed, to enhance the skill of the students. The training was conducted for the final year BCOM students from "Oct 2019 to 7th March 2020" by providing workbook, lab facilities and hands on experience in

1. Implementation
2. End user and
3. Reporting by using the reputed accounting package Tally.ERP9

The training was provided by the industry experts from Tally Associated Partners. Students were helped to build their resumes with latest skills update on implementation, end user and reporting with respect to the job description (JD) required by the industry, like day to day accounts responsibilities, cash



book, bank book, accounts payable (AP), accounts receivable (AR), GST and to preparing financial reports. Which helps to take proper decisions in financial and other managerial activities. Finally, we are proud to announce that we have completed the training in association with IGSS for the benefit of our students. We the staff of department of commerce thank the Management, Principal and the staff of the IGSS to make this program a grand successful.



YOUTH RED CROSS

In the year 2019-2020, 48 Students from various streams of Undergraduate course have enrolled as volunteers in Youth Red Cross Committee. Committee aims to enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of youth. To create awareness on Roles and Responsibilities of YRC Volunteers, Orientation Program was held

on 23-08-2019. Poornima Jogi, NSS implementation Officer, Government of Karnataka, addressed and motivated YRC Volunteers to contribute towards the Nation development. On 20-09-2019, YRC members gave Power Point Presentation on brief history of Youth Red Cross movement, Aims, Principles, Geneva Convention, Services YRC pledge etc. On 30-08-2019 and 31-08-2019,

Hemavathi.R, YRC Program Officer attended Orientation workshop conducted by Bengaluru Central University at Central college. National Voluntary Blood Donation Day was observed on October 1st, 2019 at SJR College for Women in association with Lions Club International, Bengaluru. 200 students took part in Awareness Rally on Blood donation from Rama Mandira Grounds to SJR College for Women. Blood Donation Camp was inaugurated by Honourable Education Minister Suresh Kumar, Government of Karnataka. Staff and students contributed 32 units of blood on that day. "World Food Day" was observed by Youth Red Cross Committee on 18-10-2019. Food was donated to underprivileged children at Maanav Charity, Rajajinagar, Bengaluru. "Poster making Competition" was held on the same day to create awareness on importance of Balanced Diet and Nutritional Food.

Essay Competition on the topic "Women Safety" was held on 07-02-2020 for YRC Student Volunteers. Free Health Check Up for Staff in association with "Medwell Diagnostic and Health Care – Bengaluru was conducted on 10-02-2020. Free health check up included Blood test, Blood sugar test, BP, body fat and BMI test. Around 53 staff members of our college made use of this opportunity. On 14-02-2020, students took

part in "Shrama Daana". YRC Volunteers were on cleanliness drive inspired with "Swachh Bharath" initiative and picked dry waste around college campus. Collage Competition on the topic "Road Safety" was held on 28.02.2020 for YRC Student Volunteers. One Day Training Program for YRC Student Office Bearers conducted at Central College by Bengaluru Central University on 22-02-2020. Vice President – Renuka H, II B.Com 1, Secretary – Pruthvi H M, II B.Com 2 and Treasurer – Reshma S, II B.com 2 attended this program. For holistic development of YRC Volunteers, Indian Red Cross Society, Bengaluru organizes Weekend Workshops on various topics. YRC Student Volunteers attended Weekly Workshop, conducted at INRCS, Bengaluru on 7-02-2020, 14-02-2020 and 06-03-2020. Resource persons from different walks of life will address the students and prepare them for unforeseen situations.

Youth Red Cross Committee through its programs plays an important role in channelling and guiding the young energy in the cause of humanitarian action and service to mankind. Volunteers strive towards understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfil the same.



ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರ

ಪ್ರತಿ ವರ್ಷದಂತೆ ಈ ಸಾಲಿನಲ್ಲೂ ಹಲವಾರು ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿತ್ತು. ದಿನಾಂಕ 3-8-2019 ರಂದು ಬೆಂಗಳೂರಿನ ಸ್ವತಂತ್ರ ಉದ್ಯಾನವನದಲ್ಲಿ ಇಂಡಿಯನ್ ಯೂತ್ ಕಾಂಗ್ರೆಸ್, ಮಹಾತ್ಮ ಗಾಂಧಿಜಿ 150 ನೇ ವರ್ಷಾಚರಣೆಯ ಸ್ಮರಣಾರ್ಥವಾಗಿ ಬೃಹತ್ ಮಟ್ಟದ ರಸಪ್ರಶ್ನೆ ಸ್ಪರ್ಧೆಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ನಮ್ಮ ಕಾಲೇಜಿನ 18 ವಿದ್ಯಾರ್ಥಿನಿಯರು ಸ್ಪರ್ಧೆಯಲ್ಲಿ ವಿಜೇತರಾಗಿ ಸೈಕಲ್, ಟ್ಯಾಬ್ ಹಾಗೂ ಇನ್ನಿತರೆ ಆಕರ್ಷಕ ಬಹುಮಾನಗಳನ್ನು ಪಡೆದಿರುತ್ತಾರೆ. ಕಾಲೇಜಿನಿಂದ ಒಟ್ಟು 450 ವಿದ್ಯಾರ್ಥಿನಿಯರು ಭಾಗವಹಿಸಿ ಪ್ರಮಾಣಪತ್ರಗಳನ್ನು ಪಡೆದುಕೊಂಡಿರುತ್ತಾರೆ.

ಕರ್ನಾಟಕ ಗಾಂಧಿ ಸ್ಮಾರಕ ನಿಧಿ, ಬೆಂಗಳೂರು ಮತ್ತು ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರ, ಜಲಗಾಂವ್ ಇವರ

ಮನೋನೃಪ

ಸಂಯುಕ್ತಾಶ್ರಯದಲ್ಲಿ ನಮ್ಮ ಕಾಲೇಜಿನ ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರದಡಿಯಲ್ಲಿ ದಿನಾಂಕ 31-1-2019 ರಂದು 'ಗಾಂಧಿ ಸಂಸ್ಕಾರ ಪರೀಕ್ಷೆ'ಯನ್ನು ನಡೆಸಲಾಯಿತು. ಈ ಪರೀಕ್ಷೆಯಲ್ಲಿ ತೃತೀಯ ಬಿ.ಕಾನ ಹರಿಣಿ. ಎನ್ ಚಿನ್ನದ ಪದಕ ಹಾಗೂ ದ್ವಿತೀಯ ಬಿ.ಕಾನ ರಂಜಿತ. ಎಂ ಕುಲಕರ್ಣಿ ಬೆಳ್ಳಿ ಪದಕ ಪಡೆದಿರುತ್ತಾರೆ.

ಅಕ್ಟೋಬರ್ 2 'ಗಾಂಧಿ ಜಯಂತಿ'ಯ ಪ್ರಯುಕ್ತ ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರದಿಂದ ಗಾಂಧಿ ಚಿಂತನೆಗಳು, ವಸ್ತುಪ್ರದರ್ಶನ ಮತ್ತು ಹಿರಿಯರಿಗೆ ಸನ್ಮಾನ ಕಾರ್ಯಕ್ರಮ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿತ್ತು. ನಾಟಕಕಾರರು, ಪ್ರಾಧ್ಯಾಪಕರೂ ಆದ ಡಾ. ನಟರಾಜ್ ತಲಘಟ್ಟಪುರವರು 'ಗಾಂಧಿ ಚಿಂತನೆಗಳ' ಕುರಿತಾಗಿ ಉಪನ್ಯಾಸ

ನೀಡಿದರು. ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಹರ್ಷಿಣಿ ಸಿ.ಎಸ್ ಅವರು ಉಪಸ್ಥಿತಿಯಿದ್ದರು.

ನಮ್ಮ ಕಾಲೇಜಿನ ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರ ಹಾಗೂ ಎನ್.ಎಸ್.ಯು.ಐ ಸಹಯೋಗದೊಂದಿಗೆ “ಗಾಂಧಿ-150” ಸಾಕ್ಷ್ಯಚಿತ್ರ- ಪ್ರದರ್ಶನ ಮತ್ತು ರಸಪ್ರಶ್ನೆ ಕಾರ್ಯಕ್ರಮವನ್ನು ದಿನಾಂಕ 7-11-2019 ರಂದು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿತ್ತು. ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಎನ್.ಎಸ್.ಯು.ಐನ ರಾಜ್ಯಾಧ್ಯಕ್ಷರಾದ ಶ್ರೀ ಮಂಜುನಾಥಗೌಡ ಎಚ್.ಎಸ್ ಹಾಗೂ ಕಾರ್ಯದರ್ಶಿ ಸುರಭಿ ದ್ವಿವೇದಿ ಆಗಮಿಸಿದ್ದರು. ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಹರ್ಷಿಣಿ ಸಿ.ಎಸ್ ಹಾಗೂ ಕಲ್ಪನಾರವರು ಉಪಸ್ಥಿತರಿದ್ದರು.

ಕರ್ನಾಟಕ ಗಾಂಧಿ ಸ್ಮಾರಕ ನಿಧಿ, ಬೆಂಗಳೂರು. ಕಸ್ತೂರ ಬಾ ನ್ಯಾಷನಲ್ ಮೆಮೋರಿಯಲ್ ಟ್ರಸ್ಟ್, ಉನ್ನತ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಎನ್.ಎಸ್.ಎಸ್ ಹಾಗೂ ಯುವ ಸಬಲೀಕರಣ ಇಲಾಖೆ, ಕರ್ನಾಟಕ ಸರ್ಕಾರ ಇವರುಗಳ ಸಂಯುಕ್ತಾಶ್ರಯದಲ್ಲಿ ನಡೆದ ಬಾ-ಬಾಪು 150 ಜನ್ಮದಿನೋತ್ಸವದ ಸ್ಮರಣಾರ್ಥವಾಗಿ ದಿನಾಂಕ

19 ರಿಂದ 25 ರವರೆಗೆ ಫೆಬ್ರವರಿಯಲ್ಲಿ ‘ನ್ಯಾಷನಲ್ ಲೆವೆಲ್ ಯೂತ್ ಮೋಟಿವೇಶನ್ ಕ್ಯಾಂಪ್ ಆಯೋಜಿಸಿತ್ತು. ಇದರಲ್ಲಿ ನಮ್ಮ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿನಿಯರಾದ ಹರ್ಷಿತಾ. ಬಿ, ಶಿಲ್ಪ ಎಂ, ರಿಂಕು ವೈಷ್ಣವ್ ಹಾಗೂ ಅನುಶ್ರೀ .ಎನ್, ಪ್ರಾಚಿ ಭಾವೇಶ್ ಮೆಹ್ತಾ ಭಾಗವಹಿಸಿ ಪ್ರಮಾಣಪತ್ರ ಪಡೆದುಕೊಂಡಿರುತ್ತಾರೆ.

ಮಹಾತ್ಮ ಗಾಂಧಿಜಿ ಹುತಾತ್ಮರಾದ ದಿನವನ್ನು ಜನವರಿ 30-1-2020 ರಂದು ನಮ್ಮ ಕಾಲೇಜಿನಲ್ಲಿ ‘ಸರ್ವೋದಯ ದಿನ’ವನ್ನಾಗಿ ಆಚರಿಸಲಾಯಿತು. ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿ ಮುಖಂಡರು ಗಾಂಧಿಜಿಯವರ ಆದರ್ಶ, ಮೌಲ್ಯ ಹಾಗೂ ಸರಳತೆಗಳನ್ನು ಹಾಗೂ ಅವರ ಕನಸುಗಳನ್ನು ತಮ್ಮ ಮಾತುಗಳ ಮೂಲಕ ತರಗತಿಗಳಿಗೆ ಹೋಗಿ ವಿದ್ಯಾರ್ಥಿನಿಯರಲ್ಲಿ ಅರಿವನ್ನು ಮೂಡಿಸುವ ಕಾರ್ಯವನ್ನು ಮಾಡಿದರು. ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಹರ್ಷಿಣಿ, ಸಂಚಾಲಕರಾದ ಡಾ. ಪ್ರೇಮ ಹಾಗೂ ಸದಸ್ಯರು ಉಪಸ್ಥಿತರಿದ್ದರು.



ಎನ್.ಎಸ್.ಎಸ್. ಶಿಬಿರ - ನನ್ನ ಅನುಭವ

- ಹರಿಣಿ ಆರ್. ದ್ವಿತೀಯ ಬಿ.ಕಾಂ.

ಮೊದಲಿಗೆ ನನಗೆ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯ ಸ್ವಯಂ ಸೇವಕಿ ಎಂದು ಹೇಳಿಕೊಳ್ಳಲು ಮುಖ್ಯ ಹಾಗೂ ಹೆಮ್ಮೆ ಎನಿಸುತ್ತದೆ. ನಾನು ಕಳೆದ ಮೂರು ವರ್ಷಗಳಿಂದ ಎನ್.ಎಸ್.ಎಸ್.ನ ವಿಶೇಷ ಶಿಬಿರವನ್ನು ಶ್ರೀ ವನಕಲ್ಲು ಸುಕ್ಷೇತ್ರ, ಹೆಗ್ಗಂದ ಅಂಚೆ, ದಾಬಸ್ ಪೇಟೆ ಹೋಬಳಿ, ನೆಲಮಂಗಲ ತಾಲ್ಲೂಕು, ಬೆಂಗಳೂರು ಗ್ರಾಮಾಂತರ ಜಿಲ್ಲೆಯಲ್ಲಿ ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಇದು ನನ್ನ ಎರಡನೇ ವರ್ಷದ ಶಿಬಿರವಾದರೂ ಹಲವಾರು ಹೊಸ ವಿಷಯಗಳನ್ನು ಕಲಿತಿದ್ದೇನೆ. ಅಲ್ಲಿದ್ದ ಏಳು ದಿನಗಳಲ್ಲಿ ಪ್ರತಿ ದಿನವು ಒಂದೊಂದು ಹೊಸ ಕೆಲಸದ ಅನುಭವವಾಗಿದೆ. ನಾವೆಲ್ಲರೂ ಸೇರಿ ಗಿಡಗಳಿಗೆ ನೀರು ಹಾಕಿದೆವು. ಗೋಶಾಲೆಯನ್ನು ಹಾಗೂ ಮಠದ ಸುತಮುತ್ತಲಿನ ಸ್ಥಳವನ್ನು ಸ್ವಚ್ಛ ಮಾಡುತ್ತಿದ್ದೆವು. ಪ್ರತಿನಿತ್ಯವೂ ಮುಂಜಾನೆ ನಾಲ್ಕು ಗಂಟೆಗೆ ಎದ್ದು ಎಲ್ಲಾ ಕೆಲಸಗಳಲ್ಲಿಯೂ ಚಟುವಟಿಕೆಗಳಿಂದ ನನ್ನನ್ನು ನಾನು ತೊಡಗಿಸಿಕೊಳ್ಳುತ್ತಿದ್ದೆ. ಪ್ರತಿದಿನವೂ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಆಗಮಿಸುತ್ತಿದ್ದ ಅತಿಥಿಗಳು ನಮ್ಮೆಲ್ಲರಿಗೂ ಉಪಯೋಗ ವಾಗುವಂತಹ ಪತ್ರಿಕೋದ್ಯಮ, ಕವಿ ಮತ್ತು ಕಾವ್ಯದ ಮಹತ್ವ ಹಿಂದೂ ಧರ್ಮ ಮತ್ತು ಜೀವನ ಕೌಶಲ್ಯ ಹೀಗೆ ಅನೇಕ ವಿಷಯಗಳನ್ನು ಕುರಿತು ನಮ್ಮೆಲ್ಲರಿಗೂ ಅರಿವು ಮೂಡಿಸುತ್ತಿದ್ದರು. ಇಷ್ಟೇ ಅಲ್ಲದೇ ಶಿಸ್ತು, ಸಂಯಮ, ಸಮಯ ಪಾಲನೆ ಹಾಗೂ ಎಲ್ಲರೊಂದಿಗೆ ಹೊಂದಿಕೊಳ್ಳುವ ಗುಣವನ್ನು ಕಲಿತೆನು. ಮಠದ ಸ್ವಾಮೀಜಿಯವರು ಸಹ ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಳ್ಳ

ಬಹುದಾದಂತಹ ಅನೇಕ ಮೌಲ್ಯಯುತ ವಿಚಾರಗಳನ್ನು ನಮಗೆ ತಿಳಿಸಿಕೊಡುತ್ತಿದ್ದರು. ಮಠದಲ್ಲಿ ಕೇವಲ ಮಕ್ಕಳಷ್ಟೇ ಅಲ್ಲದೇ ವಯಸ್ಸಾದ ವೃದ್ಧರೂ ಸಹ ಇದ್ದರು. ವೃದ್ಧರು ತಮಗೆ ತಿಳಿದ ಎಷ್ಟೋ ವಿಷಯಗಳನ್ನು ನಮ್ಮೊಂದಿಗೆ ಹಂಚಿಕೊಳ್ಳುತ್ತಿದ್ದರು. ಎಲ್ಲರೂ ಜೊತೆಗೆ ಕೂತು ಪ್ರಾರ್ಥನೆಯೊಂದಿಗೆ ಭೋಜನವನ್ನು ಸ್ವೀಕರಿಸುತ್ತಿದ್ದೆವು. ವನಕಲ್ಲು ಕ್ಷೇತ್ರಕ್ಕೆ ಹತ್ತಿರವಿದ್ದ ಹೆಗ್ಗಂದ ಬೆಟ್ಟಕ್ಕೆ ಚಾರಣವನ್ನು ಆಯೋಜಿಸಿದ್ದರು. ಚಾರಣವು ಒಂದು ಅದ್ಭುತ ಅನುಭವವಾಗಿತ್ತು. ನಮ್ಮ ಜೊತೆ ಶಿಬಿರಕ್ಕೆ ಬಂದಿದ್ದ ಅಧ್ಯಾಪಕರು ನಮಗೆ ಬೇಕಾದ ಸಹಾಯವನ್ನು ಮಾಡುತ್ತಿದ್ದರು. ನಮ್ಮೆಲ್ಲರನ್ನೂ ಜಾಗರೂಕತೆಯಿಂದ ನೋಡಿಕೊಳ್ಳುತ್ತಿದ್ದರು.

ಯಾರ ಮೇಲೂ ಅವಲಂಬಿತವಾಗದೆ ನಮ್ಮ ಕೆಲಸಗಳನ್ನು ನಾವೇ ಮಾಡಿಕೊಳ್ಳುವುದನ್ನು ಕಲಿತೆವು. ಎಲ್ಲರೂ ಒಟ್ಟಿಗೆ ಸೇರಿ ದೇಸಿ ಆಟಗಳನ್ನು ಆಡುತ್ತಿದ್ದೆವು. ಅಡುಗೆ ಮಾಡುವುದನ್ನು ಸಹ ಕಲಿತೆವು.

ಹೀಗೆ ನನ್ನ ಏಳು ದಿನಗಳ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯ ವಿಶೇಷ ಶಿಬಿರವು ಮರೆಯಲಾರದ ಒಂದು ಸಿಹಿಯಾದ ಅನುಭವವಾಗಿತ್ತು. ಎನ್.ಎಸ್.ಎಸ್ ಸ್ವಯಂ ಸೇವಕಿಯಾಗಿ ಜೀವನದ ಹಲವಾರು ಪಾಠಗಳನ್ನು ಕಲಿತಿದ್ದೇನೆ.



ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ವರದಿ

ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯು ಒಂದು ಕೇಂದ್ರ ಸರ್ಕಾರದ ಪ್ರಾಯೋಜಿತ ಜನಸೇವಾ ಕಾರ್ಯಕ್ರಮವಾಗಿದೆ. ಈ ಕಾರ್ಯಕ್ರಮದ ಮೂಲಕ ಕಾಲೇಜು ವಿದ್ಯಾರ್ಥಿಗಳು ಸರ್ಕಾರಿ ಪ್ರಾಯೋಜಿತ ಸಮುದಾಯ ಸೇವಾ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಭಾಗವಹಿಸಲು ಒಂದು ಸುವರ್ಣಾವಕಾಶ ಕಲ್ಪಿಸಿಕೊಡುತ್ತದೆ. ಇದರ ಮುಖ್ಯ ಉದ್ದೇಶವೇನೆಂದರೆ ಯುವ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸಮಾಜ ಸೇವೆಯ ಒಂದು ಅನುಭವವನ್ನು ಕಲ್ಪಿಸಿಕೊಡುವುದು, ಇದರ ಜೊತೆಗೆ ಸಾಮಾಜಿಕ ನಾಯಕತ್ವ, ಉತ್ತಮ ಆಡಳಿತಗಾರ, ಹಾಗೂ ಮಾನವತ್ವ ಮುಂತಾದ ಗುಣಗಳನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳುವುದರಲ್ಲಿ ಸಹಾಯಗುತ್ತದೆ. ಎಲ್ಲಾ ಯುವ ಸ್ವಯಂ ಸೇವಕರು ಎನ್.ಎಸ್.ಎಸ್ ಬ್ಯಾಡ್ಜ್‌ಅನ್ನು ಹೆಮ್ಮೆಯಿಂದ ತೊಟ್ಟು ಸಾಮಾಜಿಕ ಬದ್ಧತೆಯನ್ನು ಮೆರೆವರು. ಎನ್.ಎಸ್.ಎಸ್‌ನ ಗುರಿ ಎಂದರೆ “ನನಗಲ್ಲ ನಿಮಗೆ” ಎಂದಾಗಿದೆ.

ನಮ್ಮ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಶ್ರೀಮತಿ.ಪೂರ್ಣಿಮಾ ಜೋಗಿ, ರಾಜ್ಯ ಎನ್.ಎಸ್.ಎಸ್ ಅನುಷ್ಠಾನಾಧಿಕಾರಿಯವರನ್ನು ಕರೆಸಿ ಒಂದು ‘ಅಭಿಶಿಕ್ಷಣ’ (Orientation) ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಿ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಉತ್ತೇಜಿಸುವ ಮೂಲಕ ಪ್ರಾರಂಭಿಸಿದೆವು. ಎಲ್ಲಾ ಸ್ವಯಂ ಸೇವಕರು ಶ್ರೀ ಸದ್ಗುರು ಜಗ್ಗಿಯವರ “ಕಾವೇರಿ ಕೂಗು” ಚಳುವಳಿಯಲ್ಲಿ ಭಾಗವಹಿಸಿ ಬೆಂಬಲಿಸಿದರು. AIMSS ಅವರು ಆಯೋಜಿಸಿದ ಮಹಿಳೆ ಹಾಗೂ ಮಕ್ಕಳ ವಿರುದ್ಧದ ಜಾಗೃತಿಗಾಗಿ ನಡೆದ ರ್ಯಾಲಿಯಲ್ಲಿ ಭಾಗವಹಿಸಿದರು. ಲಯನ್ಸ್ ಕ್ಲಬ್ ಪ್ರಾಯೋಜಿತ ರಕ್ತದಾನದ ಮಹತ್ವವನ್ನು ತಿಳಿಸುವ ರ್ಯಾಲಿಯಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದರು. ಬಳಿಕ ಕಾಲೇಜಿನಲ್ಲಿ ನಡೆದ ರಕ್ತದಾನ ಶಿಬಿರದಲ್ಲಿ ಭಾಗವಹಿಸಿದರು.

ಸ್ವಾತಂತ್ರ್ಯ ಉದ್ಘಾಟನೆಯಲ್ಲಿ ಮಹಾತ್ಮಗಾಂಧಿಯವರ 150ನೇ ಹುಟ್ಟುಹಬ್ಬದ ಅಂಗವಾಗಿ ನಡೆದ ರಸಪ್ರಶ್ನೆ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಿದರು ಹಾಗೂ ಅನೇಕ ಬಹುಮಾನಗಳನ್ನು ಗಳಿಸಿದರು. ಆಗಸ್ಟ್ 20ರಂದು ‘ಸದ್ಭಾವನ ದಿನ’ವನ್ನು ಸರಳವಾಗಿ ಆಚರಿಸಿ, ಸ್ವಯಂಸೇವಕರಿಗೆ ಸದ್ಭಾವನ ಪ್ರತಿಜ್ಞೆಯನ್ನು ಭೋದಿಸಲಾಯಿತು.

ಪ್ಲಾಸ್ಟಿಕ್ ಬಳಕೆಯ ನಿಷೇಧದ ಬಗ್ಗೆ ಜನರಲ್ಲಿ ಜಾಗೃತಿ ಮೂಡಿಸಲು, ಕಾಲೇಜಿನ ಸುತ್ತಮುತ್ತಲಿನ ಅಂಗಡಿ ಹಾಗೂ ಫುಟ್‌ಪಾತ್ ವ್ಯಾಪಾರಿಗಳಲ್ಲಿ ಅರಿವು ಮೂಡಿಸಲು ಪೋಸ್ಟರ್ ಹಾಗೂ ಕಾಗದದ ಕವರ್‌ಗಳನ್ನು ಹಂಚಲಾಯಿತು. ಕಾಲೇಜಿನ ಸುತ್ತಮುತ್ತಲಿನ ಪ್ರದೇಶ, ಪಾರ್ಕ್ ಹಾಗೂ ಕಾಲೇಜಿನ ಕ್ಯಾಂಪಸ್‌ಅನ್ನು ಪ್ಲಾಸ್ಟಿಕ್ ಹಾಗೂ ಕಸಮುಕ್ತ ಗೊಳಿಸಿದರು. ಕ್ಯಾನ್ಸರ್ ರೋಗದ ಜಾಗೃತಿಗಾಗಿ

ಯೋನೆಪೊಯ ಡೀವ್ಡ್ ಯೂನಿವರ್ಸಿಟಿಯ ಸಹಯೋಗದೊಂದಿಗೆ ಒಂದು ಕಿರುಚಿತ್ರವನ್ನು ತೋರಿಸಿ ವಿವಿಧ ಕ್ಯಾನ್ಸರ್ ಹಾಗೂ ಅದರ ತಪಾಸಣೆಗೆ ಇರುವ ಸರ್ಕಾರಿ ಯೋಜನೆಗಳನ್ನು ತಿಳಿಸಲಾಯಿತು.

“ಯುವ ಜನತೆಗಾಗಿ ವಿಜ್ಞಾನ ಹಾಗೂ ವೈಜ್ಞಾನಿಕ ಮನೋಭಾವ”, “ವರದಕ್ಷಿಣೆ ಒಂದು ಸಾಮಾಜಿಕ ಪಿಡುಗು” ಹಾಗೂ “ವೊಬ್ಬೇ ಬಳಕೆಯ ಪರ ಮತ್ತು ವಿರೋಧ” ಎಂಬ ಶೀರ್ಷಿಕೆಗಳಡಿಯಲ್ಲಿ ಚರ್ಚಾಸ್ಪರ್ಧೆಯಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದರು.

ಶ್ರೀ ವನಕಲ್ಲು ಮಲ್ಲೇಶ್ವರ ಸುಕ್ಷೇತ್ರ ಮಠದಲ್ಲಿ ಏಳು ದಿನಗಳ ಕಾಲ ನಡೆದ ವಿಶೇಷ ಎನ್.ಎಸ್.ಎಸ್ ಶಿಬಿರದಲ್ಲಿ ಸಕ್ರಿಯವಾಗಿ ಭಾಗವಹಿಸಿದರು. ಪ್ರತಿದಿನ ಶಿಸ್ತಿನೊಂದಿಗೆ ಬೇಗ ಎದ್ದು ಪ್ರಾತಃವಿಧಿಗಳನ್ನು ಮುಗಿಸಿ, ಧ್ವಜಾರೋಹಣ ಮಾಡಿ ನಂತರ ವ್ಯಾಯಾಮ ಮಾಡಿ, ತಿಂಡಿ ತಿಂದು ಶ್ರಮದಾನದಲ್ಲಿ ತೊಡಗಿ, ನಂತರ ಊಟ, ಕಾಫಿ ಪ್ರತಿದಿನ ಮಧ್ಯಾಹ್ನದ ಉಪನ್ಯಾಸ ಹಾಗೂ ಸಂಜೆ ಧ್ವಜಾರೋಹಣ ಮಾಡಿ, ಸಂಜೆಯ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮದ ನಂತರ ಊಟಮಾಡಿ ವಿಶ್ರಮಿಸುತ್ತಿದ್ದರು. ಶ್ರೀ ಪರಮಪೂಜ್ಯ ಬಸವರಮಾನಂದ ಸ್ವಾಮೀಜಿಯವರ ಆಶೀರ್ವಾದ ಹಾಗೂ ನೇತೃತ್ವದೊಂದಿಗೆ ಗೋಶಾಲೆಯ ಒಳ ಹಾಗೂ ಹೊರಗೆ ಸ್ವಚ್ಛತೆ, ಜಾತ್ರೆಗಾಗಿ ನೇಮಿಸಿದ್ದ ಭೂಮಿ ಮತ್ತು ಸ್ಟೋರ್ ರೂಂನ ಸ್ವಚ್ಛತೆ, ತೆಂಗಿನ ತೋಟದ ಸಸಿಗಳಿಗೆ ನೀರುಣಿಸುವುದು, ಮಠದ ಸುತ್ತಲಿನ ಸ್ಥಳಗಳಲ್ಲಿ ಶ್ರಮದಾನ ಮಾಡಿದರು. ಮಠದ ಬಳಿಯಿರುವ ಸರ್ಕಾರಿ ಶಾಲೆಯಲ್ಲಿ ನಮ್ಮ ಕೆಲವು ವಿದ್ಯಾರ್ಥಿನಿಯರು ಪ್ರತಿನಿತ್ಯ ತರಗತಿಗಳನ್ನು ನಡೆಸುವ ಮೂಲಕ ಅಲ್ಲಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮಾರ್ಗದರ್ಶಕರಾದರು. ವೃದ್ಧಾಶ್ರಮದ ವಯೋವೃದ್ಧರ ಸಮೀಕ್ಷೆ ನಡೆಸಲಾಯಿತು. ಈ ಬಾರಿಯ ವಿಶೇಷವೆಂದರೆ ಪ್ರತಿನಿತ್ಯದ ಅಡುಗೆಯನ್ನು ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿನಿಯರೇ ರುಚಿಕರವಾಗಿ ಮಾಡಿ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರರಾದರು. ನಂತರ ಕ್ಯಾಂಪ್ ಫೈರ್ ಮಾಡಿ ಸಂತೋಷಪಟ್ಟರು. ಕೊನೆಯದಾಗಿ ರಾಮದೇವರ ಬೆಟ್ಟಕ್ಕೆ ಟೆಕ್ನಿಂಗ್ ಹೋಗಿ ಸಾಹಸ ಪ್ರವೃತ್ತಿ ಮೆರೆದರು. ಸ್ವಾಮೀಜಿಯವರು ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಕುರಿತು ಮಾತನಾಡಿ, ಏಕಾಗ್ರತೆಗಾಗಿ ಅವರಿಗೆ ಐದು ಮಾತೃಗಳು ಅಂದರೆ ಮಂತ್ರವನ್ನು ತಿಳಿಸಿ, ಪತ್ರಿಕೋದ್ಯಮದ ಸಾಧಕ ಬಾಧಕಗಳ ಬಗ್ಗೆ ಮಾತನಾಡಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ದಾರಿದೀಪವಾದರು. ಒಟ್ಟಾರೆಯಾಗಿ ನಾಯಕತ್ವ, ಸ್ವಚ್ಛತೆಯ ಮಹತ್ವ, ಸಾಮಾಜಿಕ ಕಳಕಳಿ, ಒಟ್ಟಾಗಿ ಜೀವಿಸುವ ಮಹತ್ವ ಸಾಹಸ ಪ್ರವೃತ್ತಿ, ಮನರಂಜನೆ ಮುಂತಾದ ಗುಣಗಳನ್ನು ಕಲಿತರು.

ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ಜಯಂತಿ ಯುಗಮಾನೋತ್ಸವ ಆಚರಣೆ

ದಿನಾಂಕ 9.3.2020 ರಂದು ನಮ್ಮ ಕಾಲೇಜಿನಲ್ಲಿ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯ ಜಯಂತಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿತ್ತು. ಕಾರಣಿಕ ಪುರುಷರಾದ ರೇಣುಕರ ಇತಿವೃತ್ತವನ್ನು ಕುರಿತಂತೆ ಉಪನ್ಯಾಸ ನೀಡಲು ಪ್ರಾಧ್ಯಾಪಕರು ಹಾಗೂ ಚಲನಚಿತ್ರ ನಟರಾದ ಡಾ. ಚಿಕ್ಕಹೆಚ್ಚಾಜಿ ಮಹಾದೇವ ರವರು ಆಗಮಿಸಿದ್ದರು. ಆರಂಭದಲ್ಲಿ ಆಡಳಿತ ಸಂಸ್ಥೆಯ

ನಿಯಮಾನುಸಾರ ತೃತೀಯ ಬಿಕಾಂ ವಿದ್ಯಾರ್ಥಿನಿ ಹರಿಣಿಯವರ ರೇಣುಕಾಚಾರ್ಯರ ಕುರಿತಂತೆ ತಮ್ಮ ಅನಿಸಿಕೆಗಳನ್ನು ವ್ಯಕ್ತಪಡಿಸಿದರು. ತದನಂತರ ಮಾತನಾಡಿದ ಹೆಚ್ಚಾಜಿಯವರು ಹಲವು ಮಹತ್ವದ ವಿಚಾರಗಳನ್ನು ಹಂಚಿಕೊಂಡರು. ಸಮಕಾಲೀನ ಸಂದರ್ಭದಲ್ಲಿ ನಡೆಯುತ್ತಿರುವ ಮತೀಯವಾದದ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಇರುವುದೊಂದೇ ಧರ್ಮ ಅದು ಮಾನವ ಧರ್ಮ

ಎಂಬ ಸಂದೇಶದೊಂದಿಗೆ ಮಾನವೀಯ ಮೌಲ್ಯಗಳನ್ನು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ತಿಳಿಸಿದರು. ಶೈವ ಧರ್ಮದ ಪವಿತ್ರ ಗ್ರಂಥವಾದ ಸಿದ್ಧಾಂತ ಶಿಖಾಮಣಿಯ ಒಟ್ಟು ಸಾರಾಂಶವನ್ನು ಹೇಳುವ ಆದಿ ಜಗದ್ಗುರು ಶ್ರೀ ರೇಣುಕಾಚಾರ್ಯರು ಬೋಧಿಸಿದ ದಶಧರ್ಮ ಸೂತ್ರಗಳನ್ನು ಉಲ್ಲೇಖಿಸುತ್ತಾ

ಅಹಿಂಸಾ ಸತ್ಯಂ ಅಸ್ತೇಯ ಬ್ರಹ್ಮಚರ್ಯ ದಯಾ ಕ್ಷಮ
ದಾನಂ ಪೂಜಾ ಜಪೋ ಧ್ಯಾನಂ ಇತಿ ಧರ್ಮಸ್ಯ ಸಂಗ್ರಹ
12ನೇ ಶತಮಾನದಲ್ಲಿ ಬಸವಣ್ಣನವರು ಹೇಳುವ
ಕಳಬೇಡ ಕೊಲಬೇಡ ಹುಸಿಯ ನುಡಿಯಲುಬೇಡ
ಮುನಿಯಬೇಡ
ಅನ್ಯರಿಗೆ ಅಸಹ್ಯ ಪಡಬೇಡ ತನ್ನ ಬಣ್ಣಿಸಬೇಡ
ಇದಿರ ಹಳಿಯಲುಬೇಡ ಇದೆ ಅಂತರಂಗ ಶುದ್ಧಿ ಇದೆ
ಹಿರಂಗ ಶುದ್ಧಿ
ಇದೇ ನಮ್ಮ ಕೂಡಲಸಂಗಮದೇವರನೊಲಿಸುವ ಪರಿ

ಈ ವಚನಕ್ಕಿಂತ ಮೊದಲೇ ಆದಿಗುರು ರೇಣುಕರು ಈ ವಿಚಾರವನ್ನು ಹೇಳಿದ್ದಾರೆ ಎಂದು ಹಾಗೂ ಇಂದಿನ ಯುವ ತಲೆಮಾರು ದಶಧರ್ಮ ಸೂತ್ರಗಳನ್ನು ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಂಡು ನಡೆಯಬೇಕೆಂದು ಹಿತ ನುಡಿಗಳನ್ನಾಡಿದರು. ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ.ಹರ್ಷಿಣಿ ಸಿ.ಎಸ್ ರವರು ತಮ್ಮ ಅಧ್ಯಕ್ಷೀಯ ನುಡಿಗಳನ್ನಾಡಿದರು. ವೇದಿಕೆ ಮೇಲೆ ಪದವಿಪೂರ್ವ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಪ್ರೊ. ಟಿ.ಎಸ್. ಕಲ್ಪನಾರವರು ಉಪಸ್ಥಿತರಿದ್ದರು. ಪದವಿ ಹಾಗೂ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜಿನ ಎಲ್ಲ ಬೋಧಕ ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಹಾಜರಿದ್ದರು. ಅಂತಿಮವಾಗಿ ಎಲ್ಲರಿಗೂ ಪ್ರಸಾದ ವಿತರಿಸಿ ಕಾರ್ಯಕ್ರಮ ಮುಕ್ತಾಯ ಮಾಡಲಾಯಿತು.



PLANT EXTINCTION AND CONSERVATION

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The exact number of plants that have ever existed or that currently exist is not known. It is estimated that over seven million species of plants and animals live on earth. If we add the lower forms and microbes, the number is much higher 11.3 million species. **The earth has always been in a state of ecological flux. Habitats are never constant. But the rapid industrialization, urbanization and population explosion, deforestation, forest fires, have further added to climate change. These factors have resulted in loss of habitats for living organisms and resulted in pushing them to extinction.**

The level of traditional ecological knowledge about food and other uses of different plant species is a wealth of knowledge. There are tremendous untapped benefits to mankind which can be derived from little known wild plants. But these plants can and will survive when identified, protected, used as food and raw material on a regular basis. Most likely to survive over

time, are those which are at the interface of food, medicine and economically benefit local population. Further it needs agronomic studies to know how these species survive. Its then these plants can be introduced as a crop in non-intensive agricultural system.

Countries around the world have ethnic communities which have wealth of knowledge. But industrialization, urbanization, has resulted in loss of transfer of culture from the elderly population to the next generation. Thus its time that the local communities are respected in rural areas and their knowledge is preserved for future generations. **Studies have pointed that this traditional knowledge is in a state of advanced cultural erosion.** The developed countries have researched on their native plants, and plants in developing countries. They are exploring newer uses and useful constituents for their economic benefits. Most rural people throughout the world depend on a variety of plants as food, medicine, and other uses. We should

remember most of these are available locally, growing as weeds in country side and crop fields. These plants are resilient, adaptive, and tolerant to adverse climatic conditions. Exploring the potentialities of these lesser known, underutilized plants with lots of medicinal properties can help in conserving them.

List of some lesser used leafy vegetables in urban areas: Honagone soppu, chilike soppu, mulladantu, chikkire soppu, basale soppu, kakke soppu, Ondelga – Saraswathi soppu, Odakalu soppu, Gonni soppu. Kachi soppu.Leafy green vegetables are among nature's best nutrition supplements. They are packed with calcium, iron, vitamins, antioxidants, and fibers and are vital components of a healthy, balanced diet. There are plants with various uses and hardly used.

The real world lives in villages. If civilization is to make its full contribution to the building up of a stable world order, it is this vast mass of humanity that has....to be made to live again, their knowledge about nature has to be nurtured. **"Until recently, humans shared the language of plants, but increasingly we have lost our ability to communicate with the natural world.** -The lost language of plants: the ecological importance of plant medicines to life on earth" A book by Buhner, Stephen Harrod.

Training volunteers, field trips helps to identify 96% of the variation in the numbers of species found, and training is the most important predictor for explaining recorded numbers of threatened and endemic species. Data quality is related to available facilities, trainers, with good herbarium access significantly reducing the proportions of misidentifications. Analysis suggests that it is necessary to account for training when comparing diversity across sites, particularly when assessing numbers of rare and endemic species. Information has to be provided by Global data portals. Greater investment in the training of locals and botanists, providing facilities would substantially increase recording efficiency, data reliability, thereby improving conservation planning and implementation on the ground. Information about cultivation of plants, herbarium repositories, IPR-Intellectual Property Rights, Molecular taxonomy, DNA bar coding of plants, Biochemistry, Functional Genomics and Bioinformatics studies are added assets, which help in preserving and conserving vegetation throughout the world, before it's late. Adaptive Management Plan Advocacy is a tool for Conservation. It incorporates research into conservation action.



A WINNER'S ATTITUDE

Dr. Vanishree.Y

Assistant professor
HOD of English

You see you were born to win, but to be a winner you must plan to win, prepare to win, and expect to win. The main difference between losers and winners is in what they do.

A **winning attitude** is that of someone who believes in his success regardless of his

position in life. A defeatist would feel that things would never change and that he has nothing coming, so why would he try? Let's put it this way; life is hard, no doubt, and you never escape problems in life.

A Winning Attitude aims to motivate, inspire and lift you and your life into new

levels of awareness and potential, giving you the confidence and self-belief necessary to move out of habitual patterns of behaviour and thinking that hold you back and to develop a more progressive attitude for a better life.

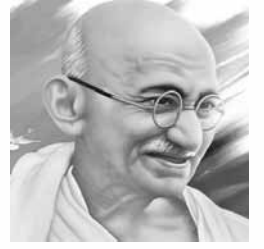
A winning attitude consists of perseverance, humbleness, and a willingness to learn from mistakes. It's about viewing obstacles as challenges, not as problems. It's about knowing that there is something to learn in every situation, despite the circumstances. Most importantly, it's about creating win-win situations. Winners know that it's not all about them. The question is, though, what does one do with the lemons, make lemonade, or just eat them raw and sour? (I actually like eating lemons plain, or with salt!) Who wouldn't want to make their life better? Sure, all of us, but it takes effort, combined with hope. Complaining and staying in that rut is easy. Many people get comfortable living in poverty (and prison). That's right, just lie back and let life beat you down. Does that make any sense? But what is poverty, is it physical or is it in the mind, in the spirit? Poverty can be a state of mind, also. It don't take a billion dollars to be a success. Money don't really mean success at all. Success is about doing what you love and making it part of your lifestyle. Success is not letting circumstances dictate your future, but you ***making your future happen. Think like you have a purpose in life, and that you matter to the*** world, and all else will follow. That's your winning attitude.

Before becoming successful, some of the Nation's biggest leaders experienced epic failure. While we all celebrate their success, what's overlooked is the path that got them there. A path that is often marked with failure. Drive and determination are what leads to success and these inspirational success stories proves just that.

Mahatma Gandhi

Mahatma Gandhi is perhaps the most inspiring personality. Originally a barrister in India by profession, he was not a strong

lawyer as he was unable to cross-question his witnesses. After spending sometime drafting litigation letters, he went to South Africa where he developed his political skills. It was not a cake-walk for him even there and his Satyagraha movement was fraught with difficulties even in India. Perhaps his biggest failure of all times was the partition of India and Pakistan.



Narendra Modi

Narendra Modi: A humble chai-vendor, embroiled in one of the most blood-bathed controversies in the country is today the Prime Minister. Does success need any other definition?



When Modi took on the reigns of Gujarat as the Chief Minister from Keshubhai Patel, his rise was met with opposition from many within the party. Modi's lack of experience was one of the major concerns. However, Modi stood his ground and became Gujarat's CM. As the CM, he veered from RSS's ideologies and supported privatisation and small government. But perhaps, his true test came in the form of the Godhra violence. While many still blame him for the riots, his name was cleared and he went to become one of the most powerful men in the country.

Mary Kom

Mary Kom: The woman who lurched into the international amateur boxing scenario from a remote village in the depths of North East India, Chungneijang Mary Kom Hmangte, better known as Mary Kom, opened the vista of women's boxing in India. An Olympic participant, she is a five-time winner of the



World Amateur Boxing Championship, and the only woman boxer to win a medal in each of the six world competitions. Mary Kom grew up in a modest home where she helped her farmer parents in the fields. Hailing from a poor family, she made her way up to become a world champion through hard work and determination, having returned to professional boxing after taking a break from marriage and motherhood.

Malavath Purna

Malavath Purna: On May 25, 2014, aged 13 years and 11 months, Malavath Purna scaled the highest peak of Mount Everest. In doing so, she became the youngest girl to have reached the summit of Everest. Malavath was born in Pakala village, Nizamabad district of Telengana state of India, on June 10, 2000.



Daughter of agricultural labourers who manage to earn a meagre Rs 3,000 in a month, Malavath was handpicked by the Andhra Pradesh Social Welfare Residential Schools, which provides free education to the underprivileged children. The organization sends the tribal kids on expeditions. **“Climbing the Everest was certainly more difficult than I thought – but my willpower to prove that a tribal girl can do something kept me going,”** she was quoted soon after attaining her feat. **“The satisfaction of all the hard work I had done and the quietness of the place and peace filled me,”** she said.

Characteristics of a Winner

- Hard Work and Perseverance. There is no substitute for hard work. ...
- Gracious Humility. Ego can be a destructive thing. ...
- Rock Solid Integrity. When we cheat the system, we’re going to get caught. ...

- Enthusiasm and Passion. Nothing kills momentum and creativity faster than a lacklustre spirit. ...
- Accountable Leadership.

Steps to Develop a Winning Attitude

1. Set up specific goals, you need to know where you are going. ...
2. You need to learn to take responsibility for your actions. ...
3. Form a winning habit. ...
4. Don’t be afraid to fail. ...
5. Be eager to learn every day. ...
6. Take risks. ...
7. Stay focused. ...
8. Focus on your passions. ...
9. Think positively. ...
10. Slow down the speed of your emotions. ...
11. Set goals high and monitor progress instead of specific results. ...
12. Make sure you can commit. ...
13. Don’t ever give up—being true to yourself. ...
14. Make no excuses. ...
15. Surround yourself with the right people.

Eliminate the excuses from your life. Blaming is a habit guaranteed to relegate you to a life of failure. It is the attitude of those who do not truly believe they can be successful. The winners take responsibility for the outcomes in all situations. Believing that you will be successful beforehand increases the likelihood that it will come true. Approach every task with the winner’s attitude.

CONVOKE

Department of Management

THE SUCCESS STORY OF ALIBABA COMPANY

Human is a social creatures, who always looking for fantasy in real life to trigger our thought process and seek inspiration from them. Daily we come across a lot of strangers but we seek inspiration from a few of them, and what sets them apart is the stories that they have to tell. Even as a child, we grow up listening stories of how a hero comes to rescue of people and his family. Studies have also found such inspirational stories have a positive effect on our brains. Here is a story of life of a man who has impacted the entire world and internet of china almost single handily. This life is nothing less than the fantasy stories, this is the story of Jack Ma.

Jack Ma is the founder of the E-commerce giant Alibaba and is a stake holder at Alipay. Alibaba is worth more than Facebook and processes goods more than eBay and Amazon combined.

Jack Ma was born in Hangzhou, china. He was a middle child to his parents who were from poor family, Jack was failed in his Primary School examination twice and in the entrance exam thrice. He finished his UG in BA- English. Jack Ma was rejected in jobs and even KFC rejected him. He became a English Teacher in the same University he studied. Jack Ma visited US for a government undertaking project, this was the first time he was introduced to computers and internet. Computer were rare in China.

The first word he searched on the net was "Beer" and it popped out results from different countries but there was no signs of China anywhere. He then searched "china"

and not a single result popped out. He decided it was time for china and its people to get on to the internet. Finally after persuading 17 of his friends to invest in his new E-commerce start up Alibaba, the company began from his apartment. Initially Alibaba had a single penny in investment from outside investors, but they later raised 20 \$ million from soft bank and another million dollars in 1999. Building a trust among the people of china, that an online system of payment and package transfer is safe was the biggest challenge. Jack Ma and Ali Baba faced a challenge that Jack will cherish for his life time.

Having started his first successful company at the age of 31 and even after never having written a single line of code or selling something to anyone, Jack Ma runs one of the biggest E-commerce networks in the world. The company went on to grow rapidly, expanding all across the world, quickly growing out of its china she

II. Alibaba has become the E-Commerce giant that Jack Ma has envisioned for it, He is one of those self-made billionaires with humble beginnings. He is now officially the richest man in China with an estimated net worth of \$25 Billon.

Although as simple as it may sound, Jack Ma has had it hard in his life to get to where he is today. A true rag to richest story and definitely a one which will inspire you ever in your darkest days.

- Janani
I BBA

ORGANISATIONAL AND CORPORATE CULTURES

The values, attitudes, and beliefs the people working in an organisation that control the way they interact with each other and with external stakeholder groups. A commonly used definition of organisational culture is the way to do things around here. This means how people within the organisation view the world and respond to it in achieving certain goals.

It is rightly understood that different organisations have distinctive culture. For ex, the culture of steel company will be very different to that of the leading independent to girl's school. The culture will give science of identity and is based on values, attitudes and believes of people who work in it.

Important categories of organisational cultures:

- Power culture: concentrating power among a few people.
- Task culture: based on co-operation and team work.

- Role culture: each member of staff has clearly defined job title and role.
- Person culture: when individuals are given the freedom to express themselves and make decisions.
- Entrepreneurial culture: encourages management and workers to take risk to come up with new ideas and test out new ventures.

Necessity of a strong organisational culture

- It creates a sense of belongingness and security for staff because they feel as if they are part of business.
- Mistakes and understanding can be minimised since staff are familiar with the process and practices at work.
- Problems associated with a culture gap, such a conflict between different groups are minimised.

- Vibha R
I BBA

THE QUALITIES OF A GOOD LEADER

A leader is one who knows the way, goes the way and shows the way. He or she can prove to be a difference maker between success and failure. A good leader has a vision and ideas successful stories in the real world. The important leadership qualities that separate good leaders from bad one.

Essential qualities of Good leader:

- 1) **Honesty and integrity:** These are the important ingredients which makes a good leader. How can you expect

your followers to be honest when you lack these qualities yourself?

- 2) **Confidence:** As a leader you have to be oozing with confidence, show some assertiveness to gain respect of your subordinate's confidence.
- 3) **Inspire others:** As a leader he should think positive and this positive approach should be visible through your action. Successful in inspiring

your subordinates overcome any current and future challenges easily.

- 4) **Commitment and Passion:** When your teammates see you working with dedication and passionate in your job, they will also follow with the same.
- 5) **Upright communicator:** Words have the power to motivate people and make them to do the unthinkable if you use them effectively. We can also achieve better results.
- 6) **Decision making capabilities:** A leader should have the ability to take the right decision at the right time and right place.
- 7) **Accountability:** It refers to holding them accountability for their actions which creates a sense of responsibility among your subordinates and they will go about the business more seriously.
- 8) **Delegation and Empowerment:** It is important for a leader to focus on key responsibilities while leaving the rest to other empowering and delegating task to them.
- 9) **Creativity and Innovation:** Innovation distinguishes between a leader and the follower in order to get ahead in today's fast pace world. A leader

must be creator and innovator at the same time.

- 10) **Empathy:** Leaders should develop empathy with their followers. Unfortunately most leaders follow a dictatorial style and neglect empathy altogether.
- 11) **Resilience:** A leader should have a positive attitude irrespective of how difficult the circumstance might be.
- 12) **Emotional Intelligence:** They do this by connecting with people emotionally like manage emotions effectively, better social awareness, seamless communications.
- 13) **Humility:** The leadership styles most great leaders adopt problem solving approach with humility.
- 14) **Transparency:** By giving visibility to your followers they will understand your vision and support you on achieving the goal.
- 15) **Vision and Purpose:** Good business leader create a vision, articulate the vision passionately and relentlessly drive it to completion.

- Dhanalakshmi P
I BBA

PATH OF INDIAN ECONOMY: REVIVAL OR SLOWDOWN!!?!!

The government is probably right to argue that the economy has bottomed out. That view gets support from the quarterly growth figures released on March 6, and is broadly endorsed by economists at investment banks. International organisations like the World Bank and International Monetary Fund also forecast a mild recovery for India in the coming year.

The consensus is that the worst is over, and the downturn has ended.

This has encouraged government spokesmen to argue that what the economy has been through is little more than a cyclical trough — abetted by troubles in the financial sector, which too are coming to an end. We

should be careful about such predictions, based on partial analysis of predominantly domestic factors. However weak India's economic linkages are with the rest of the world, its economic performance seems to move in line with global trends, though not in lock step. Thus the years of rapid growth for India in the first decade of the new century mirrored exceptional global growth that averaged 4.2 per cent (World Bank numbers). Compared to that, the five years till 2019 saw global growth drop by a third, to 2.8 per cent. Indian growth too has dropped sharply in the most recent years.

The other BRICS economies tell a broadly similar story, though not for exactly the same years. Russian growth has dropped from about 7 per cent in the high-growth years to half of 1 per cent in the most recent period. Brazil, prone to large swings, recorded 4 per cent growth in the four years to 2013 before slipping deep into negative territory. It has managed barely 1 per cent in the three most recent years. China too has slowed down, managing growth at just half of its best years, and will slip further in the wake of the coronavirus outbreak.

Other emerging markets tell a similar story: Turkey's drop, for instance, is from 8 per cent in the best years to 5.5 per cent, and now to less than 3 per cent in the last couple of years. When these very different economies tell the same story of rapid growth yielding to more modest numbers, we should be paying more attention to international trends, especially those in other emerging markets. Four issues are of note.

The first is the danger of coronavirus as a pandemic-a risk that has entered the consciousness of markets everywhere.

The second is the slowdown in the global growth of trade. The World Trade Organisation

puts growth in global merchandise trade at the same rate as economic growth, when for nearly two decades trade growth had averaged a 40 per cent faster rate than the world economy. The change is partly because of friction between countries and consequential protectionism, but there are other reasons as well. No quick recovery of trade should be expected.

A third factor is what the World Bank notes as a slowdown in productivity growth across emerging markets. India now needs more investment than before, for delivering the same rate of growth.

Finally, there are the risks that come with the global pile-up of debt, creating abnormal money markets with an abundance of negative investment rates. A former chief economic advisor has suggested that India is one of the countries more vulnerable to potential shocks.

All these come on top of the domestic challenges of raising savings and investment rates, improving human resources, boosting productivity levels on farms, finding solutions for the worsening fiscal stress, creating jobs through the right mix of policies, and making government intervention in markets less disruptive.

Even as the cyclical factors play out, the speed and quality of the recovery will depend on these long-neglected tasks being addressed. Absent that, while growth will bounce back from the current sub-5 per cent, it will stay lower than the already inadequate long-term average of 6.6 per cent. As unsatisfactory as that may be, in the current global context it will nevertheless be something to be grateful for.

- **Shilpa E**
III BBA

6 WAYS THE COVID - 19 IS MAKING A POSITIVE IMPACT

The novel coronavirus may be claiming victims all across the globe and keeping people sealed indoors due to the spiralling fear and mass confusion, it seems so have certain positive effects in India as well. While the fear of the novel coronavirus pandemic is still spreading, air pollution and noise pollution are significantly decreasing. On the one hand, people are staying indoors to avoid chances of contamination. On the other hand, sightings of migratory birds and endangered species of animals have become daily updates on social media. The novel coronavirus may be claiming victims all across the globe and keeping people sealed indoors due to the spiralling fear and mass confusion, it seems so have certain positive effects in India as well as abroad.

1. it's a big opportunity for the Indian economy: The Reserve Bank of India and the government will have to act quickly as a united front. Think tax cuts, increased liquidity, forbearance to lenders, credit and credit-guarantee to SMEs, and lower interest rates. The post-COVID-19 scenario for India does not look as grim as most people deem it to be according to leading economists of the country. Combined with a stimulus package of \$100-120 billion, it will restore the purchasing power to the populace sooner than earlier deemed during the onset of the COVID-19 crises. If India takes a leaf out of the pages of the US and Singapore economies and trusts the indigenous businesses, the economic recovery will be much sooner for the country.

2. Falling prices of fuel: As of the beginning of April, the state fuel retailers in Delhi sold around 17% less petrol and 25% Per cent less diesel in March 2020, as compared to March 2019. This comes after the initiation of a country-wide lockdown, where all major transportation has been



stopped to control and contain the spread of the novel coronavirus. A private vehicle on the roads is a rare sight as well. By the second week of March 2020, local prices of petrol and diesel were down by INR 4.55 and INR 4.70 per litre in Mumbai. Economists expect diesel and petrol prices to drop further as crude oil prices hit a 13-month low in India. The crude oil prices in the US are falling steadily and the cost might average out at \$43 per barrel in 2020 in contrast to \$64 per barrel in 2019. A \$1 drop in crude oil prices will correspond to a reduction in the country's import bill by a sharp INR 2,900 crore. The falling rates of crude oil will leave more liquid cash in the hands of the vehicle owners by the end of 2020. However, economists also state that there is a good chance that the state and central governments will increase the duty on fuels to make up for the revenue deficits.

3. Crime incidents have become rarer: Crime rates in Delhi and Gurugram have plummeted in the last one month after the COVID-19 fear almost paralyzed the cities. Delhi police have registered only 2,000 cases including petty theft, robbery and automobile theft since March 15, 2020. It represents a sharp 42% drop in crime rates in the capital of India. The drop in crime rates correspond

to the reduction in the percentage of vehicle thefts, which has given some mental peace to owners of personal and commercial vehicles some mental peace in these tumultuous times. A similar drop in crime rates has also been witnessed across other major cities like Kolkata, Chennai, and Mumbai. The Prime Minister's decision of a complete lockdown for 21-days and the vigilance by the local law enforcement has contributed significantly to the steep decline in the crime rate in several cities and towns.

4. The air is cleaner and the environment is greener: Greenhouse gas emissions and pollution levels across the country have fallen significantly. Half a year ago Delhi was



gasping for a breath of fresh air saw "positively alpine" air quality a couple of days ago. Delhi is currently enjoying one of the lowest air pollution levels seen in the past decade or longer. The same is true for other metropolitan cities like Mumbai and Kolkata.

5. Boosting localism: Until the beginning of 2020, it was all about internationalization and globalization of businesses. Right now, it's all about staying home, inquiring about the health of your neighbours, leaving home only to buy locally and boosting the local community. This lockdown has inspired

family-time and local-time among the millions of citizens living in the metros of the country. While people are rarely leaving their homes, if at all, they are spending more time on streaming platforms, playing board games with their family and spending quality time with their kids.

6. Wildlife is rejuvenating: Apart from sighting the occasional leopard on the streets of quasi-urban Maharashtra and spotting flocks of flamingos in Navi Mumbai, other wildlife including that of mountain goats, bison, wild



cats, fishing cats, civets and birds. Migratory birds are returning to lakes and water bodies they had once abandoned due to heavy pollution and human intervention.

Nature is healing while people restrict their movement outdoors and vehicles retreat to garages and depots. Not everything about the novel coronavirus pandemic is abysmal as we can see from the above six instances. Like every other pandemic, this too shall pass, but not without exacting its toll. In the meantime, self-isolation during this extended period of lockdown can become a tinsel bit more bearable when we manage to focus on the positive impacts the COVID-19 pandemic has brought to India and the rest of the world!

- Raksha Kumari S

II BBA

ನುಡಿದೀಪ

ಕನ್ನಡ ವಿಭಾಗ

ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರ ಬದುಕು ಮತ್ತು ಪವಾಡಗಳು

ಶಿಕ್ಷಾಗುರುವೇ ಮೋಕ್ಷಗುರುವೇ ಗುರುವಿನ ಗುರುವೇ ಪರಮಗುರುವೇ ಪವಿತ್ರತೆಯ ಗುರುವೇ ಎಂದು ಕರೆಯಲ್ಪಡುವ ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರು ಫಾಲ್ಗುಣ ಮಾಸದ ಶುಕ್ಲಪಕ್ಷದ ತ್ರಯೋದಶಿಯಂದು ಲಿಂಗದಿಂದ ಆವಿರ್ಭವಿಸಿದರು. ಆಂಧ್ರ ಪ್ರದೇಶದ ಕೊಲ್ಲಿಪಾಕಿಯಲ್ಲಿ ಲಿಂಗದಿಂದ ಉದ್ಭವವಾದ ಮೂರ್ತಿಯೇ ಈ ಮಹಾಪುರುಷ ಲಿಂಗೋದ್ಭವ. ರೇಣುಕಾಚಾರ್ಯರು 1400 ವರ್ಷಗಳ ಕಾಲ ತಪಸ್ಸನ್ನು ಆಚರಿಸಿ ಇನ್ನು 700 ವರ್ಷಗಳ ಕಾಲ ಲೋಕಸಂಚಾರ ಮಾಡುತ್ತಾ ವೀರಶೈವ ಧರ್ಮದ ಸಿದ್ಧಾಂತವನ್ನು ಎಲ್ಲೆಡೆ ಪ್ರಚಾರ ಮಾಡಿದರು. ಇವರು ಪರಶಿವನ ಐದು ಮುಖಗಳಾದ ಸದ್ವಿಜಾತ, ವಾಮದೇವ, ಅಘೋರ, ತತ್ಪುರುಷ ಎಂಬ ಇತ್ಯಾದಿ ಮುಖಗಳಲ್ಲಿ ಇರುವ ಭಾವಗಳನ್ನು ಜಗತ್ತಿಗೆ ಸಾರಿದವರು. ಈ ಐದು ರೂಪಗಳೇ ಅಂದರೆ,

ರಂಭಾಪುರಿ, ಕೇದಾರ, ಉಜ್ಜಯಿನಿ, ಕಾಶಿ, ಶ್ರೀಶೈಲ

ಎಂಬ ಐದು ಪೀಠಗಳು ಸ್ಥಾಪನೆಯಾದವು. ಅದರಲ್ಲಿ ರಂಭಾಪುರಿಯು ವೀರಶೈವ ಹಾಗೂ ತ್ಯಾಗದ ಸಂಕೇತವಾಗಿ ಇಲ್ಲಿ ಪರಮಪೂಜ್ಯ ರೇಣುಕಾಚಾರ್ಯರು ಪೀಠಾಧಿಪತಿಗಳಾದರು. ನಂತರ ಉಜ್ಜಯಿನಿ ಪೀಠದಲ್ಲಿ ಸಹಬಾಳ್ವೆಯ ಸಂಕೇತವಾಗಿ ದ್ವಾರಕಾಚಾರ್ಯರು, ಕೇದಾರದಲ್ಲಿ ವೈರಾಗ್ಯದ ಸಂಕೇತವಾಗಿ ಏಕೋರಾಮಾರಾಧ್ಯ ಶಿವಾಚಾರ್ಯರು, ಶ್ರೀ ಶೈಲದಲ್ಲಿ ಜ್ಞಾನದ ಜ್ಯೋತಿಯಂತೆ ಪಂಡಿತಾರಾಧ್ಯರು. ಹಾಗೂ ಕೊನೆಯದಾಗಿ ಕಾಶಿಯಲ್ಲಿ ವಿಶ್ವಾರಾಧ್ಯರು ಸೂರ್ಯನಂತೆ ಬೆಳಕೆಂಬ ಜ್ಞಾನದ ಪ್ರಭಾವ ಬೀರಿದವರು.

ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರು ಜಗತ್ತಿನಲ್ಲಿ ಲೋಕಸಂಚಾರ ಮಾಡುವಾಗ ವೀರಶೈವರಾದವರು. ಅಂದರೆ ನಿಜವಾದ ಶಿವಭಕ್ತ ಅನುಸರಿಸಬೇಕಾದ ಮೂರು ಉಪ ಕರ್ಮಗಳನ್ನು ವಿವರಿಸಿದ್ದಾರೆ. ಅವು ಯಾವುವೆಂದರೆ,

ಅಷ್ಟಾವರ್ಣ, ಪಂಚಾಚಾರ್ಯ, ಷಟ್ಸ್ಥಲಗಳು

ಅಷ್ಟಾವರ್ಣ ಎಂದರೆ ಯಾರು ಗುರು, ಲಿಂಗ, ಜಂಗಮರನ್ನು ವಿಭೂತಿ, ರುದ್ರಾಕ್ಷಿ ಹಾಗೂ ಮಂತ್ರಗಳಿಂದ ಆರಾಧಿಸಿ ಶಿವನ ಅನುಗ್ರಹಕ್ಕೆ ಪಾತ್ರನಾಗಿ ಪ್ರಸಾದ,

ಪಾದೋದಕಗಳನ್ನು ಪಡೆಯುವುದು. ಇದೇ ಅಷ್ಟಾವರ್ಣದ ತಿರುಳು. ಶಿವನ ಭಕ್ತನಾದವನು ಕೊನೆಯಲ್ಲಿ ಮೋಕ್ಷ ಹೊಂದುವ ಮಾರ್ಗವನ್ನು ಹಂತಹಂತವಾಗಿ ರೇಣುಕಾಚಾರ್ಯರು ಹೇಳಿದ್ದಾರೆ. ಅದೇ ಷಟ್ಸ್ಥಲಗಳು. ಭಕ್ತ, ಮಹೇಶ, ಪ್ರಸಾದ, ಪ್ರಾಣಲಿಂಗ, ಶರಣ, ಐಕ್ಯ. ಈ ಹಂತಗಳು ಹೇಗೆ ಒಬ್ಬ ಶಿವನ ಆರಾಧಕ ಮೊದಲು ಭಕ್ತನಾಗಿ ಪೂಜೆ ನೈವೇದ್ಯಗಳನ್ನು ಮಾಡಬೇಕು. ನಂತರ ಶಿವನಿಗೆ ಶರಣಾಗಿ ಕೊನೆಗೆ ಲಿಂಗೈಕ್ಯನಾಗುತ್ತಾನೆ.

ರೇಣುಕಾಚಾರ್ಯರು ವೀರಶೈವ ಮತ ಎಂದು ಹೇಳದೆ ಇಡೀ ಮಾನವಧರ್ಮಕ್ಕೆ ಜಯವಾಗಲಿ ಎಂದು ಸಾರಿದ್ದಾರೆ. ಅಗಸ್ತ್ಯ ಮಹರ್ಷಿಗಳಿಗೆ ವೀರಶೈವ ಧರ್ಮದ ಮಹತ್ವವನ್ನು ಸಾರಿದ ಮಹಾಪುರುಷ ಈತ. ಅಜ್ಞಾನ, ಅಂಧಕಾರವನ್ನು ಹೋಗಲಾಡಿಸಿ ಸುಜ್ಞಾನ, ಧರ್ಮಗಳ ಜ್ಯೋತಿ ಬೆಳಗಿಸುವಲ್ಲಿ ಶ್ರೀ ರೇಣುಕಾಚಾರ್ಯರು ಮಹತ್ವದ ಕಾರ್ಯ ಸಾಧಿಸಿದ್ದಾರೆ. ಹೀಗೆ ತಮ್ಮ 700 ವರ್ಷಗಳ ಲೋಕಸಂಚಾರದ ಕಾರ್ಯ ಕೈಗೊಂಡಾಗ ಭೂಮಿಯಲ್ಲಿ ಪಿನಾಕ ಎಂಬ ಹೆಸರಿನಲ್ಲಿ ಜನ್ಮತಾಳಿ, ಲೋಕ ಕಲ್ಯಾಣಕ್ಕಾಗಿ ಸಮಾನತೆಯನ್ನು ಮೂಡಿಸಲು ಮುಂದಾಗುತ್ತಾರೆ.

ಪವಾಡಗಳು :

ಶ್ರೀ ಜಗದ್ಗುರು ರೇಣುಕಾಚಾರ್ಯರು ಪಿನಾಕ ಎಂಬ ಹೆಸರಿನಲ್ಲಿ ಒಂದು ಹಳ್ಳಿಯ ಕಡೆ ಹೋಗುತ್ತಿರುವಾಗ ಸಾಧಾರಣ ಮನುಷ್ಯನಂತೆ ಶಿವಭಕ್ತನಂತೆ ಕಾಣುತ್ತಿದ್ದ. ಈ ಪಿನಾಕ ಒಂದು ಕಾಡಿನ ದಾರಿಯಲ್ಲಿ ಹೋಗುತ್ತಿರುವಾಗ ಒಬ್ಬ ಬೇಟೆಗಾರ ತನ್ನ ಹೆಂಡತಿ ಮಕ್ಕಳ ಸಲುವಾಗಿ ಬೇಟೆಯಾಡಿ ಸತ್ತಪ್ರಾಣಿಗಳನ್ನು ಮನೆಗೆ ತೆಗೆದುಕೊಂಡು ಹೋಗುತ್ತಿದ್ದ. ಆತ ಬೇಟೆಯಾಡುವ ಸಂದರ್ಭದಲ್ಲಿ ಪಿನಾಕನು ಅತ್ತ ಹೋಗುತ್ತಿರುವಾಗ ಬೇಟೆಗಾರನಿಗೆ ನೀನು ಈ ರೀತಿ ಪ್ರಾಣವನ್ನು ಲೆಕ್ಕಿಸದೆ ಕಾಡುಮೃಗಗಳನ್ನು ಬೇಟೆಯಾಡುತ್ತಿರು. ನಿನಗೆ ಸಮಸ್ಯೆಗಳು ಎದುರಾದರೆ ಅಥವಾ ನಿನ್ನ ಸಾವಿನಲ್ಲಿ ನಿನ್ನ ಜೊತೆ ಯಾರು ಬರುತ್ತಾರೆ? ಎಂದು ಬೇಟೆಗಾರನನ್ನು ಕೇಳುತ್ತಾನೆ. ಆಗ ಆತ ನನ್ನ ಹೆಂಡತಿ ಮಕ್ಕಳು ನನ್ನ ಆಪತ್ತಿನಲ್ಲಿ ಕೈಹಿಡಿಯುತ್ತಾರೆ ಎಂದಾಗ ಪಿನಾಕ ಸರಿ ಹಾಗಾದರೆ ನಿನ್ನ ಮನೆಗೆ ಹೋಗಿ ಅವರನ್ನು ಕೇಳಿ ಬಾ ಎಂದು

ಹೇಳುತ್ತಾನೆ. ಆಗ ಆತ ಹತ್ತಿರವಿದ್ದ ಒಂದು ಮರಕ್ಕೆ ಪಿನಾಕನನ್ನು ಕಟ್ಟಿಹಾಕಿ ಮನೆಗೆ ಹೋದಾಗ ಅಲ್ಲಿ ಹೆಂಡತಿಯನ್ನು ಕೇಳಿದಾಗ ನಿನ್ನ ಕರ್ಮ ಪಾಪಗಳಲ್ಲಿ ನಾನು ಭಾಗಿಯಾಗಲಾರೆ ಎನ್ನುತ್ತಾಳೆ. ಆಗ ಬೇಟೆಗಾರನಿಗೆ ಜ್ಞಾನೋದಯವಾಗಿ ಪಿನಾಕನ ಬಳಿ ಬಂದು ಅಂದಿನಿಂದ ವೈರಾಗ್ಯಮಾರ್ಗವನ್ನು ಹಿಡಿದು ಪಿನಾಕನಿಗೆ ಶರಣಾಗುತ್ತಾನೆ.

ನಂತರ ಮುಂದುವರೆದು ಪಿನಾಕ ಹಾಗೆ ಹಳ್ಳಿಯೊಳಗಿದ್ದ ವರದರಾಜಸ್ವಾಮಿಯ ದೇವಾಲಯಕ್ಕೆ ಬರುತ್ತಾನೆ. ಅಲ್ಲಿ ಪುರೋಹಿತರು ಹಾಗೂ ಕೆಲ ಬ್ರಾಹ್ಮಣರು, ಪಿನಾಕ ಕಟ್ಟಿರುವ ಜಡೆ ಹಾಗೂ ಮೈಗೆ ಹಚ್ಚಿರುವ ವಿಭೂತಿ, ಧರಿಸಿರುವ ರುದ್ರಾಕ್ಷಿಮಾಲೆಗಳನ್ನು ನೋಡಿ ಆತನನ್ನು ಟೀಕಿಸಿ, ವರದರಾಜಸ್ವಾಮಿಯ ಪಾದಕ್ಕೆ ನಮಸ್ಕರಿಸು ಎಂದು ಒತ್ತಾಯ ಮಾಡುತ್ತಾರೆ. ಆಗ ಪಿನಾಕನು ವರದರಾಜರ ಮುಂದೆ ನಿಂತು ತನ್ನ ಶಿರವನ್ನು ನೆಲಕ್ಕೆ ತಾಗಿಸಲು ಇಚ್ಛಿಸುವುದಿಲ್ಲ. ಆಗ ಕೋಪಗೊಂಡ ಕೆಲ ಬ್ರಾಹ್ಮಣರು ಆತನನ್ನು ನೆಲಕ್ಕೆ ಬೀಳಿಸುತ್ತಾರೆ. ಆಗ ವರದರಾಜ ಮೂರ್ತಿಯ ಶಿರವು ಕಂಪಿಸಲು ಶುರುವಾಗುತ್ತದೆ. ಶಿರ ಮಾತ್ರ ಕಂಪಿಸುತ್ತಿರುವುದನ್ನು ಕಂಡ ಭಕ್ತಾದಿಗಳು, ಈ ಪಿನಾಕನಿಂದಲೇ ಇಷ್ಟೆಲ್ಲಾ ದುರಂತ ಎಂದು ಭಾವಿಸಿ, ಆ ಊರಿನ ರಾಜನ ಬಳಿ ಕರೆದುಕೊಂಡು ಹೋಗಿ, ನಡೆದ ದುಷ್ಟಾಂತವನ್ನು ಹೇಳಿದಾಗ ಪಿನಾಕನನ್ನು ಸೆರೆಮನೆಯಲ್ಲಿಡುತ್ತಾರೆ. ಆಗ ಪರಮ ಶಿವಭಕ್ತನಾದ ಆ ರಾಜನ ಕನಸಿನಲ್ಲಿ ಏಕನಾಥಸ್ವಾಮಿ ಪ್ರತ್ಯಕ್ಷವಾಗಿ ತನ್ನ ಭಕ್ತನನ್ನು ಅವಮಾನಿಸಿರುವುದೇ ವರದರಾಜಮೂರ್ತಿಯ ಶಿರವು ಕಂಪಿಸಲು ಕಾರಣ ಎಂದು ಹೇಳುತ್ತಾನೆ. ಆಗ ಮರುದಿನ ಮುಂಜಾನೆ ರಾಜ ಪಿನಾಕನ ಬಳಿ ಹೋಗಿ ತನ್ನಿಂದಾದ ತಪ್ಪಿಗೆ ಕ್ಷಮೆಕೇಳಿ ಸಕಲ ಮರ್ಯಾದೆಗಳನ್ನು ಮಾಡಿ ಕಳುಹಿಸುತ್ತಾರೆ.

ಹಾಗೇ ಅದೇ ಊರಿನಲ್ಲಿ ಮುಂದೆ ಪ್ರಚಾರ ಮಾಡಿಕೊಂಡು ಶಿವನನ್ನು ಆರಾಧಿಸಲು ಸೂಕ್ತ ಸ್ಥಳವಿಲ್ಲದೆ ಕಲ್ಲಂಗಿಶೆಟ್ಟಿ ಎಂಬ ವ್ಯಾಪಾರಿ ಮನೆಯಲ್ಲಿ ಸ್ಥಳ ಕಲ್ಪಿಸಿಕೊಳ್ಳುತ್ತಾರೆ. ಕಲ್ಲಂಗಿ ಮನೆಗೆ ಬಂದ ಅತಿಥಿಯನ್ನು ನಿಷ್ಕರವಾಗಿ ನಡೆಸಿಕೊಳ್ಳುತ್ತಾನೆ. ಆದರೂ ಕೂಡ ಆತ ಏನನ್ನೂ ಲೆಕ್ಕಿಸದೆ, ಶಿವಪೂಜೆ ತಪಸ್ಸಿನಲ್ಲಿ ಮುಳುಗಿರುತ್ತಾನೆ. ಆ ದಿನ ರಾತ್ರಿ ಕಲ್ಲಂಗಿಯು ಪಿನಾಕ ತಪಸ್ಸಿಗೆ ಕುಳಿತ ಜಾಗದಿಂದ ಮೇಲಕ್ಕೆ ಗಾಳಿಯಲ್ಲಿ ತಪಸ್ಸು ಮಾಡುತ್ತಿರುವುದನ್ನು ಕಂಡು ನಿಬ್ಬರಗಾಗಿ ತನ್ನಿಂದಾದ ತಪ್ಪಿಗೆ ಕ್ಷಮಾಪಣೆ ಪಡೆದು ರೇಣುಕಾಚಾರ್ಯರ ಮಹತ್ವವನ್ನು ಅರಿತು ಅಂದಿನಿಂದ ಕಲ್ಲಂಗಿ ಪಿನಾಕನಿಗೆ ಶರಣಾಗುತ್ತಾನೆ.

ಈ ರೀತಿ ಪವಾಡಗಳನ್ನು ಮಾಡಿ ಮುಂದುವರೆಯುತ್ತಿರುವಾಗ ಶ್ರೀ ಶಂಕರಾಚಾರ್ಯರು ಪಿನಾಕನನ್ನು ಸಂಧಿಸಲು ಒಂದು ನದಿಂಡೆಯ ಬಳಿ ತಪಸ್ಸು ಮಾಡುತ್ತಿದ್ದ ಪಿನಾಕನ ಬಳಿ ಬರುತ್ತಾರೆ. ಅಲ್ಲಿ ಆತನ ಬಳಿ ಲಿಂಗವನ್ನು ಪಡೆದು, ಹತ್ತಿರವಿದ್ದ ಒಂದು ಮಂಟಪದಲ್ಲಿ ಪ್ರತಿಷ್ಠಾಪನೆ ಮಾಡುತ್ತಾರೆ. ಲಿಂಗಾಷ್ಟಕವನ್ನು ಶಂಕರಾಚಾರ್ಯರು

ರಚಿಸುತ್ತಾರೆ. ಈ ರೀತಿಯಾಗಿ ರೇಣುಕಾಚಾರ್ಯರು ಅನೇಕಾನೇಕ ಪವಾಡಗಳನ್ನು ಮಾಡಿರುತ್ತಾರೆ. ಇವರ ಸಿದ್ಧಾಂತ ಹಾಗೂ ಇವರ ವಿಷಯ ತಾತ್ಪರ್ಯಗಳ ಮೇರೆಗೆ ಶ್ರೀ ಶಿವಯೋಗಿ ಶಿವಾಚಾರ್ಯರು 'ಸಿದ್ಧಾಂತ ಶಿಖಾಮಣಿ' ಎಂಬ ಶ್ರೇಷ್ಠಗ್ರಂಥವನ್ನು ರಚಿಸಿದ್ದಾರೆ. ಇದರಲ್ಲಿ ರಂಭಾಪುರಿ ಮಠದ ಪೀಠದ ಮಹತ್ವ, ರೇಣುಕಾಚಾರ್ಯರ ಮಹಿಮೆಗಳು ಹಾಗೂ ಅವರ ಸಿದ್ಧಾಂತಗಳಾದ ಅಷ್ಟಾವರ್ಣ, ಪಂಚಾಚಾರ್ಯ ಹಾಗೂ ಷಟ್ಸ್ಥಲಗಳು ಇವೆ. ಭಕ್ತಿಯಿಂದ ಮೋಕ್ಷದವರೆಗೆ ಅನುಸರಿಸಬೇಕಾದ ನಿಯಮಗಳನ್ನು ಇಲ್ಲಿ ಉಲ್ಲೇಖಿಸಿದ್ದಾರೆ. ಸ್ಥಾವರಕ್ಕೆ ಅಳಿವುಂಟು. ಆದರೆ ಜಂಗಮಕ್ಕೆ ಅಳಿವಿಲ್ಲ ಎಂದು ಬಸವಣ್ಣ ಹೇಳಿದ ವಚನ ಅಂದಿನ ಕಾಲದಲ್ಲಿಯೇ ಪ್ರಚಲಿತವಾಗುವಂತೆ ರೇಣುಕಾಚಾರ್ಯರ ಮಹಿಮೆ ಜಗತ್ತಿಗೆ ಸಾರುತ್ತದೆ. ಅಂಗಸ್ಥಲದಿಂದ ಲಿಂಗಸ್ಥಲದವರೆಗೆ ಹೇಗೆ ಬದುಕಬೇಕೆಂದು ಸಿದ್ಧಾಂತದಲ್ಲಿ ತಿಳಿಸಿದ್ದಾರೆ. ಹೆಣ್ಣು ಗಂಡು ಎಂಬ ಬೇಧಭಾವ ಇಲ್ಲದೆ ಪ್ರತಿಯೊಬ್ಬ ಶಿವಭಕ್ತನೂ ಲಿಂಗಧಾರಣೆ ಮಾಡಲು ರೇಣುಕಾಚಾರ್ಯರು ಅನುವು ಮಾಡಿಕೊಟ್ಟರು. ಇನ್ನು ಗುರು, ಲಿಂಗ, ಜಂಗಮರನ್ನು ವಿಭೂತಿ, ರುದ್ರಾಕ್ಷಿ ಹಾಗೂ ಮಂತ್ರಗಳಿಂದ ಪೂಜಿಸಿದರೆ ಸಿಗುವುದು ಪ್ರಸಾದ. ಅಂದರೆ ದೇವರ ಅನುಗ್ರಹ. ಪಾದೋದಕ ಎಂದರೆ,

ಪಾ-ಪಾಪ
ದೋ-ದೋಷ
ದ- ದಾರಿದ್ರ್ಯ
ಕ-ಕಷ್ಟ

ಈ ನಾಲ್ಕು ರೀತಿಯ ಕರ್ಮಗಳನ್ನು ನಿಜವಾದ ಶಿವಭಕ್ತನು ಗುರು, ಲಿಂಗ, ಜಂಗಮರನ್ನು ಆರಾಧಿಸುವುದರಿಂದ, ಇದರಿಂದ ಮುಕ್ತಿ ಹೊಂದಬಹುದು ಎಂದು ತಿಳಿಸಿಕೊಟ್ಟಿದ್ದಾರೆ. ಹೆಣ್ಣು ಮಕ್ಕಳು ಕೂಡ ಲಿಂಗಧಾರಣೆ ಮಾಡಲು ಅರ್ಹರು. ಅಂದರೆ ದೇಹ ಹೆಣ್ಣಾದರೇನು? ಗಂಡಾದರೇನು? ದೇವರಿಗೆ ಬೇಕಾಗಿರುವುದು ಮನಸ್ಸಿನಲ್ಲಿ ದೇವರಿಗೆ ನೀಡುವ ಭಕ್ತಿ, ಏಕಾಗ್ರತೆಗಳು ಎಂದು ಸಮಾಜಕ್ಕೆ ಸಮಾನತೆಯ ಅರಿವು ಮೂಡಿಸಿದ್ದಾರೆ. ಅಧರ್ಮ, ಕ್ರೂರತ್ವ, ಅಜ್ಞಾನಗಳೇ ತುಂಬಿರುವ ಈ ಲೋಕದಲ್ಲಿ ತಮ್ಮ ಸಿದ್ಧಾಂತಗಳ ಮೂಲಕ ಜ್ಞಾನ, ಸುಜ್ಞಾನದ ದೀಪವನ್ನು ಹಚ್ಚಿ, ಅದರ ಬೆಳಕಿನಿಂದ ಅಜ್ಞಾನದ ಅಂಧಕಾರವನ್ನು ನಾಶಗೊಳಿಸಿದ್ದಾರೆ. ಅಷ್ಟೇ ಅಲ್ಲದೆ ಮೂಢನಂಬಿಕೆ, ಮಾಟಾಮಂತ್ರಗಳ ವಿಷಯದಲ್ಲಿ ಮನುಷ್ಯನಿಗೆ ನಂಬಿಕೆ ಇರಬಾರದೆಂದು ಹೇಳಿದ್ದಾರೆ. ನಿಜವಾದ ವೀರಶೈವನಾಗಲು ಅನುಸರಿಸಬೇಕಾದ ಮಾರ್ಗಗಳನ್ನು ರೇಣುಕಾಚಾರ್ಯರು ಹಾಕಿಕೊಟ್ಟಿದ್ದಾರೆ. ಈ ರೀತಿಯಾಗಿ ರೇಣುಕಾಚಾರ್ಯರು 700 ವರ್ಷಗಳ ಕಾಲ ಭೂಮಿಯಲ್ಲಿ ಮಾನವಧರ್ಮದ ಒಳಿತಿಗಾಗಿ ನೆಲೆಸಿದ್ದರು.

— ರಂಜಿತ ಎಂ ಕುಲಕರ್ಣಿ
ದ್ವಿತೀಯ ಬಿ.ಕಾಂ,

ಆತ್ಮಕ್ಕೋ? ದೇಹಕ್ಕೋ?

ಸಂತಸವಾಗುವುದು
ನಿನ್ನ ದೇಹಕ್ಕೋ? ಆತ್ಮಕ್ಕೋ?
ನೋವಾಗುವುದು
ನಿನ್ನ ದೇಹಕ್ಕೋ? ಆತ್ಮಕ್ಕೋ?
ಜೊತೆಗಾರರಿಲ್ಲವೆಂದು ಪರಿತಪಿಸುವುದು ಆತ್ಮ.
ಮಾನಸಿಕ ನೋವಿನ ದಣಿವಿಗಾಗಿ ಕಾದಿರುವುದು ದೇಹ.
ಇವೆಲ್ಲವು ನಮ್ಮ ಉಹೆ ಎಂದು
ಹೇಳುತ್ತಿರುವುದು ಶಕ್ತಿ.
ಎಲ್ಲವು ನಿನ್ನ ಮೇಲೆ ನಿಂತಿದೆ
ಎನ್ನುತ್ತಿರುವ ಪ್ರತಿಬಿಂಬ
ಕೊನೆಯಲ್ಲಿ ತಿಳಿದದ್ದು ಎಲ್ಲವು ಭ್ರಮೆ.
ನಿಂದಿಸಿದಾಗ ನೋವುಂಟಾಗುವುದು ಎಂದುಕೊಂಡರೆ,
ಅದು ನೋವಾಗುವುದು ಆತ್ಮಕ್ಕಲ್ಲ ನಿನ್ನ ಚಿಂತನೆಗೆ
ಎಂದು? ನೀನು ನಿನ್ನ ಆತ್ಮವನ್ನು
ನಂಬುತ್ತಿಯೋ,
ಎಲ್ಲವನ್ನು ಧೈರ್ಯದಿಂದ ಎದಿರುಸುತ್ತಿಯೋ,
ಆಗ ಅರ್ಥವಾಗುವುದು,
ದೇಹ ನಶ್ವರ, ಆತ್ಮ ಶಾಶ್ವತವೆಂದು.

— ಸೃಷ್ಟಿ ಎನ್
ದ್ವಿತೀಯ ಬಿ.ಎಸ್ಸಿ



ಮನಸ್ಸಿನ ಮಾತು

ನನ್ನನ್ನೇ ನಾನು ಮರೆತೋಗಿ
ನಿನ್ನಲ್ಲೇ ನಾನು ಬೆರೆತೋಗಿ
ಹೇಳುವೆ ಒಂದು ಮಾತು ನಿಜವಾಗಿ
ಬಲವಾಗಿದೆ...
ಸಾವಿರ ಮಾತು ಯಾಕಾಗಿ
ನಿನ್ನೆಲ್ಲಾ ಮೌನ ನನಗಾಗಿ
ಇರೋಣ ಒಂದೆ ಹಾಡಿಗೆ
ಬಲವಾಗಿ.

— ಶ್ವೇತ ಪಿ
ಪ್ರಥಮ ಬಿ.ಕಾಂ¹

ಹಾಸ್ಯ ಕೊಂದ ವಿಷಯ

ರೈಲು ಗುದ್ದಿ 99 ಜನ ಸತ್ತು ಹೋದರು. ಅದೃಷ್ಟವಶಾತ್ ಒಬ್ಬ
ವ್ಯಕ್ತಿ ಉಳಿದುಕೊಂಡ. ಆಗ ಟಿ.ವಿಯವರು ಅದೃಷ್ಟವಶಾತ್
ಬದುಕುಳಿದವನನ್ನು ಸಂದರ್ಶಿಸಿದರು. ಅವನ ಉತ್ತರದಲ್ಲಿ
ಆಶ್ಚರ್ಯ ಕಾದಿತ್ತು.

ಟಿ.ವಿ. ಮಾಧ್ಯಮದವರು:- ಈ ಅಪಘಾತ ಹೇಗಾಯಿತು ಸಾರ್!?

ಅವನು:- ಅಧಿಕಾರಿಗಳ ನಿರ್ಲಕ್ಷ್ಯದ ಬೇಜವಾಬ್ದಾರಿ
ಪ್ರಕಟಣೆಯಿಂದ ಹೀಗಾಯಿತು.

ಟಿ.ವಿ. ಮಾಧ್ಯಮದವರು:- ಏನದು ಸರ್ ಪ್ರಕಟಣೆ..!?

ಅವನು:- “ಕೆಲವೇ ಕೆಲವು ಕ್ಷಣಗಳಲ್ಲಿ ರೈಲು ಪ್ಲಾಟ್ ಫಾರಂನ
ಮೇಲೆ ಬರಲಿದೆ” ಅಂತ ಪ್ರಕಟಿಸಿದರು. ಆಗ ಜನ ಹೆದರಿ
ಓಡಿಹೋಗಿ ರೈಲು ಕಂಬಿಯ ಮೇಲೆ ನಿಂತರು. ಆದರೆ ರೈಲು
ಪ್ಲಾಟ್‌ಫಾರಂ ಮೇಲೆ ಬರದೆ, ಕಂಬಿಯ (ಹಳಿ) ಮೇಲೆ ಬಂದು
ಗುದ್ದಿದೆ. ಎಲ್ಲರೂ ಹೋಗಿಬಿಟ್ಟರು.

ಟಿ.ವಿ. ಮಾಧ್ಯಮದವರು:- ನೀವೊಬ್ಬರು ಅದೃಷ್ಟವಂತ ಅಲ್ಲವೇ?

ಅವನು:- ಬಡಕೋಬೇಕು ನಾನು ಆತ್ಮಹತ್ಯೆ ಮಾಡಿಕೊಳ್ಳಲು
ಕಂಬಿ ಮೇಲೆ ಮಲಗಿದ್ದೆ ಪ್ರಕಟಣೆ ಕೇಳಿ ನಾನು ಪ್ಲಾಟ್‌ಫಾರಂ
ಬಂದು ಮಲಗಿದೆ ಸಾರ್..

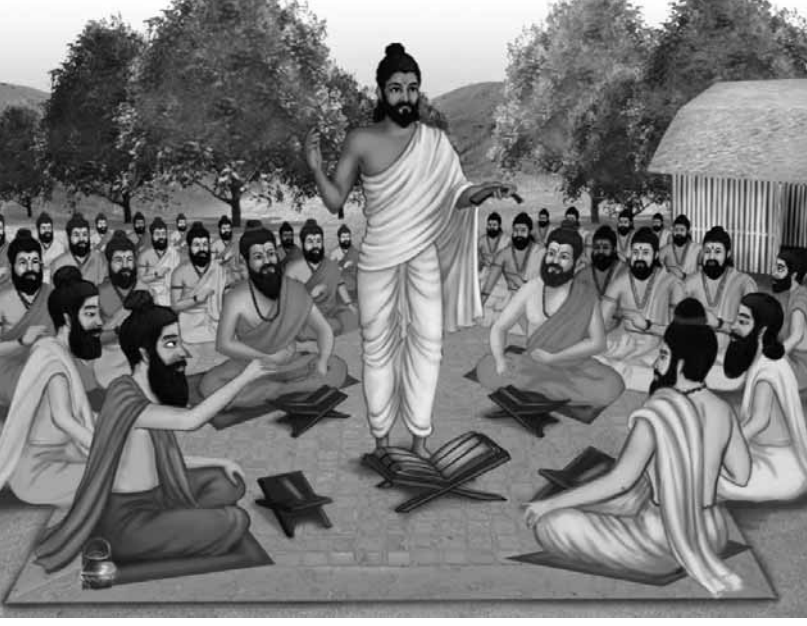
— ಶ್ವೇತ ಪಿ
ಪ್ರಥಮ ಬಿ.ಕಾಂ¹

ವಿದ್ಯಾಲಯ

ನಮ್ಮ ಹೆಮ್ಮೆಯ ವಿದ್ಯಾಲಯ
ನಮ್ಮ ಪ್ರೀತಿಯ ಜಗದ್ಗುರು ಆಲಯ
ವಿಷಯ - ವಿಜ್ಞಾನಗಳ ಸಂಗ್ರಹಾಲಯ
ಜ್ಞಾನದ ಮಹೋನ್ನತಿಯ ಹಿಮಾಲಯ
ವಿದ್ಯಾಲಯದ ಮಕ್ಕಳಿಗೆ ಮಂತ್ರಾಲಯ
ಅಜ್ಞಾನದ ಮುಕ್ತಿಯ ದೇವಾಲಯ
ಸರ್ವಧರ್ಮಗಳು ನೆಲೆಸಿರುವ ನಿಲಯ
ಇದುವೇ ನಮ್ಮ ಶ್ರೀ ಜಗದ್ಗುರು ವಿದ್ಯಾಲಯ

— ಶೃತಿ ಹೆಚ್ ಎಂ
ಪ್ರಥಮ ಬಿ.ಎ (ಹೆಚ್.ಇ.ಪಿ)

ಮನೋನೃಪ



ಗುರುಗಳು

ಅಜ್ಞಾನದ ಕತ್ತಲನ್ನು ಕಳೆಯುವರು
ಜ್ಞಾನದ ಬಾಗಿಲನ್ನು ತೆರೆಯುವರು ।
ವಿದ್ಯೆಯ ಧಾರೆಯನ್ನು ಎರೆಯುವರು
ಸನ್ನಡತೆಯ ದಾರಿಯನ್ನು ತೋರುವವರು ।
ಸ್ವಾರ್ಥಗುಣವ ಬದಿಗೊತ್ತುವರು
ಮಕ್ಕಳ ಏಳಿಗೆಗೆ ಶ್ರಮಿಸುವರು ।
ಮಕ್ಕಳ ಉದ್ಧಾರಕ್ಕೆ ದುಡಿಯುವರು
ನಮ್ಮಯ ಪಾಲಿಗೆ ಗುರುಗಳೇ ದೇವರು ।

– ಶೃತಿ ಹೆಚ್ ಎಂ
ಪ್ರಥಮ ಬಿ.ಎ. (ಹೆಚ್.ಇ.ಪಿ)

ಮನಸ್ಸು

ಮನಸ್ಸೇ ಒಂದು ಆಗರ,
ಅದರಲ್ಲಿ ಸುಖ-ದುಃಖಗಳ ಸಮರ
ಅದರ ಚಿಂತೆಯಂತೂ.. ಅಪಾರ
ಯಾರೊಂದಿಗೂ ಹೇಳಲಾಗದು ಮನಸಾರ
ಕೇಳುವ ಹೃದಯ ಒಂದು ಕಾದಿದೆ ಬಲುದೂರ
ಸೇರುವುದು ಹೇಗೆ ಪರಸ್ಪರ

ಕಾದಿದೆ ಆ ಹೃದಯ ನನಗೋಸ್ಕರ,
ಹೇಳುತಾ ಬಾ ಬೇಗ ನನ್ನತ್ತಿರ,
ಹೇಗೆ ಸೇರಲಿ ನಾ ನಿನ್ನತ್ತಿರ,
ಇರುವರು ಕಾಯುತ ಮುಳ್ಳಿನಧರ.

ಸಾಕೆನಿಸುತಿದೆ ಈ ಮುಖವಾಡದ ಜೀವನ
ಮರೆಯಲಾಗದು ನೋವಿನ ಪಯಣ
ನಿನ್ನ ಸೇರಲಾಗುತ್ತಿಲ್ಲದ ಈ ಜೀವನದ ಪಯಣ,
ಅದರಲ್ಲೂ ,
ನಾ ಬಯಸುವೆ ನಿನ್ನ ಮಡಿಲಿನಲ್ಲಿ ನನ್ನ ಮರಣ.

– ಯೋಗಿತ ಪಿ
ತೃತೀಯ ಬಿ.ಎಸ್ಸಿ



SAMBANDH

Binding the past with present for progressive future

Department of Social Science

A FINE PIECE OF ART WITH FINS

Nature is its alluring, best and most savage in its water. The knowledge of the oceans that the sapiens are enriched with is just the tip of the ice berg. The oceans contain within them the most mesmerizing phenomena of the Nature. Deeper the dive, wider the realm of the Blue world. Having said this, I want to be a Puffer fish. Back in 1995, dives noticed a beautiful and strange circular pattern on the seafloor off Japan and soon after, more circles were discovered. For more than a decade, nobody knew what made them. Finally, a study showed a species of Puffer fish was the creator. The males laboriously flap their fins as they swim along the seafloor, disrupting the sediment, thus forming circular patterns to attract mates. When these geometric patterns are done, females come and inspect them. If they like it, they reproduce with the males. The circles are of

radius of two meters. Let's come to terms with the fact that in spite of a lot of training, we do fail to make or create a tiny piece of art. The wisdom of hands is related to an inner aesthetic sense and it neither can be imbibed nor be imparted. What a wonder this tiny living thing is! What are the cognitive processes that happen within it? It results in a fiat and a beauty ensues from it. Humans have been bestowed with a complex yet advanced brain yet our art fails to stand in par with these geometric patterns. It captures our heart. With aid from various disciplines of science, we must, one day, unwind the cognitive process in this tiny treasure of abstracts called the brain. After all, the subtle difference between existing and living is Art.

- Manasa M K
I BA

MYSTERIOUS LOVE

You're an angel from heaven
I am a demon from hell
The flowers bloom just by your presence
They turn stone cold by mine
We are like two different
sides of the same coin
But the day we met each other
something changed
Something different from both our
worlds.....
Is this what people call love???

- Vaishnavi
I BA



THE BOND

Bond like us is rare to find
We are like a rainbow
Which forms in between the rain and
the sunshine.....?
We respect our difference and
embrace our similarities....
So you're committed right?
Nah, we are more than lovers

We are best friends.....

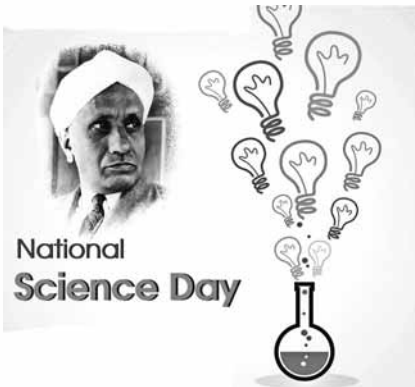
- Vaishnavi
I BA



REPORT ON NATIONAL SCIENCE DAY AT NIMHANS

Students of I, II and III BA visited Nimhans on 12th February 2020 on occasion of National Science Day between 10.00 am to 4.00pm. Students had real good experience, they saw and learnt about mental awareness, how to spot a stroke, migraine, about Erikson Psycho-social stages of development, biology of cancer, different kinds of headaches, anger management etc. Students also participated in many games and won many prizes through which they learnt many things and also enjoyed. But the best time students enjoyed the most is when they touched and felt human body organs like brain, kidney, heart, lungs and liver. They also got to know about their stress

level by answering the questionnaire. Students also checked their pulse rate, pressure in the brain, oxygen level in the



brain, learning skills and many more. They also had a look on the images of brain-MRI Scans, CT and P&T Scans which were displayed on the monitor and also video on brain surgery was screened.

- Bharathi S Nahar
II BA



YOUTH AND TODAY'S POLITICS

Today's youths ARE THE "Leaders of tomorrow" In present scenario, the nation is in deep need to intellectual intelligent youths, our young nation calls for young people who can lead us through. According to latest studies, the young people are more aware of latest happenings than which the old people may not be aware OF. The old saying which goes "Slow and steady wins the race". Politics means serving people and helping the backward groups to come forward and lead a better life. The new generation are able to come up with fine task and has better leadership qualities than the present day politicians. The young leaders need not have a political background to enter into politics. They need to have zeal and desire to lead the nation. Entering into politics should not be on the basis of reservation quota neither layman nor illiterate should enter into politics until and unless they have understood what politics is all about. Youths can handle politics in a different way, as winners are not ones who do different things but who do things differently. The bonds of nation's future finds a fragrant blooming in the hands of the Youth's possessing strong will, determination and tremendous courage. The youths should have immense patriotism and should involve themselves in the upliftment of the nation.

The primary factors which are affecting our nations growth are

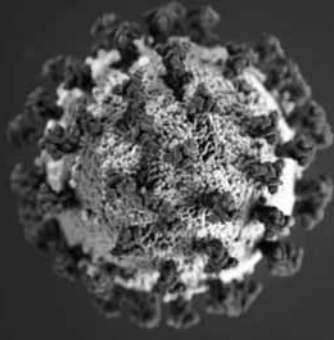
- Corruption
- Terrorism
- Communal disparities

In order to eradicate the above evils, youths with double toughness are required. The main motto of the youth should be to eradicate the above said evils from their root. Albert Einstein once said "problem cannot be solved by the level of thinking that created them". So, all the youths should join their hands to get rid of the above said factors.

Youths are the real sculptures of the nation. Swami Vivekananda has rightly called the youth as "Real power of the nation". The young blood can handle the situations better than the present politicians. So now it is the time for the youths to wake, rise and remove the corrupt leaders and take over the command into their hands and run the Government. It is high time that we youths start thinking of our motherland and contribute our selfless service for her progress.

- Akshatha B M

II BA



THE THREAT OF NEW VIRUS

The world is under the threat of a new virus called coronavirus. Globally, more than 100,000 people have been diagnosed with the disease according to John Tropkins University with at least 3,070 deaths in China and at least 267 fatalities in other parts of the globe.

So, what is coronavirus? According to world health organization, Corona viruses are a large family of viruses which may cause illness in animals or humans. In humans, several corona viruses are known to cause respiratory infections ranging from the common cold to more severe diseases such as middle east Respiratory Syndrome (MERs) and Severe Acute Respiratory Syndrome (SARs). The most recently discovered corona viruses causes Coronavirus disease COVID-19.

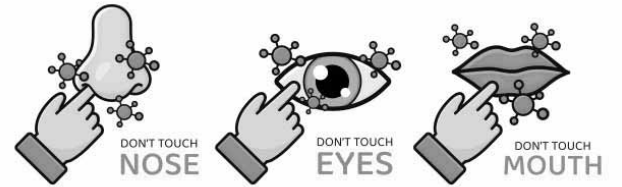
How do you know if your infected by the virus or not? Here is how you know the most common symptoms of covid-19 are fever, tiredness and dry cough. Some may have aches and pains, nasal congestion, running nose, sore throat or diarrhoea. Some people become infected but don't develop any symptoms and don't feel unwell. Most people

(about 80%) recover from the disease without needing special treatment. Around one out of every six people who gets COVID-19 becomes seriously ill.

Now the question is what can you do to protect yourself from the disease? Here are a few preventive measures

- Regularly and thoroughly clean your hands with soap and water

DON'T TOUCH YOUR FACE!

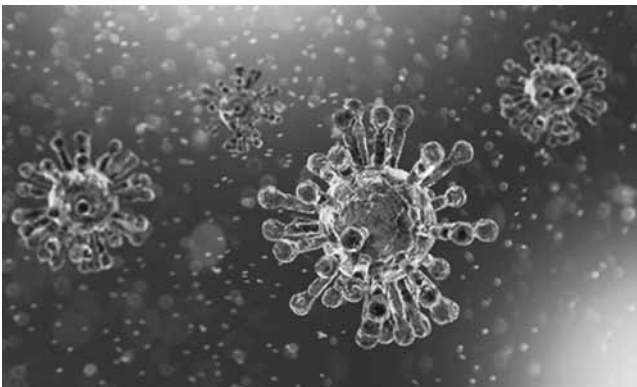


- Maintain at least one metre distance between yourself and anyone who is coughing or sneezing
- Avoid touching eyes, nose and mouth
- Make sure you, and the people around you, follow good respiratory hygiene
- Stay home if you feel unwell
- Stay informed on the latest developments about COVID-19

Follow these preventive measures and stay safe

- Noor Ayesha T

III BA

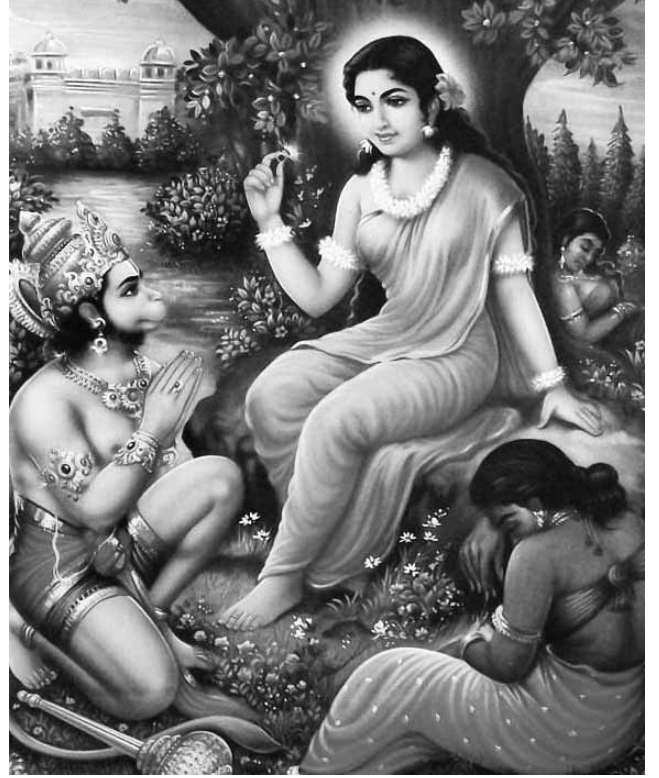


हिन्दी विभाग

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वाल्मीकि रामायण में ही नहीं आधुनिक रामकाव्यों में प्रमुख पात्र नारीयों का ही हैं । वह नारी पुत्री, पत्नी, माता, बेटी और आदर्श नारी के रूप में देख सकते हैं । मिथिला नरेश जनक की पुत्री तथा राम की भार्या के रूप में सीता का चित्रण रामकाव्य में मिलता है । दीर्घकाल से रखे गये शिव धनुष को उठा लेने के कारण धनुष भंग से सीता स्वयंवर के शर्ते स्वीकार गये । राम से विवाह होने के बाद अयोध्या में प्रवेश करती हैं । जब राम के वनवास की खबर सुनकर पत्नि की कर्तव्य परायणता के लिए सीता भी राम के सामीप्य में नगण्य मानती हैं । राम से कहती है की 'महलों में रहना विमानों पर घूमना अथवा आणिमा आदि के द्वारा आकाश में विथरना इन सबकी अपेक्षा स्त्री के लिए सभी अवस्थओं में पति के चरणों की छाया में रहना विशेष महत्व रखता है । इस प्रकार राम अपने साथ सीता को भी वनवास के लिए ले चलते है ।

दण्डकारण्य में निवास करते समय राम ने कामरुपिणी राक्षसी शूर्पणखा के प्रस्ताव को ठुकराकर राम ने दण्डस्वरूप विरूपित किया और इससे क्रोधीत होकर रावण ने मारीच के सहायता से सीताहरण किया सीता वियोग से शाकाकुल राम उन्हें खोजते ऋष्यमक पर्वत के निकट आते हैं । रावण का वध करके राम युद्ध में विजयश्री प्राप्त करते हैं । किन्तु



सीता पर सन्देह करके उन्हें ग्रहण करना अस्वीकार कर अन्यत्र जाने के लिए कहते हैं । अपनी पवित्रता के प्रमाण स्वरूप सीता अग्नि में प्रविष्ट होती हैं । अग्निदेव सीता को पवित्रता प्रमाणित कर उन्हें श्रीराम को समर्पित करते हैं । परंतु अयोध्या जनता भी सीता की अग्नि परीक्षा पर विश्वास न कर सकी । जन अपवाद, भीरु, राम ने न्यायोचित विचार किए बिना सीता को सदा के लिए निष्कासित कर दिया । जब वह गर्भवती अवस्था में थी । इस प्रकार परित्यक्ता सीता को वाल्मीकि ने अपने आश्रम में आश्रय दिया । सीता के गर्भ से दो पुत्र जन्म लेते हैं । जब राम अपने दोनों पुत्रों को पुत्र

कहने के लिए या फिर भरोसा करने के लिए सीताको सभा में उपस्थित होने का आदेश देते है । जब वाल्मीकि द्वारा सीता को शुद्धता प्रमाणित किये जाने पर भी राम उपस्थित जन समुदाय के सम्मुख घोषित करते हैं कि यद्यपि उन्हें सीता की पवित्रता पर विश्वास हैं तथापि ये जन समुदायका सम्मति मिलने पर ही उन्हें ग्रहण करेंगे सीता खडे स्वर में अपनी पवित्रता और पतिवृता का परीक्षा देती है । कहती है की “अगर मेरे मन में श्रीराम को छोडकर किसी अन्य पुरुष की कामना नहीं हैं । मेरे पुत्र श्रीराम के हि पुत्र हैं आगर में पवित्र हूँ तो वसूंधरा माता मुझे ग्रहण करे, ग्रहण करे” उसी समय वसूंधरा माता अपनी गोद में सीता को लेकर धरती के गर्भ में चली जाती हैं ।

Dr. Bm

वाल्मीकि रामायण में ऊर्मिला के चरित्र के संबंध में विवाद वर्णन नहीं हैं । ऊर्मिला के चरित्र में वाल्मीकि रामायण में आदर्श पुत्री और आदर्श पत्नी की प्रधानता हैं । उसमें देशप्रेम, कर्तव्यपरायणता, त्याग आदि का भी समावेश हैं । नवविवाहिता होने पर भी चौदह वर्ष की लंबी वेला को भी भूलकर लक्ष्मण को महत्व मिलने के लिए वनवास के लिए वह अनुमति देती हैं । की इस चरित्र महिमा के सामने हम आश्चर्य चकित हो जाते हैं । लक्ष्मण ऊर्मिलाको अपनी माताओं की देखभाल करने के लिए सौंप देता हैं ।

अपने पति के पथ का विहन न बनने की लालसा को ऊर्मिला मन से रोकती हैं ।



ऊर्मिला चरित्र में प्रेम की प्रधानता भी हैं । लक्ष्मण के प्रति अपार प्रेम रखती हैं । इसी प्रेम के कारण चौदह वर्ष तक पति स्मृति में लीन रहती हैं । वे अत्यंतदीन हीना होते हुएभी सबको शांति एवं सुख प्रदान करने का परिक्रमा करती हैं ।

इस प्रकार हम देख सकते है कि ऊर्मिला परिस्थितियों को अनुसार चित्रित करके चित्र नवीन रूप देकर अपनी गरिमा ऊपर उठाथी हैं

सहायक ग्रन्थ सूची

वाल्मीकि रामायण – आरण्यकाण्डम् श्लोक 41

नरेश मेहता : पृ.81

वाल्मीकि रामायण

डॉ विजयश्री भी गुडी

एस जे आर महिला विध्यालय

हिन्दी विभाग

बेंगलुरु

H\$ AmD AnH\$

कल जो गुजर गया जो हमारा था
 वो किताब का पढ़ा हुआ पृष्ठ था
 सुख के साथ-साथ जिसमें कष्ट था
 वह आइने के समान स्पष्ट था ।
 हमने उसे जीत लिया
 हमने उसका सम्मान किया
 भले-बुरे को पहचान लिया
 आखिरकार वो कल गुजर ही गया ।
 जो आज है वो हमारा है
 जिंदगी के इस दौरान इस रस को पीना है
 हर क्षण साहस से जीना हैं
 हर पल आगे बढ़ना है ।
 इससे हमें सीखना हैं
 एक नया इतिहास रचना है
 सबको दिखाना हैं
 सबको बताना है ।
 कठिनाइयों को दूर हटाना हैं
 मेहनत से कदम बढ़ाना हैं
 प्यार से हाथ मिलाना हैं
 ये आज जो बहुत न्यारा हैं ।
 ये हमे बहुत प्यारा हैं
 कल जो आएगा वो हमारा होगा
 उसमें जो मिलेगा जो छूटेगा
 उसका अफसोस नहीं होगा ।
 श्रम ही हर सवाल होगा
 श्रम ही हर जवाब होगा
 जिस राह पर हम चलेंगे
 हर उस राह पर फूल खिलेंगे ।
 सफलताके सपने बनेंगे
 समुद्र से मोती चुनेंगे
 वो कल जिस पर एतबार हैं
 उसका हमें इंतजार हैं ।

- AObnH\$U
 तृतीय बी.कॉम

ZnaOgH\$Zht

तुम ऐसी हो जिसका कोई जवाब नहीं
 तुम बेटी, बहन, बहू, भाभी और माँ के रूप में
 लेती हो जन्म तुम विद्यादायीनि सरस्वती हो ।
 धन देनेवाली लक्ष्मी हो ।
 जब प्यार करती हो तो ममता की मूरत हो तुम
 और क्रोध आया तो माँ काली का रूप हो तुम
 हाँ नारी तुम ऐसी हो जिसका कोई जवाब नहीं
 अपने सपनों को भूलकर दूसरों के सपनों को
 सच्च करती हो
 हर एक सफल पुरुष के पिछे
 नारी का हाथ होता हैं ।
 हाँ नारी तुम ऐसी हो जिसका कोई जवाब नहीं ।
 समाज कहता है की तुम एक नारी हो ।
 तुम कुछ भी नहीं कर सकते
 आज के नारी सबकुछ कर सकती हैं ।
 हाँ नारी तुम ऐसी हो जिसका कोई जवाब नहीं ।

- ^naV E9 Zna
 द्वितीय बि.ए.



गुनोनामः (H\$mb 0 Z)

mī nām

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{d_bM\$...`w{VH\$`nVm

ad m..ī fōmH\$~Sx~hZ

एक सुंदन शहर में एक सुंदर परिवार रहता है। उस परिवार में कोई आडंबर का वातावरण नहीं रहता। उनका परिवार एक मध्यवर्गिय परिवार है। उस परिवार का मूल आधार स्तंभ विमलचंद्र हैं। काम से वो एक लॉयर हैं। विमलचंद्र की दो बेटीयाँ हैं। एक रेखा और एक शीला। रेखा ने १८ साल उम्र में प्रेम के जाल में पड़कर घर छोड़कर चली जाती हैं। उस कारण से विमलचंद्र शीला पर बहुत सक्ति हो गए थे। वे नहीं चाहते हैं की रेखा के जैसे शीला भी बिगड जाए। शीला से वे कहते रहते है की वे बडी हो कर पिता की जैसे लॉयर बने परंतु पिता के इन बातों से शीला बहुत दुःखी रहती हैं और स्वतंत्र हीन जीवन को बिताना उसके लिए मुश्किल हो रहा था। धिरे धिरे शीला भी प्रेम की जाल में फस कर वो भी घर छोड कर भाग जाती

हैं। वह लड़का बहुत ही दोखेबाज़ - दगाबाज़ रहता हैं। जब वह लड़के के व्यवहार को जान लेती हैं। उसे पता चलता हैं की वह शीला को दूसरे देश के लिए व्यापार करने के लिए तैयार रहता हैं। वह भयभितहोकर घर से भागती हैं तब उसे पता चलता हैं की क्यों उनके पिता अपनि बेटी से इतना प्यार करते थे। अंत में पिता के भावनावों को समजकर शीला ५ साल के बाद लायर बनकर काम करना शुरू करती हैं। बेटी की इस ख्याति को देख कर उनकी पिता बहुत खुश हो जाते हैं।

इस कहानि का अर्थ यह हैं की हर एक बेटी उसकी पिता के बेटा बनकर जीसके प्रेम के जाल में पडकर अपने जीवन को खतम नहीं करना चाहिए। माता-पिता के बारे में सोचते हुए आधूनिक समाज में अपनी पहचान बनाकर भविष्य में आगे बड़ना हैं।

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द्वितीय बि.कॉम



गमवर्नह्य | EHS\$ dVm | I y

सोचती हूँ मैं एक कविता लिखूँ
पर पहले मैं कविता लिखना तो सीखूँ

कवि रचनाकार सोच के सागर में डूब जाते हैं।
न जाने कैसे ये सुंदर कविताएँ लिख जाते हैं।

सूझता नहीं क्या लिखूँ
सीखूँ तो किससे सिखूँ

लिखूँ कविता इस संसार पर
या उसके भ्रष्टाचार पर

लिखूँ कविता अपने दोस्तों के बारे में
हमारी दोस्ती या उनके गुणों के बारे में

समझमें आता नहीं क्या लिखूँ
सीखूँ तो किससे सीखूँ

लिखूँ कविता झील में भरी मछलियों पर
या फूलों पर झूमते भौरों पर

सोचती हूँ मैं एक कविता लिखूँ
पर पहले मैं कविता लिखना तो सीखूँ

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तृतीय बी.कॉम

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माता-पिता से बढ़ कर जग में
है कोई भगवान नहीं।
माता-पिता की सेवा से बढ़कर
जग में कुछ काम नहीं।
माता-पिता को जो दुख देता,
वो पाता सम्मान नहीं।
माता-पिता का करे अनादर,
पापी है, इंसान नहीं।

- g\$ mEg
प्रथम बि.कॉम



माँ

माँ वो अक्षर है जो दिल से आवाज निकलकर आती हैं। माँ वो होती है जो कुछ भी कहे सहलेती हैं। यह नहीं की उसे जो कुछ भी कहले वो रह सकें। हर एक की माँ हर एक की जीवन में महत्वपूर्ण जीवन का हिस्सा है। जन्म लेती है एक बेटी बनकर, फिर जन्म देती है माँ बनकर। क्या अपने गर्भ में अपने बच्चे को 9 महीने रखना असंभव है, क्या उसने बिना किसी तकलिफ के अपने बच्चों को पालन पोषण किया नहीं ना ! फिर क्यों ? फिर क्यों ? आज कल की युवा पीढ़ियाँ अपने माता-पिता को इज्जत नहीं देती। क्यों उनहोने यही संस्कार दिए ? क्या उनके परवरिश में कोई कमी थी ? नहीं ना !!! फिर आखिर क्या उत्तर है इस युवा पीढ़ी का



जो अपने ही घर में जो माँ का और पिता का महनत से जमाकर जो घर बनवाया है उसमें रहने क्यों नहीं देते, यह युवा पिड़ियाँ।

पुराने जमाने में एक छत और एक ही कमरा रहते हुए भी, आपस में हर घर के सदस्य खुश रहते थे। परंतु आज अपने ही माँ और पिता को रखने के लिए या देखबाल करने के लिए अपने ही बच्चे मजबूर समझ बैठे हैं। कहने या सुनने को अच्छा लगता है कि माँ के पैरों में जन्नत है और बच्चों के कर्तव्य तो देखो कैसे। बचपन में अपनी हर इच्छा को दिल में रखकर बच्चों की इच्छाओं को पूर्ण करती हैं। दिल में अपने सारे दुखों को रखकर बच्चों के सात मुस्कुराती रहती हैं। माना के वो उतनी शिक्षित नहीं थी मगर यह न ही की उसने अच्छी परवरिश ना कि हो। कहते हैं माँ ही पहली अध्यापिका हैं। मगर जब बच्चे बड़े हो जाते हैं तो उसके सिखाएँ। हुए संस्कार भु जाते हैं। और घर पैसों के लिए इनको छोड़ दिया जाता है। मगर हम सब युवा मिलकर एक मानवियता से अपने माँ और पिता को हमेशा खुशी से रखने की अभिलाशा करेंगे तो अवश्य भविष्य में कोई भी वृद्धाश्रम नहीं होगा। जीवन में कामियाबि ही मिलेगी। इसकी कोई गुंजाइश नहीं। अगर संकोच हो तो जीवन में अपना कर तो देखो। क्यों की जीवन में ऐसा कोई काम नहीं जिसमें इतना आनंद हो !

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द्वितीय बि.कॉम

SPECTRUM

Departments of Physical & Life Sciences

CHEMISTRY OF CAFFEINE IN COFFEE

Chemistry of caffeine in coffee Caffeine (1,3,7-trimethylxanthine) is a purine alkaloid that Occurs naturally in coffee beans. Some physiological effects associated with caffeine administration include central nervous system stimulation, acute elevation of blood pressure, increased metabolic rate and diuresis. Caffeine is rapidly and almost completely absorbed in the stomach and small intestine and distributed to all tissues including the brain. It is found in varying quantities in the seeds and leaves of Coffee plant and act as natural pesticide.

Caffeine's primary mechanism of action

The only likely mechanism of action of the Caffeine is the antagonism at the level of adenosine receptors. Caffeine increases energy metabolism throughout the brain but decreases at the same time cerebral blood flow, inducing a relative brain hypoperfusion. Caffeine activates noradrenaline neurons and seems to affect the local release of dopamine. Many of the alerting effects of caffeine may be related to the action of the methyl xanthine on serotonin neurons. Caffeine exerts obvious effects on anxiety and sleep which vary according to individual sensitivity to the methyl xanthine. However, children in general do not appear more sensitive to methyl xanthine effects than adults.

Health Benefits of Caffeine-Caffeine helps ward off Alzheimer's. In Japan researchers have shown that caffeine increases memory. Caffeine detoxes the liver and cleanses the colon when taken as a caffeine enema. Caffeine can stimulate hair growth on balding men and women. Caffeine relieves post work-

out muscle pain by up to 48%. Caffeine can ease depression by increasing dopamine in the brain. Caffeine may prevent skin cancer. A new study out of Rutgers University found that caffeine prevented skin cancer in hairless mice. People who consume caffeine have a lower risk of suicide.

Caffeine extraction Processes Super critical Fluid Extraction Microwave-assisted extraction Ultrasonic extraction Heat reflux extraction Caffeine

Treatment of Alzheimer Disease (AD)

Epidemiologic Studies have increasingly suggested that caffeine could be an effective therapeutic against Alzheimer's disease (AD). An in vivo experiments was conducted on a transgenic mouse model for AD of determine if caffeine have beneficial actions to protect against or reverse AD-like cognitive impairment and AD pathology. AD transgenic (Tg) mice

WHAT CAFFEINE DOES TO YOUR BODY?



HOW MUCH CAFFEINE?

in a cup of your drink (in mg)



150
brewed coffee



135
filter coffee



110
instant coffee



64
espresso



47
black tea



36
green tea



24
white tea



8
decaf coffee

of age between 4 and 9 months were given (300 mg/L) caffeine in their drinking water from young adulthood into older age.

Negative Side effects of Caffeine-

Negative effects on Heart Rate and Blood Pressure, Osteoporosis, Loss of sleep, Fertility and miscarriage, Hormonal Variations etc.

Caffeine on Coronary Heart Diseases

Several studies have examined the relationship between coffee consumption and coronary heart disease (CHD) risk. In general, case-control studies have found high coffee intakes to be associated with significantly increased risk of CHD or myocardial infarction (MI). Two separate meta-analyses that combined the results of eight case-control studies found that CHD risk was 40-60% higher in those who consumed 5 or more cups of coffee daily

compared to those who did not drink coffee. The effect of coffee or caffeine consumption on people with established CHD has not been well studied.

Conclusion

Caffeine is part of modern life. Regular coffee lovers include the majority of adults and children. Recommendation for most people is to enjoy one or two cups of coffee a day which will allow you to capitalize on its health benefits without incurring health drawbacks. Extensive recent research has put forth that coffee is far more healthful than it is harmful. Very little bad and a lot of good come from drinking it.

- **Vaishnavi A**

III B.Sc2



VACCINES

Vaccines by definition are biological agents that elicit an immune response to a specific antigen derived from an infectious disease-causing pathogen. Edward Jenner developed the first vaccine in 1796 using cowpox to inoculate against smallpox. A vaccine is a biological preparation that provides active acquired immunity to a particular disease. A vaccine typically contains an agent that resembles a disease-causing microorganism and is often made from weakened or killed forms of the microbe, its toxins or one of its surface proteins. Vaccines can be prophylactic (to prevent or ameliorate the effects of a future infection by a natural or "wild" pathogen), or therapeutic (vaccines against cancer, which are being investigated). The administration of vaccines is called Vaccination.

Vaccination is the most effective method of preventing infectious diseases. Mainly there are 2 types of Vaccines. They are:-

A) Classical Vaccines or Traditional Vaccines:- 1) Live Attenuated Vaccines :- Rotavirus vaccine, MMR vaccine, Nasal flu vaccine, BCG vaccine. 2) Inactivated Vaccine :- Inactivated Polio Vaccine, Influenza, Rabies, Hepatitis-A vaccine. 3) Subunit Vaccines :- Influenza, Hepatitis-B vaccine.

B) Advanced Vaccines or Modern Vaccines:- 1) DNA Vaccines 2) Recombinant Vector Vaccines 3) Edible Vaccines 4) Anti-Idiotypic Vaccines 5) Synthetic Peptide-Based Vaccines



With the continued use of vaccines, it is tempting to speculate that other infectious diseases will soon follow suit. Although arguably one of man's greatest discoveries, vaccines have always been met with some hesitation, even in the late 18th and early 19th centuries. Yet recently, vaccination has rapidly become a highly controversial issue, due in large part to an erroneous link between vaccines and autism. **It is important to shed light on the necessity of immunization and the value it offers both personally and publicly.**

Advantages of Vaccines:- ✓ Protects your life ✓ Prevents spreading diseases ✓ Protects family and community ✓ Deals with a weak immune system.

Disadvantages of Vaccines:- ✓ Side effects ✓ Too many vaccines at a young age ✓ Serious diseases.

CORONA VIRUS-VACCINE DEVELOPMENT

"Paul McKay, a molecular immunologist at the Imperial College School of Medicine in





London, checks a dish of bacteria containing genetic material from the new corona virus. He and his team are testing a candidate vaccine. Right now scientists are trying to accomplish something that was inconceivable a decade ago: create a vaccine against a previously unknown virus rapidly enough to help end an outbreak of that virus. In this case, they're trying to stop the spread of the new coronavirus that has already infected tens of thousands of people, mainly in China, and

given rise to a respiratory condition now known as **COVID-19**".

Novavax, Inc. (NASDAQ: NVAX), a late-stage biotechnology company developing next-generation vaccines for serious infectious diseases, announced progress in its efforts to develop a novel vaccine to protect against coronavirus disease COVID-19. Novavax has produced and is currently assessing multiple nanoparticle vaccine candidates in animal models prior to identifying an optimal candidate for human testing, which is expected to begin by the end of spring 2020. Novavax created the COVID-19 vaccine candidates using its proprietary recombinant protein nanoparticle technology platform to generate antigens derived from the coronavirus spike (S) protein. Novavax expects to utilize its proprietary Matrix-M™ adjuvant with its COVID-19 vaccine candidate to enhance immune responses.

- **Sufiya Anjum M**
III B.Sc₂

AUSTRALIAN BUSH FIRE

Bushfire is an uncontrolled fire in a wooded or grassy area. Wildfire has been one of the important process affecting the Earth's surface and atmosphere for over 350 million years and human societies have coexisted with wild fire. But at present wildfires are considered as accelerating problem. Forest fires burn **75 million to 820 million hectares of land every year throughout the world.**

"Climate variability is often the dominant factor affecting large wildfires" despite widespread management practices aimed at reducing flammable materials in forests according to a report by the Intergovernmental Panel on Climate Change. Wildfires (not including fires intentionally set to clear land) burn some 3–8 percent of total terrestrial net primary productivity annually, releasing on average 1.7–4.1 giga tons of carbon into the atmosphere. An estimated 70 percent of all

forest fires occur in the tropics.

Bushfires in Australia are widespread and of regular occurrence significantly moulding the nature of the continent. Eastern Australia is one of the most fire-prone regions of the world, and its predominant eucalyptus forests have evolved to thrive on the phenomenon of bushfire. Australia's natural vegetation is fire prone, with some areas burning each year. Severe fires are closely linked with droughts



and higher temperatures, often associated with El Niño–Southern Oscillation and Indian Ocean Dipole events. **Natural causes are to blame most of the time, like lightning strikes in drought-affected forests.**

Bushfires of the 1974-75 fires burned up 15% of Australia. Australians have started the New Year anxious and alarmed with unprecedented bushfires engulfing parts of the country, causing thousands to flee the south-eastern coast under blood-red skies. The fires have now killed at least 29 people and destroyed some 2,500 homes. The destruction to the country's land and biodiversity is harder to perceive. An estimated 1.25 billion animals have been lost, and scientists fear long-term damage to many sensitive ecosystems.

Australia's bushfires have released 400 megatons of carbon dioxide into the atmosphere, burning huge swaths of forest. It has introduced carbon stored in biomass back into the atmosphere, and that carbon will stay there essentially as long as it takes the forest to regrow. Due to bush fire more than 13 million acres has burned. 480 million animals in New South Wales may have been killed already, either during blazes or afterwards from lack of food, water and shelter and increased risk of predation.

For months, hazardous bush fire smoke has intermittently blanketed heavily populated areas. Plumes of smoke, dust and ash are visible from space and have even drifted thousands of kilometres east to New Zealand, causing skies to turn orange and glaciers brown. According to Australia's Bureau of Meteorology 2019 was

the hottest, driest year on record. The country is experiencing one of its worst droughts in decades and a heat wave in December broke the record for highest nationwide average temperature of 41.9°C., the hottest and driest on record.

Forest fires in Amazon basin area is also a matter of concern. The Amazon biome approximately 6.7 million square kilometres, with highest biodiversity in the world is the home of about 30% of world's known species, plus 390 billion trees. Amazon rainforest in Brazil is ravaged by thousands of forest fires. The year 2019 saw the worst fires to hit the Amazon Basin. Even in India forest fires are a regular phenomenon. 37,059 fires(2018) were detected **using MODIS (Moderate Resolution Imaging Spectro-radiometer)** sensor data. Satellite based remote sensing technology and GIS tools have been effective in better prevention and management of fires through creation of early warning for fire prone areas, monitoring fires on real time basis and estimation of burnt scars.

Scientists have warned that climate change increases the likelihood and intensity of wildfires. The Climate Council says a warming planet is making bush fire conditions.

- Shruti N

II B.Sc₂

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DO YOU KNOW

Why do metals shine ?

Metals are shiny because metals contain free electrons that vibrate when they come in contact with light. When the electrons vibrate, they produce their own light. This light is reflected back and is what creates the shiny, lustrous appearance of metal.

Metal is shiniest when it is cut. Exposure to elements such as Oxygen & Carbon cause metals to lose the luster on the surface because the elements cause tarnish that reduces the freedom of the electrons to vibrate. The tarnish is removable through polishing or using a chemical treatment. Some metals, those known as "Noble Metals" are more resistant to tarnishing caused by elements.

According to the law of metallic reflection, the coefficient of reflection(R) is

$$R = 1 - 2 \sqrt{2f P/C}$$

Where, C is conductivity of the metal

P is the permittivity of the metal

F is the frequency of incident electromagnetic radiation.

In case of metals science P/C is much less than 1, hence most metals act as total reflectors for a wide range of frequency of radiation. But, the conductivity of metals decreases significantly with increase in frequency of the incident radiation, this makes it a poor reflector of those radiations. That's why metals shine with a specific color depending upon the variation of its conductivity with frequency,



permittivity, and free electron density. Lattice structure also plays a part.

Why does a steel ball pitch higher than a rubber ball?

It is a scientific fact that the height to which any object bounces from a surface depends on its elasticity. This physical property is defined as the ratio of stress created on the object from the impact to the strain which acts on it. (Stress is the force acting on a unit area of a ball during compaction and the strain is the deformation of the ball). It is independent of the density of the material of the object.



For large values of elasticity, the stress should be smaller for a given amount of stress. In case of steel ball and rubber ball of identical shape, steel has higher density and greater elasticity than rubber because the strain produced in steel is much lesser than that in rubber for a given force. In case of a bouncing steel ball, the collision is more elastic. Therefore, the energy lost by the steel ball is smaller, so it bounces to greater height than the rubber ball.

- Mahalakshmi S

II BSc₁

SUBLIME

Let sublime thoughts fill our mind

Let our words and actions be guided by compassion and justice

Department of English

A MASSIVE MASSACRE (COVID-19)

INTRODUCTION

The Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a new coronavirus that was at present identified during an investigation into an outbreak in Wuhan, China.

The United Nation (UN) health agency announced that "COVID-19" will be the official name of the deadly virus from China. By saying that the disease represented a "very grave threat". So we have a name for the disease as "COVID-19". The chief of World Health Organization (WHO) abbreviated "COVID-19" as: "CO" stands for "Corona", "VI" stands for "Virus", "D" stands for "Disease" and "19" stands for the year, as the first outbreak was first identified on 31st December 2019.

The word Coronavirus refers to the family of viruses that the disease belongs to and it is named for its crown like structure under a microscope. "Corona" is derived from the Latin word meaning "Crown" and the Ancient Greek korone, meaning Garland of Wreath.

HISTORY OF CORONA VIRUS

The life killing virus which is commonly known as Coronavirus was first identified in 1960 as a cause of common cold. Which was also known as Human Coronavirus (HCoV).

Later in one of the study which was carried out in Canada in 2001, more than 500 patients presented flu-like symptoms. An outbreak in 2002-2003 in Guangdong in China, resulted in spread to many other countries including Thailand, Vietnam, Taiwan, Hong Kong, Singapore and USA. After this outbreak, microbiologists and infectious disease experts focused on understanding the reason for the disease and discovered that the infection was caused by a new form of Coronavirus. As an effect more than 8,000 were infected and 774 were dead.

At present, a severe respiratory disease was recently reported in Wuhan, Hubei province, China. As of now, more than 3,000 cases had been reported since the first patient was hospitalized on 12 December 2019. The first person who was hospitalized due to this virus had the signs like: fever, dizziness and cough. One of the main reason of this virus was, people consuming seafood sold out at markets in Wuhan. The Chinese President Xi Jinping comments that the world is defeating a "Devil" that is the Coronavirus.

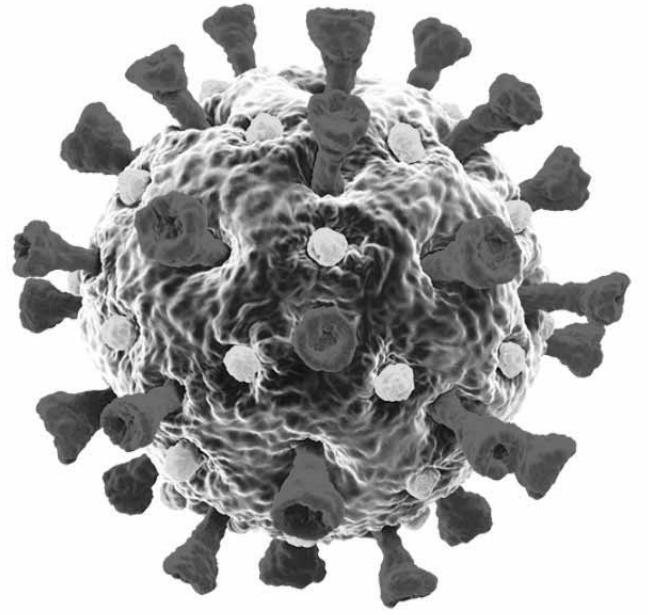
PRE-WARNING OF THE VIRUS FROM A CHINA DOCTOR

Dr. Li Wenliang (34), was an Ophthalmologist in Wuhan Central Hospital. He was the first person to warn fellow colleagues about corona virus outbreak. When

he sent his message of this outbreak, three days later the police visited him insisted him to stop spreading rumours. After this incident he returned to his work and he himself was caught inside the trap of the virus from a patient, the one whom he was treating and he was hospitalized for three days. And died of the infection on 6th February 2020.

STEPS TAKEN BY INDIAN GOVERNMENT AGAINST CORONAVIRUS

The Indian government said that screening of passengers would be done and it will be expanded to 20 airports along with adding new laboratories to test the virus. It is said that so far more than 35000 passengers have been screened in India. Minister of Health and Family Welfare, Harsh Vardhan held a review meeting and he exclaimed that, the government plans to test the virus at 10 laboratories across the country. The government activated four new laboratories at Alleppey, Bengaluru, Hyderabad and Mumbai for testing samples.



In the presence of Wuhan coronavirus, India has told the airlines operating direct flights from China and Hong Kong to start making in-flight announcements, asking passengers whether they are suffering from fever and cough and if they had travelled to Wuhan in last 14 days to self-declare at port of arrival.

SYMPTOMS

The people who are said to have COVID-19 has the following symptoms: Fever, cough, shortness of breath and breathing difficulties. Mild cases can cause pneumonia, severe acute respiratory syndrome, kidney failure and finally it leads to death. The Coronavirus family includes those that cause the common cold, but some found in bats, camels and other





animals have evolved into more severe illness or severe acute respiratory syndrome, and Middle East Respiratory Syndrome (MERS).

PREVENTIONS

There is currently no vaccine to prevent COVID-19. People should follow the preventive actions themselves every day to keep them away from such viruses. The some of the preventive measures are:

Avoiding close contact with people who are sick.

Stay home when you're sick.

Cover your face when you cough and sneeze with a tissue.

The centre for Disease Control and Prevention (CDC) recommended that, people who are well should wear a face mask to protect themselves.

Wash your hands often with soap and water for at least 20 seconds or use sanitizers.

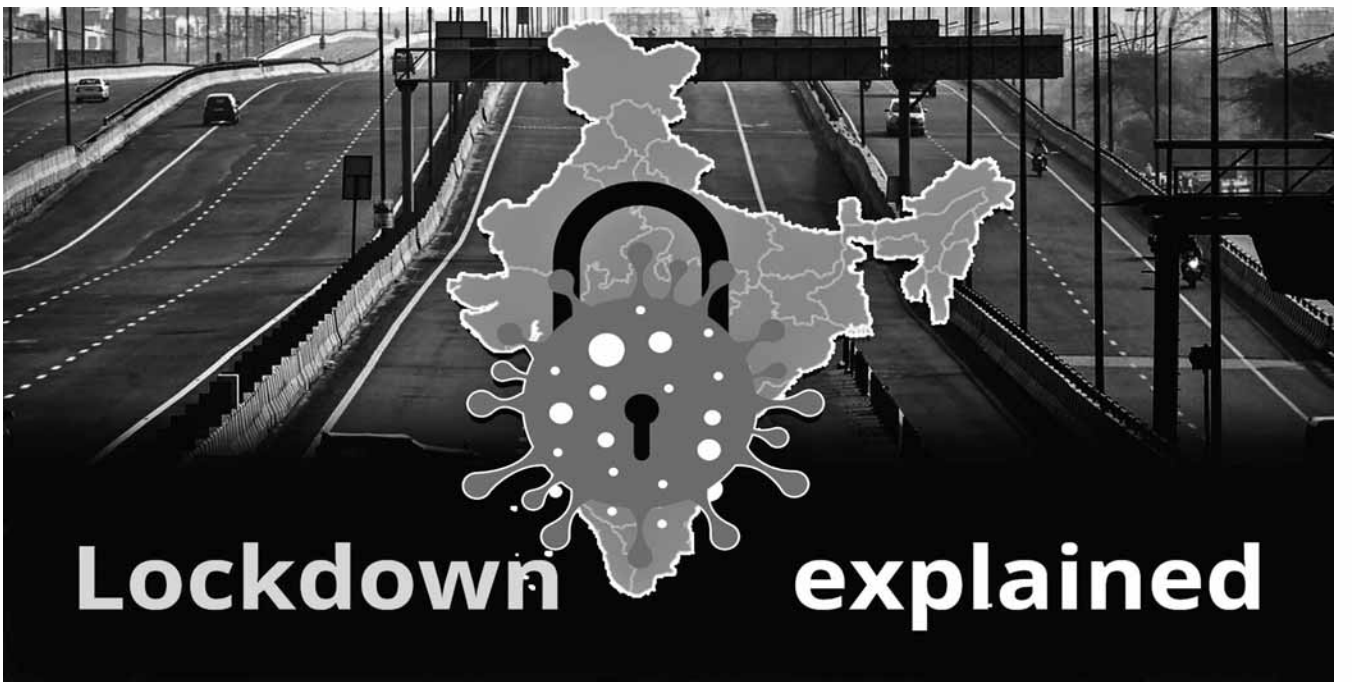
Amidst of this, the great advantage was to the retailers. People started demanding for the face masks in order to protect themselves from this infectious disease. The stock prices of some companies that sell masks rose. Several online retailers sold out of there masks, which were being sold for more than 10 times their original price.

Effect on families

This was a real life incident which is very emotional. A video of a nurse treating coronavirus patients in China giving an air hug to her daughter. In this video the nurse stands several meters away from her child as the girl weeps and says: "Mum, I miss you." The nurse replies, "Mum misses you too," before miming a hug, the nurse tells her child that as soon as the virus is defeated, "mum will be home".

- **Ashwitha B**

I BCA



LOVE

“ALL LOVE IS EXPANSION AND SELFISHNESS IS CONTRACTION.”

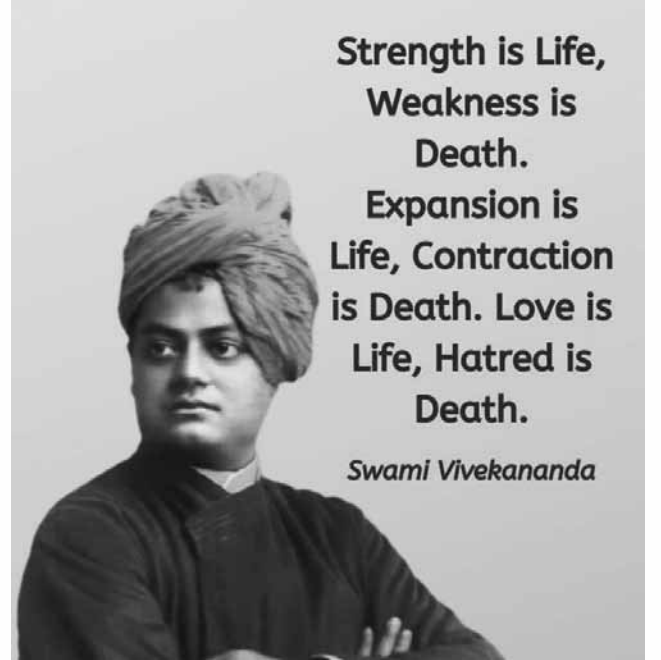
- SWAMI VIVEKANANDA

This is my premise **“YOU CANNOT EXPECT TO BE LOVED, BUT CAN SPREAD LOVE IRRESPECTIVE OF ANY BIAS .”**

Love is not materialistic. You cannot expect to be loved by everyone. Expansion and contraction are two words which are quite opposite to each other, expansion of love is something which makes a person to live for others, whereas contraction is something which can give only hostility and makes a person isolated from the world.

Loving unconditionally is an expansion; it is a very beautiful word which is beyond description. It does not have any boundaries. When a person is being loved by somebody he starts living for that person. One cannot question love on the basis of their relationship, for example: one cannot question the love between a father and a daughter or between siblings or the love between a couple. It is an emotion or feeling which connects two souls. In today's exhausted world it is very difficult to find a true love and the remaining is the lust, which few expect from their partner and nothing more than it, this can lead a person to be selfish. Love is something which makes a man feel comfortable, on the other hand selfishness leaves a man in discomfort, for a selfish person love is just a word. One cannot express love by giving a gift or an award or being physical, and also cannot be expressed by showing care.

We can see most of the people suffering from one or the other psychological problems, one reason of this is lack of love and care. Today, most of the people are money minded, doesn't respect their relationship. These are the reasons why man is lacking in true love and leading to the path of selfishness. It is also the culture, tradition, values which plays



an important role in the life of a person to modify his or her behavior. A selfish person can find love only when he tries to love himself first. We can view that love is an inherent quality whereas selfishness is adapted, this quality develops when a person is isolated from the family and society.

According to me realization of true love can happen when the person loses his loved one's. We should try to understand, what makes a man selfish by being empathetic towards him and try to bring out his affirmations and help him to come out of that secluded environment and try to make him realize the importance of true love in one's life.

HENCE WE CAN SAY THAT “ALL LOVE IS EXPANSION AND SELFISHNESS IS CONTRACTION.”

- BHARTHY S NAHAR

II-BA [OESPsy]

TECHTONICS

Initiative for Learning and Innovative in Implementing

Department of Computer Science

INFORMATION TECHNOLOGY

Technology has impact on people all over the world. Advances in technology have made our lives easier safer and secure. Technology have brought us online banking, smart cars, smart TV's, lighting fast computers and the virtual reality. At the same time technology affected our lives negatively such as cyber warfare, hackers, identity theft, cyber stalking and a host of other bad things.

Life was burdensome and everyday chores consumed too much of our time, before the advent of modern-day technology. The society has been changed with the evolution of technology. The access to education, medicine, industry, transportation etc. has been simplified due to development in modern day technology. Due to the convenience and efficiency provided by technology, our lives have improved.

Information Technology give a new face to traditional libraries that include both digital collections and traditional, fixed media collections. We know that traditional libraries

are limited by its storage space, but the digital information requires little space to contain information, so digital libraries have the potential to store more documents. The use of information technology in digital libraries will increase the number of users and the expectations of the users.

Technological advancement has brought the efficiency, quality and reduced risk in the manufacturing sector.

Agriculture, industry, profession, health, education, art, political processes, recreation, religious activities and daily life activities all are under the influence of technology now. There are some modern technological developments that play a major role in making our daily life more effective. Television is also good servant; it's considered as the cheapest source of information and entertainment nowadays.

- Sujitha R
I BCA



MOBILE CLOUD COMPUTING

Mobile cloud computing (MCC) is a new technology having lot of applications in monitoring of vehicles, mobile learning, biometry, digital forensic analysis etc. With the help of mobile cloud computing, data processing and storage are performed inside the cloud. Mobile cloud computing with several demerits such as limited speed, low bandwidth, mobile health monitoring, limited storage capacity of traditional mobile learning and mobile gaming.

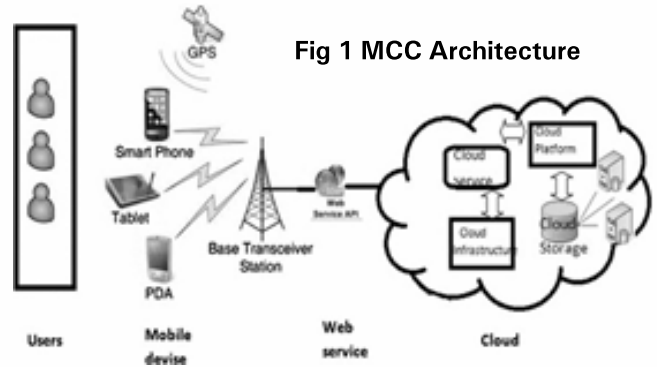
INTRODUCTION

Mobile cloud computing (MCC) is the combination of cloud computing, mobile computing, wireless networks to bring rich computational resources to mobile users, network operators as well as cloud computing providers. The ultimate goal of MCC is to enable execution of rich mobile applications on a mobile device, with a rich user experience.

MCC provides business opportunities for mobile network operators as well as cloud providers. More comprehensive, MCC can be defined as “a rich mobile computing technology that leverages unified elastic resources of varied clouds and network technologies towards unrestricted functionally, storage and mobility to serve a multitude of mobile devices anywhere anytime through the channel of Ethernet or Internet regardless of heterogeneous environments and platforms based on the pay-as you-use-principle.”

ARCHITECTURE

MCC uses computational augmentation approaches (computations are executed remotely instead of on the device) by which resource-constraint mobile devices can utilize computational resources of varied cloud-based resources. In MCC, there are four types of cloud-based resources, namely distant



immobile clouds, proximate immobile computing entities, proximate mobile computing entities, and hybrid (combination of the other three model). Giant clouds such as Amazon EC² are in the distant immobile groups whereas cloudlet or surrogates are member of proximate immobile computing entities. Smartphones, tablets, handheld devices, and wearable computing devices are part of the third group of cloud-based resources which is proximate mobile computing entities.

Vodafone, Orange and Verizon have started to offer cloud computing services for companies.

Key Requirements for MCC

1. Simple APIs offering transparent access to mobile services, and requiring no specific knowledge of underlying network technologies.
2. Web interface.
3. Internet access to remotely stored application in the cloud.

Advantages of MCC

1. Flexibility: Mobile cloud computing permits accessing information from anywhere in the world. As long as you're on the internet, you can get the application from any mobile device.

2. **Cost-Efficient:** Cloud computing is one of the most cost-efficient methods to be used and maintained. Mobile cloud computing has a minimum upfront cost based upon the use. Additionally, there are no hefty fees charged for upgrades and licensing.
3. **Real-Time Data Availability:** You are able to go real-time with the mobile cloud computing. Considering that all your information is managed externally, you are able to access and update your information in real-time on your mobile device. Documents can also be simultaneously managed by multiple individuals.
4. **Multiple Platform Support:** Mobile cloud computing provides multiple platform support. You can easily access and software stored in the cloud, irrespective of the platform
5. **Extending battery lifetime:** Computation offloading migrates large computations and complex processing from resource-limited devices (i.e., mobile devices) to resourceful machines (i.e., servers in clouds).

Disadvantages of MCC

1. **Security and Privacy:** Remain privacy is a major challenging issue in mobile cloud computing. It is harder to manage threats on mobile devices as compared to desktop devices because in a wireless network there are more chances of absence of the information from the network.
2. **Low bandwidth:** This is one of the big issues in mobile cloud computing (MCC) that need to be tackled. Mobile cloud use radio waves which are limited as compare to wired network. Available wavelength is

distributed in different mobile devices. So, it has been three times slower in accessing speed as compared to wired network

3. **Service Availability:** Connection is another major threat in cloud computing. Users often find complaints like transportation crowding, breakdown of network, out of coverage. Sometimes customers get a low frequency signal, which affects the access speed and storage facility.
4. **Alteration of Networks:** Mobile cloud computing is used in different operating system driven platform like android, Apple iOS, and Windows Phone. So, it has to be compatible with different platforms. The performance of different mobile platform network is managed by the IRNA (Intelligent Radio Network Access) technique.
5. **Heterogeneity:** Handling wireless connectivity with highly heterogeneous networks to satisfy MCC requirements (always-on connectivity, on-demand scalability, energy efficiency) is a difficult problem

Applications

1. **Mobile commerce:** It allows business models for commerce using mobile devices. M-commerce can be used in Mobile Financial, Mobile advertising, Mobile shopping.
2. **Mobile learning:** M-learning combines e-learning and mobility. Helps learners' access remote learning resources
3. **Mobile healthcare:** M-healthcare is to minimize the limitations of traditional medical treatment (ex: small storage, security/privacy, medical errors)

4. Mobile gaming: M-game is a high potential market generating revenues for services providers.

CONCLUSION

The concept of cloud computing provides a brand-new opportunity for the development

of Mobile application since it allows the mobile devices to maintain a very thin layer for user application and shift the computation and processing overhead to the virtual environment.

- Radhika H N

III BCA

ROBOTIC PROCESS AUTOMATION

Robotic process automation (or RPA) is a form of business process automation technology based on metaphorical software robots (bots) or artificial intelligence (AI) workers.

In traditional workflow automation tools, a software developer produces a list of actions to automate a task and interface to the back-end system using internal application programming interfaces (APIs) or dedicated scripting language. In contrast, RPA systems develop the action list by watching the user perform that task in the application's graphical user interface (GUI), and then perform the automation by repeating those tasks directly in the GUI. This can lower the barrier to use of automation in products that might not otherwise feature APIs for this purpose.

RPA tools have strong technical similarities to graphical user interface testing tools. These tools also automate interactions with the GUI, and often do so by repeating a set of demonstration actions performed by a user. RPA tools differ from such systems that allow data to be handled in and between multiple applications, for instance, receiving email containing an invoice, extracting the data, and then typing that into a bookkeeping system.



As a form of automation, the same concept has been around for a long time in the form of screen scraping but RPA is considered to be a significant technological evolution of this technique in the sense that new software platforms are emerging which are sufficiently mature, resilient, scalable and reliable to make this approach viable for use in large enterprises.

DEPLOYMENT

The hosting of RPA services also aligns with the metaphor of a software robot, with each robotic instance having its own virtual workstation, much like a human worker. The

robot uses keyboard and mouse controls to take actions and execute automations. Normally all of these actions take place in a virtual environment and not on screen; the robot does not need a physical screen to operate, rather it interprets the screen display electronically. The scalability of modern solutions based on architectures such as these owes much to the advent of virtualization technology, without which the scalability of large deployments would be limited by available capacity to manage physical hardware and by the associated costs. The implementation of RPA in business enterprises has shown dramatic cost savings when compared to traditional non-RPA solutions.

There are however several risks with RPA. Criticism include risks of stifling innovation and creating a more complex maintenance environment of existing software that now needs to consider the use of graphical user interfaces in a way they weren't intended to be used.

IMPACT ON EMPLOYMENT

Instead, workers have been redeployed to do more interesting work. One academic study highlighted that knowledge workers did not feel threatened by automation: they embraced it and viewed the robots as team-mates. The same study highlighted that, rather than resulting in a lower "headcount", the technology was deployed in such a way as to achieve more work and greater productivity with the same number of people.

Conversely, however, some analysts proposed RPA as a threat to the business process outsourcing (BPO) industry. The thesis behind this notion is that RPA will enable enterprises to "repatriate" processes from offshore locations into local data centers, with the benefit of this new technology. The effect, if true, will be to create high-value jobs for skilled process designers in onshore locations (and within the associated supply chain of IT

hardware, data center management, etc.) but to decrease the available opportunity to low skilled workers offshore. On the other hand, this discussion appears to be healthy ground for debate as another academic study was at pains to counter the so-called "myth" that RPA will bring back many jobs from offshore.



Impact on society

Academic studies project that RPA, among other technological trends, is expected to drive a new wave of productivity and efficiency gains in the global labor market. Although not directly attributable to RPA alone, Oxford University conjectures that up to 35% of all jobs may have been automated by 2035.

Meanwhile, Professor Willcocks , author of the LSE paper cited above, speaks of increased job satisfaction and intellectual stimulation, characterizing the technology as having the ability to "take the robot out of the human", a reference to the notion that robots will take over the mundane and repetitive portions of people's daily workload, leaving them to be redeployed into more interpersonal roles or to concentrate on the remaining, more meaningful, portions of their day.

Robotic process automation 2.0

Robotic process automation 2.0, often referred to as "unassisted RPA," is the next generation of RPA related technologies.

Technological advancements and improvements around Artificial Intelligence technologies are making it easier for businesses to take advantage of the benefits of RPA without dedicating a large budget for development work.

While unassisted RPA has a number of benefits, it is not without drawbacks. Utilizing unassisted RPA, a process can be run on a computer without needing input from a user, freeing up that user to do other work. However, in order to be effective, very clear rules need to be established in order for the processes to run smoothly.

Hyper automation

Hyper automation is the application of advanced technologies like RPA, Artificial Intelligence, Machine Learning (ML) and Process Mining to augment workers and automate processes in ways that are significantly more impactful than traditional automation capabilities. Hyper automation is

the combination of automation tools to deliver work.

Gartner's report says "RPA alone is not hyper automation. Hyper automation requires a combination of tools to help support replicating pieces of where the human is involved in a task".

RPA failures

RPA automates a clearly defined process, but most enterprises don't have clearly defined processes. So they start automating, and either automate the wrong thing or get lost in trying to reverse engineer the process.

One way to avoid RPA failure begins with identifying, optimizing, and prioritizing processes. Business process experts will play a vital role in helping functions and business units identify, analyze and prioritize the tasks and processes to automate.

- Poojitha G
II BCA



VOICE

Department of Commerce

MERGERS OF BANKS

The world of competition is like a jungle where monsters gobble small ones. Therefore, one must be competent enough to win the rivalry. Many banks see an acquisition or merger as a chance to expand their reach or scaleup operations quicker. To enter the global financial market and to survive in the high-risk oriented field competing with foreign banking giants, Indian banking sectors need consolidation.

In 1991, Mr. M. N. Narasimhan was at the helm of the Reserve Bank of India. The Narasimhan Committee that studied the problems faced by the Indian Financial System, had also suggested some recommendations for the improvement in the productivity and efficiency of the RBI.

The term merger may be defined as a means of unification of two or more players into single entity. Bank merger is an event in which previously distinct banks are consolidated into one institution. When merger occurs, an independent bank loses its charter and becomes a part of an existing bank with one headquarters and is driven by an unified control. Merger of two weak banks or merger of one weak bank with one strong bank is said to be the faster and less costly way to improve profitability than spurring internal growth. Recently, the Finance Minister announced merging of 10 Public Sector Banks into 4 big banks. Punjab National Bank, Oriental Bank of Commerce and United Bank; Canara Bank, Syndicate Bank, Union Bank of India, Andhra Bank and Corporation

Bank; Indian Bank and Allahabad Bank; Vijaya Bank, Dena Bank with Bank of Baroda; five associate banks with SBI.

Merging of banks have lot of advantages: It will reduce their dependence on the government for capital since it will increase the role of internal and market resources and thus, increasing capital generation. Merger is the easiest way of increasing the talent and diversity of the work force. Its large operations enables the banks to bring down the operative cost. The improvement in capital base enables the banks to take up new and diversified activities such as financing equity, underwriting insurance products, issuing asset-based securities, providing new delivery channels etc.

On the downside, merger will result in poor culture fit. Employees feel disappointed and may not show enough commitment which impacts customer service and customer relationship. It leads to loss of identity of various banks. After merger banks find it difficult to meet all compliance norms. Merger gives temporary relief, not real remedies to problems.

Bank consolidation is a tricky issue. While it is said that the long-term benefits of consolidation outweigh the short-term concerns, it must not be made a general policy. It is only to be done with right banks for right purpose with proper safeguards.

- Kumari Mansi Nayak

III B.Com₂

EFFECTS OF GST IN INDIA

GST or Goods and Service tax was introduced in 1st July 2017 in India. It is a futuristic tax with the goal of making India a global participant. GST replaced several Central and State indirect taxes like VAT, Central Excise Duty, Customs Duty, Service Tax, etc.

GST is expected to bring greater transparency, improve compliance and create a common playing field for business by amalgamating a host of central and local taxes. It has taken 17 years (2000-2017) for the GST to come into force. It is a dual taxation regime, where there will be only two components namely, Central GST (CGST) and State GST (SGST) with common slabs rate of 5%, 12%, 18%, & 28% in India. GST is a tax on goods and services with value addition at each stage having comprehensive & continuous chain of set of benefits from the producer to service providers point up to the retailers level, where the final consumers should bear the tax. GST is also showcased as **"ONE NATION ONE TAX."**

After two years there must be a climate of certainty with smooth GSTN Network and minimum changes in law. Currently government is working on GST 2.0. There has

been multiple reduction in tax rate for various goods. The government has also introduced the E-Way bill system across India. Some of the advantages of GST are: Increase in foreign investment, Fewer tax, Reduction in the cost of doing business, Transparency, Improved compliance & revenue collections, Efficient use of resources, Estimated increase in GDP and Mitigation of cascading of taxes. Some of the disadvantages includes: Dual control, incumbent increase of the cost of some commodities, loss in Real estate market, varied concessions and exemptions, multiple points of taxation, Goods vs Service dilemma and narrow base.

In the nutshell movement of goods will now become much simpler across the country and cheaper as the regime replaces the old system, where a product was taxed multiple times and at different rates. GST will ensure a comprehensive tax base with minimum exemptions because of which industries will be able to reap benefits of common procedure. In the coming years, GST as per government estimates, will boost India's GDP by around 2% per cent.

- Sanju Mewara R
III B.Com₂

MAKING OF SUCCESSFUL ENTREPRENEUR

Entrepreneur is an economic agent who plays a vital role in the economic development of a country. Never could we have predicted that Azim Premji, who inherited a vegetable oil company could beat a traditional industrialist in becoming the richest Indian. And that a school teacher's son Narayan Murthy, would own the most valued company in India, Infosys. Such twists of fate possible

only in today's India, was thought impossible a few decades ago. Narayan Murthy wanted to modernise India and he introduced computerisation in the public sector irrespective of whether the computers were being used or not. Dhirubhai Ambani and Aditya Birla realised the importance of raising money from the Public. In 1990, Hindalco was the first company to raise capital at a premium

of Rs.100 per share in domestic market.

The history of entrepreneurship in India dates to centuries i.e., in the precolonial times of Indian trade the business was at its peak. Indians were experts in melting of metals such as brass and tin. Kanishka empire in the 1st century started nurturing Indian enterprise traders. Following that period, in around 1600 A D India established its trade relationship with Roman Empire. Gold was pouring from all sides. Then came the Portuguese and then English. They captured the Indian sea route and slowly entered the Indian business. They forced the entrepreneur to become a trader and they themselves took the role of an entrepreneur.

How to start an enterprise?

Here are few steps to commence an enterprise:

- Step 1: Know yourself.
- Step 2: Analyse the risk taker.
- Step 3: Market research.
- Step 4: Examine your business requirements.
- Step 5: Calculate investment requirements.
- Step 6: Developing your sales plan.
- Step 7: Developing your marketing strategy.
- Step 8: Decide on an appropriate legal business structure.
- Step 9: Be aware of legal obligations that will affect your business.

Step 10: Write your business plan.

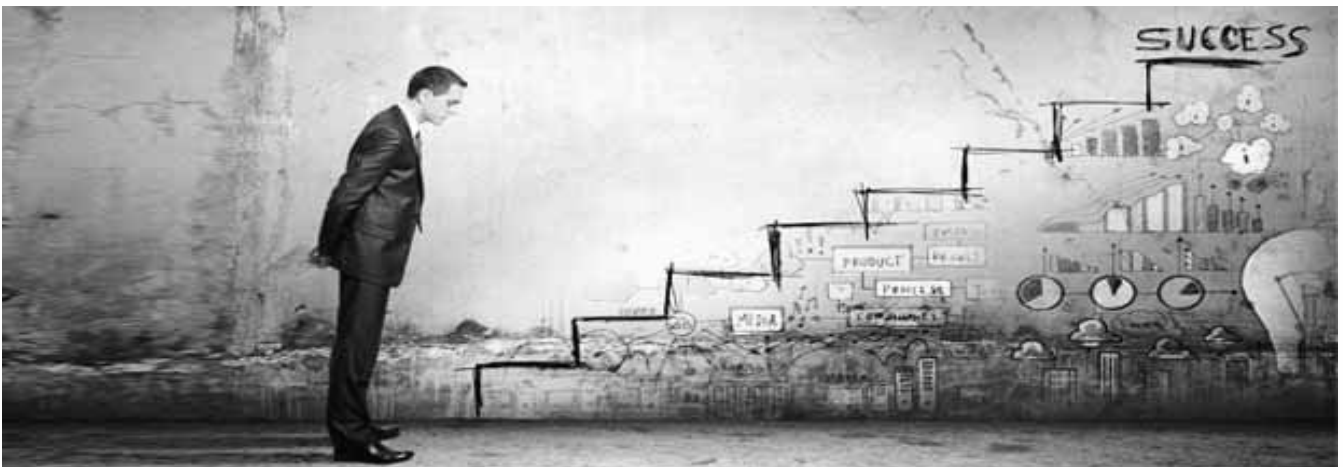
Ways to become a successful entrepreneur:

- Get gritty
- Challenge yourself
- Be passionate
- Take risks
- Trust yourself
- Reduce fear
- Visualize goals
- Hire great partners
- Plan your finances
- Analyse your customers
- Listen to complaints
- Exceed expectations
- Focus on business plan

As we all know succeeding in business is not overnight task. In fact, that's largely a myth. As I have demonstrated in these ways to become successful entrepreneur one has to take long term strategy and build it in baby steps until it becomes a success. Finding success as an entrepreneur is no easy task, but with these simple tips and ways, we hope it becomes just a little bit easier. Also, by preparing a business plan one can run an enterprise very smoothly. By this one can become a successful entrepreneur.

- Aatifa Nasreen

III B.Com₂



TIME FOR FUN

DO YOU KNOW?

- Abacus is considered as the origin of the calculator.
- 12,345,678,987,654,321 is the product of 111,111,111, x 111,111,111. Notice the sequence of numbers, its 1 to 9 and back to 1.
- Plus (+) and Minus (-) symbols were used as early as 1489 A.D
- An ICOSAGON is a shape with 20 sides.
- From 0 to 1,000 the letter "A" only appears in 1,000 ("one thousand").
- Among all shapes with the same area circle has shortest perimeter.
- The word "FRACTION" derives from the Latin word "FRACTIO" which means "TO BREAK".
- 2,520 is the smallest number that can be exactly divided by all the numbers from 1 to 10.

RIDDLES!!!

- 1) How many 9s are there between 1 and 100?
- 2) In two years, I know, I'll be twice as old as five years ago, said Tom. How old is Tom?
- 3) Mom and Dad have four daughters, and each daughter has one brother. How many people are in the family?
- 4) If it took 6 people 9 hours to build a barn, how long would it take 12 people to build the same barn?
- 5) How can you add eight 4s together so that the total adds up to 500?
- 6) There is a three-digit number. The second digit is four times as big as the third digit, while the first digit is three less than the second digit. What is the number?
- 7) If you multiply this number by any other number, the answer will always be the same. What number is this?
- 8) There were two fathers and two sons. All of them ate 1 egg each for breakfast. How many eggs all of them had in total?
- 9) Complete the following series: 7, 4, 9, 6, 11, __, __.
- 10) How will you get 6 using only digits 5, 3, 3, 3?

Answers: 1) 20 2) 12 3) 7 4) None, the barn is already built! 5) $444 + 44 + 4 + 4 + 4 = 500$ 6) 141
7) 0 8) 3 (Grandfather, father & son) 9) 8 & 13 10) $5 \times 3 - 3 \times 3 = 15 - 9 = 6$.

- Anjali Kulkarni Anand

III B.Com₂

PUBLIC CONFIDENCE IN CAPITAL MARKET AND BANKING SECTOR

Our beloved country is undergoing through a great expansionary economic policy nowadays. It has become indispensable for us to ensure stability in Capital Market and Banking Sector. Capital Market and banking sector together constitutes such a significant portion of economic activities that it is peremptory determinant of any country's economic development. In order to attribute the contributions of these two into the overall economic development it is imperative to ensure a stability and gentle flourishing in both capital market and banking sector. But unfortunately, due to many reasons, these are being disrupted.

What are the ways to ensure stable flourishing in these two sectors?

However, it is indisputable that attitude of the public towards capital market should be very positive and persuasive. People invest in capital market in order to earn returns based on their fundamental and technical analytical tools to predict the price movement of stocks in the market. It is very natural for that investor to lose confidence on the capital market of the country when he observes that market is being manipulated very often or dominated by junk shares, he doesn't feel either the need or the confidence to invest in that market. A good capital market cannot function properly

and optimize its allocation of resources without adequate liquidity in the market. There are several good companies which are worthy of being listed and playing significant value additive role in the economy, but they are reluctant to capital market due to the lack of confidence. Securities and Exchange Commission with its related supervisory bodies can play a significant role in proper functioning of capital market and improve the confidence among the investors and potential companies to be listed in the stock exchanges.

The identical thing happens in the banking sector, while some banks are tired of carrying the load of increasing Non-Performing Loans (NPL), what is happening to the mind of the depositors who maintain their assets with that bank? Rapid Capital erosion of the 'bank', which is another name of trust, also erodes the confidence of common people about the capability of the banks. In this way confidence on the banks is gradually being decreased. In addition, if a depositor finds alternative medium of investment for example, Saving Certificate of Government, which is almost risk free and worthy of providing a hand-some return, why should he think of banks, confidence on which is gradually decreasing? Reluctance of people on banks will provoke liquidity crisis to come in the banking sector as well as economy, accompanied by disruption in the proper flow in the economy. This may be a real threat and can become very costly for the entire economy.

Thus, gaining Public Confidence in Capital Market and Banking Sector can be a catalyst for sustainable development in the long run.

- Jyothi M

III B.Com₁

ಮನೋನೃಪ



HOW TO INCREASE GDP TO DOUBLE DIGIT?

Double digit GDP growth is possible, but it will take 3 to 4 years as agriculture, industry and services need to grow at higher rates on a continuous basis. Getting GDP to grow by 10% in real terms, though not impossible, is quite challenging. In the last 3 years growth has come down from 8% to 5.8%.

Looking back:

Interestingly, if one looks back to see whether this number has been reached, it can be observed that during 2005-08 India had recorded an average growth of around 9.5%, which was just before the financial crisis. There are three segments that have to grow at high rates on a continuous basis.

1. **Agriculture:** The first is agriculture, which has to be resilient and grow continuously to keep the economy moving in an upward trajectory. Past experience shows that high GDP growth has been associated with years when agriculture grew by 4-5%. Therefore, while agriculture has 15% share in GDP, it has to be kept moving independent of monsoons on a sustained basis. Also, a single crop failure leads to high inflation which has an impact on overall spending, interest rates and investment ultimately.
2. **Building on industry:** The second is industry, where the two building blocks would be manufacturing and constructions. This segment has to register 10% growth continuously for the overall growth number to clock 10%. The present growth rate has been volatile with IIP growth in the sub-5% category and GDP growth in

the 6-8% region. This has to change for which support has to come from investment and consumption.

3. **Services matter:** Individually, various components of service sector such as trade, transport, finance, real estate and public administration have to necessarily grow by over 10% each. The government sector has to play a progressive role on a continued basis, but this is becoming difficult given the fiscal path that has been chosen. In the past when this sector grew rapidly, growth was enabled by higher fiscal spending, which is not possible today. Two challenges remain on this front. The first is that the banking sector has to be in order before growth can pick up. Second, the government sector must play a progressive role on a continued basis, but this is becoming difficult given the fiscal path that has been chosen. In the past when this sector grew rapidly, growth was enabled by higher fiscal spending, which is not possible today.

The expectation of a double-digit growth rate in GDP is definitely well-founded. But it will take another three to four years to get there. The larger base will make the climb steeper. Also, while touching 10 per cent is okay the goal must be to sustain this level for at least five years to generate jobs and move the poor out of the trap. Else, the 10 per cent number will not be meaningful.

- Chethana N S

III B.Com₁

HOW GOOGLE CONTROLS THE LIFE OF AN AVERAGE PERSON?


Yes, it's true but you may be wondering and thinking "How can this be?" The truth may strike you like lighting! Google knows each and everything about you. Google knows your address, the person you talk to the most, the places you visit often, the types of books you read, the types of brands you purchase, the type of sites you browse. You must be wondering: "How?" Well, do you remember having filled in all the personal details while signing up for google mail or any other application such as YouTube, Google Maps, play store, Google Drive, Google photos, etc., belonging to Google? Google has all the personal information about you. Google knows each and everything about you. Hence, it controls you without being seen by you. All

average person's life. And in most cases, we trust the Google more than a person that might be in knowing the reviews in Google than asking our friends or relatives. All our personal data is linked to our Google account even the important password which track our web activity to show relevant videos, articles and music which might suit our interests. The average figures of how many people use Google a day, is at least 2 trillion searches per year, 3.8 million searches per minute, 228 million searches per hour, and 5.6 billion searches per day.

Our overdependence on Google for all types of services allows Google to control us. Undoubtedly Google has made everyone a smarter person but also has contributed in



the advertisements that pop-up when you are browsing, Google is behind them. The sale promotional e-mails you receive; Google is behind them. Google always knows your exact presence location. Google knows how much traffic you will encounter while travelling to a place. So, you see how Google controls an



making us
lethargic. We
everyday search
normal
information from
Google which
can be gained
from books or
newspapers too.
We should not
be too
overdependent
on Google /
technology /
artificial
intelligence so

that we would reach to that extent where they start controlling us and our daily routine. So, we should use Google /AI/technology in a healthy and balanced way without affecting our daily activities.

- Geetha G

III B.Com₁

UTTHANA

Post Graduate Studies in Commerce

TOP 5 SOFT SKILLS IN 2020

While hard skills have everything to do with an employee's ability to perform a specific task, soft skills refers to the manner in which they do them, i.e., how they adapt, collaborate, solve problems and make decisions. In a latest LinkedIn report, companies have now begun to shift their focus to soft skills. It's a brave new world and it's high time we stop devaluing soft skills. So here are the top 5 soft skills that recruiters are on the lookout for in a resume.

1. Creativity.
2. Persuasion.
3. Collaboration.
4. Adaptability.
5. Emotional intelligence.

The workplace of the future is looking more automated for a second. In this technology-driven universe, it is human connection that will be carved. By making this idea of humanness the core of our workplaces, we can mitigate the problems of the future in the present. Gone are those days when getting a job was simply about acquiring the appropriate qualifications. Qualifications still matter, but securing employment, especially of the sustained and maintained kind is about way more than that. Soft Skills which were once optional bonuses in a resume, are now one of the cornerstones of hiring. We need to start taking them more seriously as we enter a radically altered job market.

- Rahamath Unnisa Y I

ಮನೋನೃಪ

II M.Com

ಬಂಧನದ ಗೊಂದಲ

ಮನದಲ್ಲಿ ಆಸೆಗಳು
ಕಣ್ಣಲ್ಲಿವೆ ಕನಸುಗಳು
ಪ್ರಶ್ನೆಗೆ ಸಿಗಬೇಕಾಗಿದೆ ಉತ್ತರಗಳು
ಬಗೆಹರಿಯಬೇಕಿದೆ ಗೊಂದಲಗಳು
ಬಿಡಿಸಲಾಗದ ಬಂಧವು
ಅಳಿಯದೆ ಉಳಿಯಬೇಕಾಗಿದೆ

* * *

ಮಗು-ನಗು-ಬೆಳಗು

ಜಗವೇನೆಂದು ಅರಿಯದ ಮುದ್ದು ಕಂದ..
ನೀ ನಮ್ಮ ಮನೆ- ಮನಕ್ಕೆ ಆನಂದ..
ವರ್ಣಿಸಲು ಸಾಧ್ಯವೇ ನಿನ್ನ ಅಂದ..
ನೀ ಅಳುವ ಸದ್ದು ಸಹ ಸಂಗೀತದಂತೆ ಚೆಂದ..
ಚೈತ್ರದ ರೂಪವಾಗಿ ಬಂದು ಹರುಷವ ತಂದೆ..
ಭವ್ಯವಾಗಿ ಬೆಳೆದು ದೀಪ್ಯಳಾಗಿ ಕಂಗೊಳಿಸು ಆ ಚಂದ್ರನಂತೆ.

* * *

ಪ್ರಕೃತಿ ಪ್ರವಾಹ

ಸಹಿಸುತ್ತಿದ್ದ ಪ್ರಕೃತಿ ಮಾತೆ..
ಸಿಡಿದೆದ್ದಾಗ ನಮ್ಮ ಬಾಳು ನರಕದಂತೆ..
ಜೋರಾಗಿ ಅರಚುತ್ತಿದೆ ಪ್ರಾಣಿ ಪಕ್ಷಿ ಸಂಕುಲ..
ಆಕ್ರೋಶದಿ ಕೂಗುತ್ತಿದೆ ಪ್ರವಾಹ ಸಿಲುಕಿರುವ
ಸಂತ್ರಸ್ತರ ಮನ..
ಮುನ್ನೆಚ್ಚರಿಕೆಯಿಂದ ಎಚ್ಚೆತ್ತುಕೊಂಡು
ರಕ್ಷಣೆ ಆಗದಿದ್ದರೆ ಧರೆ..
ಅವನತಿಯಾಗುವುದು ಈ ವಸುಂಧರೆ

- ಸಂಧ್ಯಾ ಜಿ ಎನ್
ದ್ವಿತೀಯ ಎಂ.ಕಾಂ

ಮೂರು ದಿನದ ಬಾಳು-ಗೋಳು-ಕೇಳು

ಹಿಂದಿನ ದಿನವ ಮರೆತು - ಇಂದಿನ ವರ್ತಮಾನದಂತೆ
ಬಾಳೋಣ

ಸರಿ-ತಪ್ಪಿನ ಲೆಕ್ಕವನ್ನೆಲ್ಲಾ ಮೂಟೆ ಕಟ್ಟೋಣ

ಇರುವುದನ್ನು ಮರೆತು-ಇಲ್ಲದುದಕ್ಕೆ ಆಸೆ ಪಡುವುದೇಕೆ

ಇರುವುದರಲ್ಲಿ ಸಂತಸಪಟ್ಟು, ನಮ್ಮವರಿಗಾಗಿ
ನೆಮ್ಮದಿಯನ್ನು ಹಂಚಿ ಬದುಕಿದರೆ ಕಳೆದುಕೊಳ್ಳುವುದೇನಿದೆ..!

ತಪ್ಪಿದ್ದರೂ ಮಾಡಿದ್ದೇ ಸರಿ ಎನ್ನುತ್ತಾರೆ

ಮಾತಾಡಿ ವಾದಿಸುತ್ತಾರೆ- ವಾದಿಸಿ ಸಾಧಿಸುತ್ತಾರೆ

ಇರುವ ಮೂರು ದಿನದ ಬದುಕಲ್ಲಿ
ನಗು ನಗಿಸುತ ಬಾಳು ಮಾನವ...

ಯಾರದು ತಪ್ಪು ಯಾರದು ಸರಿ..

ಇದರಲ್ಲಿ ಭಗವಂತನಾಟವೇನೆಂದು ತಿಳಿಯದು...?

- ಸಂಧ್ಯಾ ಜಿ ಎನ್

ದ್ವಿತೀಯ ಎಂ.ಕಾಂ

WORD SEARCH

D	P	A	A	G	L	L	I	W	D	O	O	G	A	I
E	E	U	L	A	V	Y	N	A	P	M	O	C	C	N
B	E	P	A	C	C	O	U	N	T	S	Q	A	A	T
E	R	U	R	C	H	A	S	E	O	U	I	P	S	E
N	C	A	I	E	C	N	A	N	I	F	A	I	H	R
T	O	F	S	V	C	U	K	S	I	R	S	T	S	N
U	M	P	S	S	N	I	I	O	N	R	D	A	S	A
R	M	A	U	O	E	T	A	S	T	E	O	L	E	T
E	I	Y	E	N	I	T	T	T	M	N	O	T	N	I
L	T	M	B	O	R	R	O	W	I	N	G	S	I	O
A	T	E	N	P	U	B	L	I	C	O	I	R	S	N
S	E	N	I	N	V	E	S	T	M	E	N	T	U	A
T	E	T	E	E	H	S	E	C	N	A	L	A	B	L
F	I	X	E	D	A	S	S	E	T	S	S	O	L	H
X	A	G	S	T	N	E	M	E	G	A	N	A	M	V

WORDS

Depreciation, Balance sheet, Acquisition, Borrowings, Debenture, Loss, Capital, Purchase ,
Fired assets, Business, Management, Goodwill, Company, Investment, GST, International,
Committee, Accounts, Finance, Risk, Goods, Payment, Sale, Asset, Public, Value, Issue, GAAP,
Cash, IAS

- Rukmini.S

II M.Com

ಮನೋನೃಪ

NATIONAL EDUCATION POLICY 2020

Education is the fundamental right of every individual, education plays a vital role in the development of individuals. Since education is a concurrent subject (both the central government and state government make laws on it).

The New National Education Policy usually comes along every few decades. The first NEP was in the year 1968. The second NEP was in 1986 under the leadership of Indira Gandhi and Rajiv Gandhi respectively. The NEP of 1986 was revised in the year 1992 by P.N. Narasimha Rao the then prime minister. The present NEP was released by our Prime minister Narendra Modi and the Union cabinet approved on 29 July 2020.

The Ministry of Human Resource will now be called the Ministry of Education. In a significant shift from the 1986 policy, which pushed for a 10+2 structure of school education, the new NEP pitches for a "5+3+3+4" design corresponding to the age groups 3-8 years (foundational stage), 8-11 (preparatory), 11-14 (middle), and 14-18 (secondary). This brings early childhood education (also known as pre-school education for children of ages 3 to 5) under the ambit of formal schooling. The mid-day meal programme will be extended to pre-school children. The NEP says students until Class 5 should be taught in their mother tongue or regional language. Teaching coding from class 6 onwards, the policy focuses on overhauling the curriculum, "easier" Board exams, a reduction in the syllabus to retain "core essentials" and thrust on "experiential learning and critical thinking".

The policy also proposes phasing out of all institutions offering single streams and that all universities and colleges must aim to become multidisciplinary by 2040. The NEP proposes sweeping changes including opening up of Indian higher education to foreign universities, dismantling of the UGC and the All India Council for Technical Education (AICTE), introduction of a four-year multidisciplinary undergraduate programme with multiple exit options, and discontinuation of the M Phil programme.

In school education, the policy focuses on overhauling the curriculum, "easier" Board exams, a reduction in the syllabus to retain "core essentials" and thrust on "experiential learning and critical thinking".

Highlights - FOR SCHOOLS

From 10+2 to 5+3+3+4: Current 10+2 structure in which policy covered schooling from Class 1 to 10 (age 6-16) and then Class 11-12 (age 16-18) gives way to 5 years of foundational education, 3 of preparatory, 3 of middle & 4 years of secondary schooling

Multi-Stream: Flexibility to choose subjects across streams; all subjects to be offered at two levels of proficiency.

Diluted Board : Board exams to test only core competencies; could become modular (object and subjective) and will be offered twice a year.

Multilingual: 3-language policy to continue with preference for local language medium of instruction till class 8.

Bag-Less Days: School students to have 10 bag-less days in a year during which they are exposed to a vocation of choice (i.e. Informal Internship).

FOR COLLEGES

SAT-Like College: Test National Testing Agency to conduct common college entrance exam twice a year.

4-Year Bachelor: 4-year multi-disciplinary bachelor's programme to be preferred; mid-term dropouts to be given credit with option to complete degree after a break.

No Affiliation Fee Cap: Proposal to cap fee charged by private institutions of higher learning.

Going Glocal: Top-rated global universities to be facilitated to come to India, top Indian institutions to be encouraged to go global.

- Rukmini S

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INFLUENCER MARKETING

As we know marketing is the action or business of promoting and selling products. Though there are many marketing strategies existing to promote products yet another set of new strategies rise up and set trend in marketing sector

If we go back to the centuries marketing started through the mouth to mouth publicly, announcement and then by distributing pamphlet, sticking bills on walls, poster, newspaper advertisements, television advertisements and at this current era all means of marketing is done using social platforms

As and when society is upgrading with technology and through culture the mode used by companies to attract customer as also changed. From television ad to social media ad, from billboard to blog from pamphlet to sending messages to customer phone by following the row endorsements of products by big screen celebrities on media to endorsements of products by people who are on social media with huge number followers.

Yes a new marketing strategies is now been followed by the companies to attract targeted customers using influencer on social media

Influencing marketing is a form of social media marketing involving endorsements and product placement from influencers. It focuses on targeting key industry leaders to drive brand message and awareness to specific market customers .

Marketing of products is done through hiring pay influencers rather than marketing directly to large customers.

We can find this type of Marketing in all the social media platforms like youtube facebook Instagram snap chat and other app

Company people hire those who have large number of followers on social media.

Those Influencer endorsement the product either by doing separate video talking about the products or making a content oriented video and use product along with script. So people trust those brand which has been endorsed by them.

Influencer marketing can be incredibly beneficial for startup brands or those that have been struggling in gaining traction in their social media marketing. With a clear understanding of how influencer marketing can accelerate your online goals, you can commit to implementing your first campaign quickly to experience these results in your business.

Though influencer marketing is majority used by start up, but there are few popular brands which endorsed they product to attract young customers

1. Bach Flower Remedies
2. Lynda
3. Sprint
4. Bigelow Tea
5. Audible
6. Bonobos
7. Adidas
8. SmarTrike
9. Blue Apron

When influencers vouch for your products and services, their followers will start trusting your brand. To drive sales, you can offer a discount code to your influencers. When they share it with their followers, it can encourage them to make a purchase. You could also give away freebies to the influencer's followers to generate more buzz. By taking inspiration from the brands using influencer marketing , you can create your own successful campaigns.

- Amrutha S P
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NATIONAL RECRUITMENT AGENCY

The proposal had found mention in finance minister Nirmala Sitharaman's 2020-21 budget speech on February 1 this year. The Union Cabinet chaired by Prime Minister Narendra Modi has decided to set up a National Recruitment Agency (NRA). The union cabinet approved the proposal on 19th August 2020 a move to streamline the recruitment process for non-gazetted posts in the central government and public sector banks.

According to C Chandramouli, Secretary, Department of Personnel and Training, on an average 2.5 crore to 3 crore aspirants appear for about 1.25 lakh vacancies in the central government every year. As and when it will be set up, the NRA will conduct a common eligibility test (CET) and based on the CET score a candidate can apply for a vacancy with the respective agency.

Initially, NRA will organise a CET to screen/shortlist candidates for the Group B and C (non -technical) posts, which are now being conducted by the Staff Selection Commission (SSC), Railways Recruitment Board (SSC) and Institute of Banking Personnel Selection (IBPS). Later on, more exams may be brought in.

The agency will have representatives from SSC, IBPS and RRB. The test will be conducted for three levels: graduate, higher secondary (12th pass) and the matriculate (10th pass) candidates. However, the present recruitment agencies— IBPS, RRB and SCC — will remain in place. Based on the screening done at the CET score level, final selection for recruitment shall be made through separate specialised Tiers (II, III, etc.) of examination which shall be conducted by the respective recruitment agencies. The curriculum for CET would be common.

To make it easier for candidates, examination centres would be set up in every district of the country. A special focus will be on creating examination infrastructure in the 117 'Aspirational Districts'. The government says that the move will benefit the poor candidates, as in the present system they have to appear in multiple examinations

conducted by multiple agencies. They have to incur expenditure on examination fees, travel, boarding, lodging and other things. The single examination is expected to reduce the financial burden on such candidates.

The aspirant will be allowed unlimited attempts within the prescribed age limit to better his CET score, with the best score being considered. Applicants need not travel outside their respective district to access a test centre, with 1,000 centres proposed countrywide with at least one per district. Also, money spent on fees for multiple recruitment tests will be saved. The CET score, which will be generated immediately, shall be made available to the candidate as well as the individual recruitment agency.

The CET score of a candidate shall be valid for a period of three years from the date of declaration of the result. The best of the valid scores shall be deemed to be the current score of the candidate. While there will be no restriction on the number of attempts to be taken by a candidate to appear in the CET, it will be subject to the upper age limit. However, the relaxation in the upper age limit shall be given to candidates of SC/ST/OBC and other categories as per the extant policy of the Government.

The CET will be conducted in multiple languages. According to Minister of DoPT Jitendra Singh, the exam will be conducted in 12 languages that are in the Eighth Schedule of the Constitution of India.

The government says that a single eligibility test would "significantly reduce" the recruitment cycle. Even some of the departments have indicated their intention to do away with any second-level test and go ahead with recruitment.

Initially, the Union Cabinet has approved an amount of Rs 1517.57 crore for the NRA, for a period of 3 years. The money will be used for setting up of NRA, and examination centres in 'aspirational districts'.

Source : Times Of India

- Rukmini S

II M.Com

PG STAFF

Sl.No.	Faculty Name	Qualification
1	Dr. Harshini C S	M.Com Co-ordinator M.Com, Ph.D., (MBA)
2	Mahesha S	MA., B.Ed., NET, KSET
3	Kiran Kumar R	MFA., M.Com., PGDFM
4	Reshma	M.Com
5	Vinay Kumar Shetty	M.Com., NET.,
6	Rekha D M	M.Com., M.Phil.,NET. (pursuing Ph.D)
7	Sumithra K S	M.Com., NET., (pursuing ICWAI)
8	Rashmi A	B.E., M.Tech
9	Sowmyashree S	B.E., M.Tech
10	Dr. Vanisree Y	MA., M.Ed., NET, KSET.,Ph.D
11	Sindu H K	M.A., B.Ed
12	Saniya Sabahath	M.A
13	Bhaskar Shetty H	M.Com., C.A.I.I.B from Chartered Association of Indian Institute of Bankers
14	Farzana A	M.Com., KSET., NET
15	Sameer Das P	B.Com., ACA., ACMA., ACS
16	Nayana Kumari J	M.Com., NET
17	Punith Kumar N	M.Com., NET
18	Indumathi B	M.Com., NET, JRF, KSET
19	Hemavathi R	M.B.A., M.Com., KSET
20	Dr. Sujay Kumar S	M.Com., Ph.D
21	Gurudath M N	MBA., KSET
22	Kavitha B V	M.Com ., M.Phil., NET (Ph.D)

UG STAFF

Sl.No.	Faculty Name	Qualification	Department
1	Dr. Harshini C S	M.Com, Ph.D., (MBA)	Incharge Principal
2	Dr. Prema	M.A., Ph.D	Kannada
3	Roopa S	M.A., B.Ed., (Ph.D)	Kannada
4	Ashoka N S	M.A., NET., (Ph.D)	Kannada

Sl.No.	Faculty Name	Qualification	Department
5	Sindu H K	M.A., B.Ed	English
6	Dr. Vijayashree B Gudi	M.A., M.Phil., Ph.D	Hindi
7	Siddalingamma S C	M.Sc	Physics
8	Manjula S N	M.Sc., (Ph.D)	Physics
9	Harish K M	M.Sc	Chemistry
10	Sowmya H C	M.Sc., B.Ed., KSET	Chemistry
11	Nagarathna V R	M.Sc	Mathematics
12	Sheelavathi R	M.Sc., M.Phil., (Ph.D)	Mathematics
13	Chandrakala S	M.Sc., M.Phil	Botany
14	Gayathri M P	M.Sc., M.Phil., SLET	Botany
15	Dr.Jyothi E	M.Sc., Ph.D	Bio-Technology
16	Rashmi A	B.E., M.Tech	Computer Science
17	Rekha Shirwalkar	MCA	Computer Science
18	Niveditha G Y	B.E., M.Tech	Computer Science
19	Jinapriya S	MCA	Computer Science
20	Supriya	MCA	Computer Science
21	Mahalakshmi K	M.A ., M.Phil	Political Science
22	Sheena V A	M.A., LLB ., M.Phil	Psychology
23	Kavitha V	MA., MBA	Sociology
24	Shobha Rani R	M.Com., PGDPM	Commerce
25	Pushpalatha S	M.Com., KSET., NET	Commerce
26	Kavitha B V	M.Com., M.Phil., B.Ed., (Ph.D)	Commerce
27	Likitha A	M.Com., PGDFM., NET	Commerce
28	Esther B	M.B.A., M.Com	Commerce
29	Hemavathi R	M.B.A., M.Com., KSET	Commerce
30	Suvarna Raj B	M.Com	Commerce
31	Rajeshwari M	M.Com., PGDM., (P.hD)	Commerce
32	Gurudath M N	M.B.A., KSET., (M.Phil)	Management
33	Usha K	M.Com., (Ph.D)	Management
34	Chandrakala T R	B.Sc., M.LI.S	Librarian
35	Sowmyashree S	BE., M.Tech	Computer Science
36	Saniya Sabahath	M.A	English

Sl.No.	Faculty Name	Qualification	Department
37	Megha Sanket Upadhye	M.Sc	Bio-Technology
38	Bhuvaneshwari M R	B.E., M.Tech	Computer Science
39	Dr. Paramma B Kuruvathi	B.P.Ed., M.P.Ed., Ph.D	Physical Education Director
40	Punith Kumar N	M.Com., NET	Commerce
41	Ranjitha S	M.Com	Commerce
42	Vanisree Y	MA., M.Ed., UGC-NET., K-SET., PGDCA., (Ph.D)	English

NON TEACHING LIST

Sl.No.	Name	Qualification	Designation
1	Parvathamma C R	M.A., LL.B	Superintendent
2	Bhavyashree T S	MBA	Admin Manager Cum Placement Officer
3	Nirmala K V	M.A.,	Office Assistant
4	Anusuya Devi R	B.Com	Office Assistant
5	Kavitha R	M.Com	Office Assistant
6	Ashwini H	B.C.A	Office Assistant
7	Bharathi Lakshmi	MA., M.Lis	Assistant Librarian
8	Manjunath T	BA	System Administration
9	Rekha S	I PUC	Library Assistant
10	Rajagopal R	S.S.L.C	Garden Incharge
	ATTENDERS		
11	Basavaraju K P	S.S.L.C	
12	Krishna T G	S.S.L.C	
13	Gurupadappa B Kadapatti	S.S.L.C	
14	Rajeshwari S	7th Std	
15	Mangala R	S.S.L.C	
16	Rudresh V	S.S.L.C	
17	Narasimha Murthy P	PUC	
18	Gangamma G	PUC	
19	Rani L	5th std	
20	Lalithamma P	7th std	
21	Vijay N	B.Com	
22	Anil P	SSLC	

‘இந்திய அறிவியல் வளர்ச்சிக்கு முக்கியப் பங்காற்றியவர் சர்.சி.வி.ராமன்’

பெங்களூரு, பிப்28: இந்திய அறிவியல் வளர்ச்சிக்கு முக்கியப் பங்காற்றியவர் சர்.சி.வி.ராமன் என்று பிரேக்த்ரு அறிவியல் சங்கத்தின் கர்நாடகச் செயலாளர் கே.எஸ்.ரஜினி தெரிவித்தார்.

பிரேக்த்ரு அறிவியல் சங்கத்தின் சார்பில் பெங்களூரில் வெள்ளிக்கிழமை நடைபெற்ற தேசிய அறிவியல் தினவிழாவில் அவர் பேசியது: இந்தியாவின் தலைசிறந்த விஞ்ஞானியான சர்.சி.வி.ராமனின் அறிவியல் கண்டுபிடிப்பின் நினைவாக தேசிய அறிவியல் தினம் கொண்டாடப்படுகிறது. சர்.சி.வி.ராமன், உலகமே கொண்டாடப்படவேண்டிய அதிசய விஞ்ஞானி. சர்.சி.வி.ராமன், 1930இல் இயற்பியல் துறைக்கான நோபல் பரிசை பெற்றார்.

ஒளி ஒரு பொருளின் ஊடே செல்லும் பொழுது சிதறும் ஒளியலைகளில் ஏற்படும் அலைநீள மாற்றத்தை இவர் கண்டுபிடித்தார். இப்படிச் சிதறும் ஒளியின் அலைநீள மாற்றத்துக்கு இராமன் விளைவு (Raman Effect) என்று பெயரிடப்பட்டது. இக்கண்டுபிடிப்புக்குத்தான் இவருக்கு நோபல் பரிசு அளிக்கப்பட்டது. இக்கண்டுபிடிப்பு இன்று பொருள்களின்



பெங்களூரில் வெள்ளிக்கிழமை நடைபெற்ற தேசிய அறிவியல் தின விழாவில் பங்கேற்ற பிரேக்த்ரு அறிவியல் சங்கச் செயலாளர் கே.எஸ்.ரஜினி உள்ளிட்டோர்.

பல விதமான பண்புகளைக் கண்டறிய (பொருளுக்கு கேடு ஏதும் நேராமலும்) மிகவும் பயனுடையதும் உலகில் புகழ் பெற்றதும் ஆகும். இந்திய அறிவியல் வளர்ச்சிக்கு முக்கியப் பங்காற்றியவர் சர்.சி.வி.ராமன். இதேபோல, இந்தியாவை சேர்ந்த விஞ்ஞானிகள் ஜெகதீஷ் சந்திரபோஸ், பி.சி.ரே போன்றோரும் இந்திய அறிவியல்

வளர்ச்சிக்குப் பங்காற்றியிருக்கிறார்கள். இன்றைய இளம் தலைமுறையினரிடையே அறிவியல் மனப்பான்மை பெருக வேண்டும். ஏன்? எதற்கு? என்ன? எப்படி? எதற்காக? போன்ற கேள்விகள்தான் அறிவியல் உலகின் நுழைவுவாயிலாக இருக்கின்றன. அதிலும் குறிப்பாக பெண்கள் அறிவியல் ஆராய்ச்சிகளில் அதிக எண்ணிக்

கையில் பங்காற்ற வேண்டும் என்றார்.

இந்த நிகழ்ச்சியில் பெங்களூரு பல்கலைக்கழக இயற்பியல் பேராசிரியர் சர்பரிபட்டாச்சார்யா, இந்திய அறிவியல் மையத்தின் அறிவியல் எழுத்தாளர் ஜோதஸ்னா தீக்ஷித், சங்கத் தலைவர் சதீஷ்குமார் உள்ளிட்ட பலர் கலந்து கொண்டனர்.

இலவச பரிசோதனை

பெங்களூரு தினத்தை முன்னு உள்பட உள்ள அகர்வ வமனைகளில் 10-ஆம் தேதி கண் பரிசே நடைபெற உ இதுகுறித்த மருத்துவமனை அறிக்கை சர்வதேச மார்ச் 8 ஆயிரிடிக்கப்படுந் யொட்டி பெ கர்நாடகத்தி வால் கண் னில் மார்ச் 2 10 ஆம் தே கண் பரிசே நடைபெற ண்றில் உள்ள னாகட்டாசா சாலை, இத் கோரமங்க ண் ஆர்-ஆர்நகர் சிவாஜிநகர், ஹங்கா உள் மைகுரு ஆ உள்ள அகர் துவமனைகள்



Photo Gallery



College day- 2019



Sampreshana Farewell - 2019



Orientation programme for UG



Inauguration of Forum Activities



Faculty development programme



Republic Day Celebration



Ganesha Pooja



Sri Jagadguru Renukacharya Jayanthi



Women's day Celebration



Teachers day Celebration



DISHA – Placement Drive



Gandhi Jayanthi Celebration



Gandhi Adhyayana Kendra- SARVODAYA DAY



ANUBANDHA - Alumni meet and Distribution of Scholarships



SRUSHTI – Inter– class Talent hunt

ETHNIC – WEEK CELEBRATION



Ethnic wear



Mehandi



Jewellery making



Rangoli



Hair style
and make-up



UTTUNGA - Performing Arts Workshop



Janapada kalika Shibira



CHAUCHER'S Club - Poster Making



SURABHI - Essay competition



ENABLE - IPL Auction



Collage



FORTUNE - Commerce Fair



SCIENTIA - National Science day



PRUTHVI - Nature Club



ANVESHANA - Rangoli



Mathematics - Construction of Polyhedra Models



Community Service - Computer Science



IISc - OPEN DAY 2020- B.Sc



NIMHANS B.A



Mysore Sandal Soap Factory - B.A



MP Birla Institute of Fundamental Research – B.Sc



Unibic Factory - BBA



GPS Agricultural Management – B.Sc



The University of Trans-Disciplinary Health Sciences and Technology – B.Sc



Featherlite Office Systems Pvt. Ltd. - M.Com



Humanities - Civil Service Orientation Programme



English - Guest Lecture
on 21st Century Soft Skills



Computer Science -
SDP on Artificial intelligence



Computer Science - SDP on IOT



Computer Science - Add on course on Python



Commerce - Add on course on Tally ERP 9



Worshop – M.Com

NSS AND YOUTH RED CROSS



Orientation Programme by NSS and Youth Red Cross Wing



Health Check up for Staff - Youth Red Cross Wing



Blood Donation Camp - Lions Blood Bank



Inauguration of NSS Special Camp



Felicitation to State NSS Officer



SHRAMADANA



III Position - International Championship
Tug of War



III Place - South Zone Tennis Ball Cricket
Championship



III Place - Indo-Nepal International
Inter State Tennis Ball Cricket Championship



Self defence Programme by
Department of Physical Education



Non Teaching Staff



II M.Com



III BBA



III B.Com - 1



III B.Com - 2



III BCA



III B.Sc. 1 & 2



COMMERCE

BEST COLLEGES
25 YEARS

RANKS & SCORES OF COLLEGES

	OVER-ALL RANK 2021	OVERALL RANK 2020	COLLEGE & CITY	GOVT/ PVT (G/ P)	INTAKE QUALITY & GOVERNANCE	ACADEMIC EXCELLENCE	INFRASTRUC- TURE & LIVING EXPERIENCE	PERSONALITY & LEADERSHIP DEVELOPMENT	CAREER PROGRESSION & PLACEMENT	OBJECTIVE SCORE	PERCEPTU- AL SCORE	OVERALL SCORE
					225	250	150	175	200	1,000	1,000	2,000
○	184	157	VELTECH RANGA SANKU ARTS COLLEGE, CHENNAI	P	91.5	119.6	116.9	93.5	86.4	507.9	3.4	511.3
-	185	NP	CAREER COLLEGE, BHOPAL	P	142.6	93.9	83.1	73.5	117.2	510.3	0.0	510.3
-	186	NP	VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE	P	162.1	99.2	91.5	79.9	55.2	487.9	3.4	491.3
-	187	NP	S.J.R. COLLEGE FOR WOMEN, BENGALURU	P	91.0	58.6	43.2	39.0	48.0	279.8	203.7	483.5

BCA

RANKS & SCORES OF COLLEGES

	OVER-ALL RANK 2021	OVERALL RANK 2020	COLLEGE & CITY	GOVT/ PVT (G/ P)	INTAKE QUALITY & GOVERNANCE	ACADEMIC EXCELLENCE	INFRASTRUC- TURE & LIVING EXPERIENCE	PERSONALITY & LEADERSHIP DEVELOPMENT	CAREER PROGRESSION & PLACEMENT	OBJECTIVE SCORE	PERCEPTU- AL SCORE	OVERALL SCORE
					210	270	240	180	300	1,200	800	2,000
○	139	112	NOPANY INSTITUTE OF MANAGEMENT STUDIES, KOLKATA	P	113.8	116.3	101.9	73.0	129.7	534.7	4.6	539.3
-	140	NP	S.J.R. COLLEGE FOR WOMEN, BENGALURU	P	128.2	115.3	107.1	73.7	101.0	525.3	0.0	525.3



Institutions run by SJR Education Society

- ▲ SJR College for Women, Rajajinagar
- ▲ SJR PU College for Women, Rajajinagar
- ▲ SJR College of Science, Arts & Commerce, Race Course Road
- ▲ SJR Pre-University College, Race Course Road
- ▲ SJR College of Law, Race Course Road
- ▲ SJR Rajajinagar Independent PU College, Rajajinagar
- ▲ SJR Primary & High School, Rajajinagar
- ▲ SJR Pre- Primary School, Kengeri Satellite Town
- ▲ SJR Kengeri Public School, Kengeri Satellite Town
- ▲ SJR Public School, HBR Layout, Kalyan Nagar
- ▲ SJR Public School, Thindlu Sarjapur Road